

# **Be A Transplant Champion!**

### You can be the person to make the difference!

#### What does a Transplant Champion do?

- Educate patients about how to get on the transplant list
- Promote the benefits of getting a transplant
- Share stories of transplant recipients
- Review available resources with patients

#### Why should patients get on the kidney transplant list?

Kidney transplant is considered the best treatment option for many people with kidney failure, because it can improve their chances of living a longer, healthier life.

#### A kidney transplant can increase a patient's quality of life!

A kidney transplant allows patients to:

- Have more energy
- Get the flexibility to travel
- · Gain the ability to work and hold a job
- Have fewer limits on what they can eat and drink
- Get more time for themselves because of not having to go to dialysis

#### For more information

Notify your Facility Administrator or contact the Qsource ESRD Network Team: Network 10 (IL) | 317-257-8265 | ESRDNetwork10@qsource.org Network 12 (IA, KS, MO, NE) | 816-880-9990 | ESRDNetwork12@qsource.org

#### **Resources:**

- American Kidney Fund | www.kidneyfund.org
  - https://bit.ly/3jcuOKI
- The Kidney Hub | thekidneyhub.org/transplant/





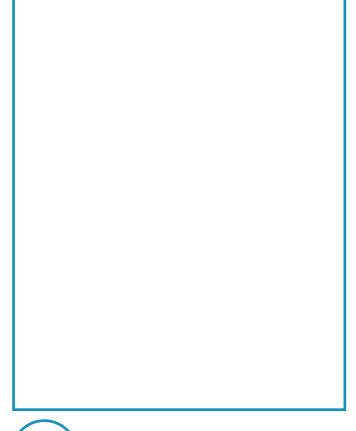
# Your Transplant Champion











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## **Transplant Contact Information**

Identify your kidney transplant staff contact.

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_\_
Office Hours: \_\_\_\_\_

