

# Help Protect Your Community and Loved Ones Get Your COVID-19 Vaccination

Due to age and health status, dialysis patients are at high risk for serious illness and death related to COVID-19; people on dialysis who get COVID-19 have a 50% hospitalization rate and a 20-30% mortality rate.

Germs can travel through a community quickly and make a lot of people sick. When people get the vaccine, germs can't travel as easily from one person to another, and the chance of getting sick lessens. When you get vaccinated, you protect yourself, your community and your loved ones.

When more people get the vaccine, we add one more layer of protection for our community. COVID-19 vaccines help keep you from getting very sick from COVID-19.

**We are in this together!**

## Steps to Protect Your Loved Ones



Stay up-to-date with vaccination according to the Centers for Disease Control and Prevention (CDC) guidelines.



Wear your mask when indoors in public areas.



Wash your hands often.



Stay 6 feet away from others and avoid crowds.



Clean and disinfect high-touch surface areas.



Monitor your health daily. Know when you need to stay home and when you need to be seen by a healthcare professional.

For more information or to file a grievance, please contact:

ESRD Network 10  
911 E. 86th Street, Suite 30  
Indianapolis, IN 46240  
Toll-Free: (800) 456-6919

ESRD Network 12  
2300 Main, Suite 900  
Kansas City, MO 64108  
Toll-Free: (800) 444-9965

