

Bulletin Board Kit

Build a Strong Defense Against Respiratory Viruses

How to use your Bulletin Board Kit

1. Review the information included in this kit.
2. Print these pages and cut out the shapes.
3. Use the blank block pieces to write down your own ideas for building a strong defense against respiratory viruses.
4. Ask one or more patients to help you create your bulletin board.
5. Put your bulletin board up in an area where everyone can see it.



Cut out the title and tape/glue to your bulletin board, or use construction paper, markers, or poster letters to add a title to your board.

Build a Strong Defense

Against Respiratory Viruses



COVID-19 Vaccine



Flu Vaccine



RSV Vaccine



Pneumonia Vaccine



Get Plenty of Rest



Eat a Well-Balanced Diet



Wash Your Hands



Don't Miss Treatments





For more information or to file a grievance, please contact:

ESRD Network 10
911 E. 86th St., Ste. 30
Indianapolis, IN 46240
Toll-Free: 800-456-6919

ESRD Network 12
2300 Main St., Ste. 900
Kansas City, MO 64108
Toll-Free: 800-444-9965



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