

Assist to the Bathroom Resident Competency

Steps	Passing	Additional Training Needed
1. Assist residents as needed to put on nonskid footwear.		
2. Walk with resident into the bathroom.		
3. Assist resident as needed to lower their clothing and sit on the toilet.		
4. Ensure resident has call light within reach and encourage use. If resident is identified safe to be unattended by staff, provide privacy and toilet paper. Check resident assistance status before leaving unattended.		
5. Perform hand hygiene and put on gloves.		
6. Assist resident as needed to wipe from front to back.		
7. Remove gloves and perform hand hygiene.		
8. Assist resident as needed to raise clothing back up and get off the toilet.		
9. Assist resident to perform hand hygiene.		
10. Walk with resident back to bed or chair.		

*Adapted from the [https://www.in.gov/health/files/Indiana Nurse Aide Curriculum.pdf](https://www.in.gov/health/files/Indiana_Nurse_Aide_Curriculum.pdf)

Signature of Staff Member Completing Competency

Date

Signature of Instructor

Date