

Contact Tracing

Contact tracing helps slow the spread of COVID-19 in our communities. You should still use everyday preventive actions. Wash your hands often. Avoid close contact. Wear your face covering when you are around others.

If you or a close contact have recently tested positive for COVID-19, you may receive a call from a contact tracer who works for the local health department.



How Does It Work?

- If you test positive for COVID-19, a contact tracer will call you to check on your health and ask where you have spent time. This helps them learn if you may have exposed others.
- Next, the contact tracer will call the people you have been around to tell them they have been exposed. Your name will not be shared. They will ask your close contacts to self-quarantine, watch for signs and symptoms, and help them get tested.
- If you or your close contacts need help during isolation or quarantine, the contact tracer will connect you to support services to help protect you, your family, and your community.
- The contact tracer will follow up with you to check your symptoms and give support.

Discussions are Confidential:

- Personal and medical information is kept private.
- Information is used only by the public health department.
- Information is not shared with any other agencies, like law enforcement or immigration.
- Your name will not be shared with the people you were around, even if they ask.

Your Health Department WILL NOT ask you for:

- Money
- Social Security Number
- Bank account information
- Salary information
- Credit Card Number

Why is Contact Tracing Important?

Contact tracing helps slow the spread of COVID-19 by:

- letting people know they could have been exposed to COVID-19 so they can watch for symptoms;
- helping people get tested if they have been exposed;
- connecting people to resources and support during isolation or quarantine.

How Can You Help?

Answer the phone! Talk to the contact tracer! Provide as much detail as possible!

There is no fee for contact tracing. Contact tracing is not required by law, but your participation supports healthy families and communities.

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