

## Enhanced Barrier Precautions

### When To Initiate

For residents diagnosed with multi-drug resistant organisms (MDRO), staff will initiate Enhanced Barrier Precautions to help prevent spread of the organisms.

### Definitions

MDROs include the following:

- Methicillin-resistant Staphylococcus aureus (MRSA)
- Vancomycin-resistant Enterococci (VRE)
- Extended-spectrum beta-lactamases (ESBL)
- Carbapenem-resistant Enterobacteriaceae (CRE)
- K. pneumoniae carbapenemase (KPC)
- Candida auris (C. auris)

### Precautions

Standard precautions will be followed with a potential exposure to:

- Blood
- Body fluids
- Mucous membranes
- Non-intact skin
- Potentially contaminated environmental surfaces or equipment

At a minimum, personal protective equipment (PPE) will include gloves, gown, mask, and face protection (especially with a risk of splash or spray during care).

Caregivers will perform hand hygiene before donning PPE and after removing PPE between resident care.

### Enhanced Barrier Precautions should be used when:

- Dressing
- Bathing/showering
- Transferring
- Providing hygiene
- Changing linens
- Changing briefs/assisting with toileting
- Device care or use
- Wound care
- Treatment that may result in splash/spray

### Signage

Signage will be posted in the area to remind staff of the PPE requirements.

## Resources

CDC - [MDRO Management | Guidelines Library | Infection Control | CDC](#)

CDC - [MDRO Guides | HAI | CDC](#)

Barrier Enhanced Signage – [Download Printable Poster](#)



The poster is orange with two red octagonal 'STOP' signs at the top. The main text reads 'ENHANCED BARRIER PRECAUTIONS EVERYONE MUST:'. Below this, there are three sections: 1. Hand hygiene: An icon of a hand being washed with a blue bottle of hand sanitizer labeled 'ABHR'. Text: 'Clean their hands, including before entering and when leaving the room.' 2. PPE for providers: An icon of blue gloves and a blue gown. Text: 'PROVIDERS AND STAFF MUST ALSO: Wear gloves and a gown for the following High-Contact Resident Care Activities. Dressing, Bathing/Showering, Transferring, Changing Linens, Providing Hygiene, Changing briefs or assisting with toileting, Device care or use: central line, urinary catheter, feeding tube, tracheostomy, Wound Care: any skin opening requiring a dressing'. 3. Gown and glove use: Text: 'Do not wear the same gown and gloves for the care of more than one person.' At the bottom right are logos for the U.S. Department of Health and Human Services and the CDC. A vertical text 'CMS-306910-1' is on the left side of the poster.

**STOP**

**ENHANCED BARRIER PRECAUTIONS**

**STOP**

**EVERYONE MUST:**

 Clean their hands, including before entering and when leaving the room.

**PROVIDERS AND STAFF MUST ALSO:**

 Wear gloves and a gown for the following High-Contact Resident Care Activities.

Dressing  
Bathing/Showering  
Transferring  
Changing Linens  
Providing Hygiene  
Changing briefs or assisting with toileting  
Device care or use:  
central line, urinary catheter, feeding tube,  
tracheostomy  
Wound Care: any skin opening requiring a dressing

Do not wear the same gown and gloves for the care of more than one person.

U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

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