



# 30-Day Check-In

Use the list of questions below to help you check how you feel after the first few weeks of dialysis. Think about the different parts of your treatment and see how comfortable you are with them. Do you still have questions? Keep in mind that you are not alone. It is okay to need help!

1. Have I been shown and reviewed the following resources?

- [New Patient Q&A](#)
- My Questions and Goals-New Patients (available in [English](#) and [Spanish](#))



2. What have I gained from treatment so far?
3. Do I understand what each medication prescribed is for and how to administer it?
4. What questions do my support partners have?
5. Have I met each staff member in my dialysis facility, and do I understand their role?
6. Were my rights and responsibilities as a patient explained to me?
7. Have I been documenting all symptoms that I'm experiencing, and have I scheduled a time to sit down with my care team to go over all of them?
8. Is my modality choice working for me?
9. Do I know how to file a grievance?

**Write down any other questions you may have below.**

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For more information or to file a grievance, please contact:

ESRD Network 10  
 911 E. 86th St., Ste. 30  
 Indianapolis, IN 46240  
 Toll-Free: 800-456-6919

ESRD Network 12  
 2300 Main St., Ste. 900  
 Kansas City, MO 64108  
 Toll-Free: 800-444-9965



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