

# 2020 My Kidney Kit pages for Patient Engagement

ESRD Network 12 has developed a Patient Engagement Calendar for 2020 and has identified a “Topic of the Month” as a focus. This listing provides you with the My Kidney Kit pages that have been identified as a resource for patients to learn more on the topic. We encourage you to use this listing when planning your patient educational activities. Each page is titled and organized by section within the My Kidney Kit. The Network continues to add and update the My Kidney Kit pages with feedback from patients. Visit [www.mykidneykit.org](http://www.mykidneykit.org) to download the latest pages in English and Spanish. You can also save this resource to your desktop and access the live links when needed.

<p style="text-align: center;"><b>January</b></p> <p>My Life: Active and Healthy Living</p> <ul style="list-style-type: none"> <li>• <a href="#">Being Active</a></li> <li>• <a href="#">Coping with Dialysis</a></li> <li>• <a href="#">Healthy Lifestyle Choices</a></li> </ul>	<p style="text-align: center;"><b>February</b></p> <p>My Network: Speak Up and Share</p> <ul style="list-style-type: none"> <li>• <a href="#">ESRD Network 12</a></li> <li>• <a href="#">Network Patient Rep. Program</a></li> <li>• <a href="#">Patient Advisory Committee</a></li> <li>• <a href="#">What to do if I have a grievance</a></li> </ul>	<p style="text-align: center;"><b>March</b></p> <p>My Plan: My Wishes</p> <ul style="list-style-type: none"> <li>• <a href="#">All About You Review</a></li> <li>• <a href="#">Making My Wishes Known</a></li> </ul>
<p style="text-align: center;"><b>April</b></p> <p>My Choices: Talk Transplant</p> <ul style="list-style-type: none"> <li>• <a href="#">Kidney Transplant</a></li> <li>• <a href="#">Talk Transplant-Getting Matched</a></li> </ul>	<p style="text-align: center;"><b>May</b></p> <p>My Life: Work and Play</p> <ul style="list-style-type: none"> <li>• <a href="#">Being Active</a></li> <li>• <a href="#">Occupation</a></li> <li>• <a href="#">Dialysis Facility Compare</a></li> <li>• <a href="#">Traveling with Dialysis</a></li> </ul>	<p style="text-align: center;"><b>June</b></p> <p>My Choices: Home Options</p> <ul style="list-style-type: none"> <li>• <a href="#">Is Home Hemodialysis Best for Me?</a></li> <li>• <a href="#">Peritoneal Dialysis</a></li> <li>• <a href="#">Types of Hemodialysis</a></li> </ul>
<p style="text-align: center;"><b>July</b></p> <p>My Choices: My Lifeline</p> <ul style="list-style-type: none"> <li>• <a href="#">Self-Cannulation</a></li> <li>• <a href="#">What I Should Know about Fistulas</a></li> </ul>	<p style="text-align: center;"><b>August</b></p> <p>My Life: Prevention Saves Lives</p> <ul style="list-style-type: none"> <li>• <a href="#">How Can I Stay Infection Free?</a></li> <li>• <a href="#">Medication Safety</a></li> <li>• <a href="#">Vaccines</a></li> </ul>	<p style="text-align: center;"><b>September</b></p> <p>My Plan: Be Prepared</p> <ul style="list-style-type: none"> <li>• <a href="#">Diabetic 3-Day Emergency Diet</a></li> <li>• <a href="#">Dialysis Emergency Takeoff</a></li> <li>• <a href="#">How To Disinfect My Drinking Water</a></li> <li>• <a href="#">In Case of Emergency</a></li> <li>• 3-Day Emergency Diet               <ul style="list-style-type: none"> <li>• <a href="#">Non-Diabetic</a></li> <li>• <a href="#">Pediatric</a></li> </ul> </li> </ul>
<p style="text-align: center;"><b>October</b></p> <p>My Life: Coping with Dialysis</p> <ul style="list-style-type: none"> <li>• <a href="#">Coping with Dialysis</a></li> <li>• <a href="#">What is Depression?</a></li> </ul>	<p style="text-align: center;"><b>November</b></p> <p>My Treatment: Treatment Matters</p> <ul style="list-style-type: none"> <li>• <a href="#">Am I getting Enough Dialysis?</a></li> <li>• <a href="#">Fluid Weight and Dry Weight</a></li> <li>• <a href="#">How do I control my fluid gains?</a></li> <li>• <a href="#">Knowing My Lab Numbers</a></li> <li>• <a href="#">Renal Bone Disease</a></li> <li>• <a href="#">Albumin</a></li> <li>• <a href="#">Anemia</a></li> </ul>	<p style="text-align: center;"><b>December</b></p> <p>My Network: Rights &amp; Responsibilities</p> <ul style="list-style-type: none"> <li>• <a href="#">Medicare Part D</a></li> <li>• <a href="#">Medicare QIP</a></li> <li>• <a href="#">Your Rights and Responsibilities</a></li> <li>• <a href="#">Working with My Care Team</a></li> </ul>

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This resource was developed while under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Contract #HHSM-500-2016-00012C. The contents presented do not necessarily reflect CMS policy. 19.Q-ESRD12.11.172



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