

**Some things from childhood
are best left behind!**



Vaccines aren't one of them!

**Unfortunately many adults don't get
the vaccinations they should, leaving
them vulnerable to illness.**

Adults need vaccines to protect them against many serious illnesses, including:

- Tetanus, diphtheria and whooping cough
- Influenza
- Pneumococcal disease
- Shingles
- Hepatitis A and B
- Human papillomavirus (HPV)
- Measles, mumps and rubella

Vaccines can help protect you from these and other potentially deadly illnesses.

You never outgrow vaccines!



Facts About Adult Vaccination

Vaccines can protect adults from some serious infectious diseases.

Influenza hospitalizes 200,000+ Americans annually; kills 3,000-49,000

Pneumococcal disease causes pneumonia, meningitis, and blood infection; can kill in just a few days

Pertussis (Whooping Cough) sickens millions of U.S. adults annually. Infected adults can pass it on to infants who are at high risk of death from whooping cough

Shingles can cause a severe pain syndrome that is difficult to treat and can last for months or years after the shingles rash heals

Human Papillomavirus (HPV) causes many types of cancer, including cervical, anal and other genital cancers, as well as head and neck cancers

Hepatitis B infects the liver and can lead to cirrhosis, liver cancer and death in many of those infected; kills about 2,000 people annually in the U.S.

You never outgrow vaccines!