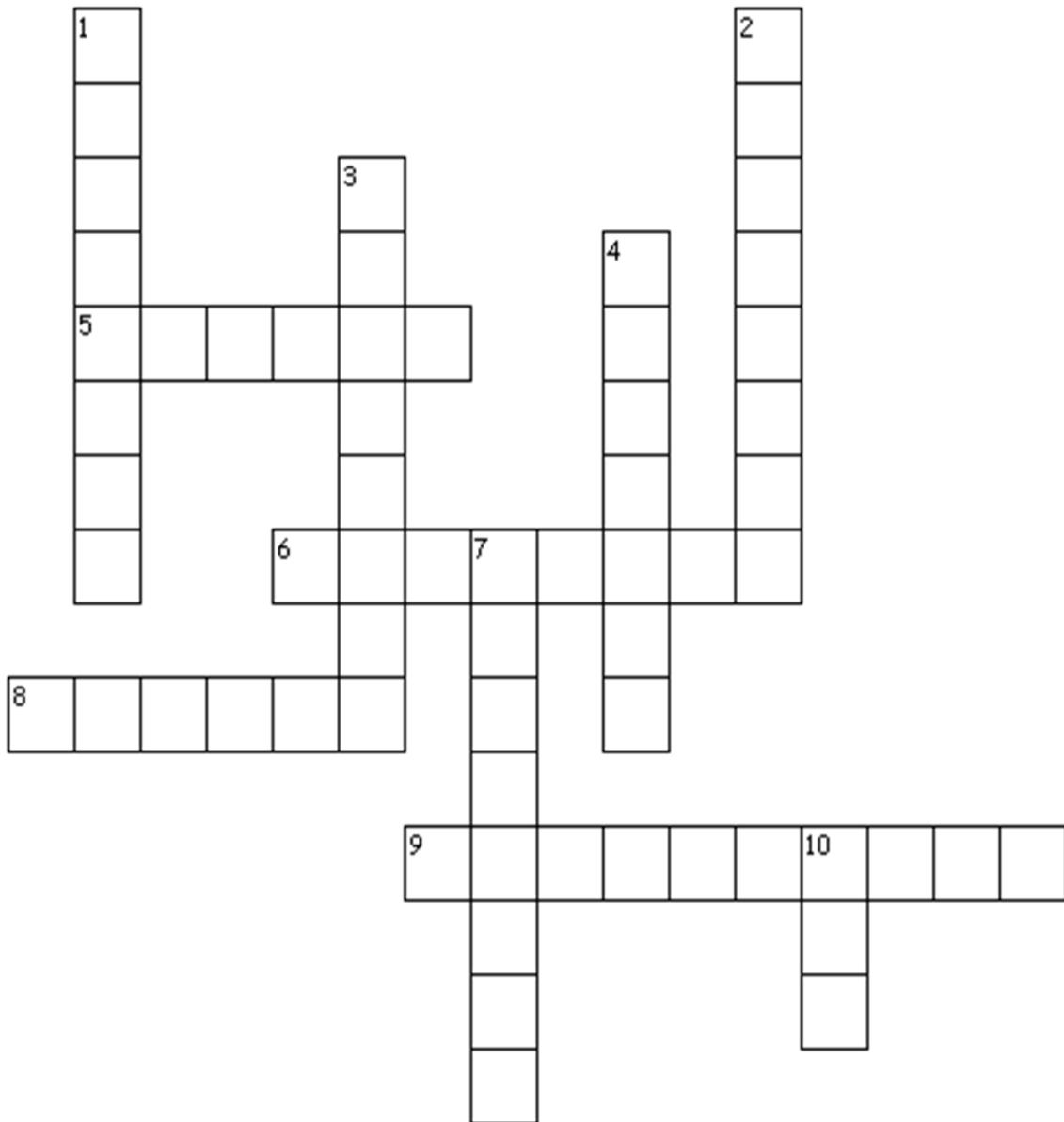




MY Life, MY Choices: *Knowledge is Power.*

MY KIDNEY KIT

MY PLAN Crossword Puzzle





MY Life, MY Choices: *Knowledge is Power.*

MY KIDNEY KIT

MY PLAN Crossword Puzzle—Questions

Across

5. You do not need to see a _____ to make an advance directive.
6. It is important to avoid sweets in an emergency diet plan if you have _____.
8. This is the type of will that tells your doctor what medical care you do and do not want.
9. These are important to have to be prepared for an emergency
(hint: 3 words)

Down

1. Fluid _____ is when you have too much fluid in your body.
2. An emergency pack includes the _____ you should have to safely disconnect yourself from the dialysis machine in an emergency.
3. This is one of the signs of too much fluid in your body.
4. A _____ diet, or an emergency diet, is important to follow when dialysis is unavailable because of a natural disaster.
7. This is the best way to kill bacteria, viruses and parasites.
10. In this document you appoint someone else to make your healthcare decisions.

For more information or to file a grievance please contact the Heartland Kidney Network at:

920 Main Street, Suite 801, Kansas City, MO 64105

Toll-free Patient Line (800)444-9965 • net12@nw12.esrd.net • heartlandkidney.org

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