

Hand Hygiene Checklist

Personnel															
HAND HYGIENE	Yes	No	NA	Yes	No	NA	Yes	No	NA	Yes	No	NA	Yes	No	NA
Sink and soap available															
Paper towels available															
ABHR available															
Nails available															
Appropriate PPE available															
Appropriate handwashing															
Appropriate ABHR															
HH pre-resident contact															
HH post-resident contact															
HH after contact with body fluids															
HH after touching objects/surfaces															
HH after PPE removal															
Gloves worn															
Gloves appropriate															
Gown worn															
Gown appropriate															
Mask worn															
Mask appropriate															
WOUND CARE	Yes	No	NA	Yes	No	NA	Yes	No	NA	Yes	No	NA	Yes	No	NA
Clean surface															
All supplies assembled															
HH performed															
Clean gloves donned															
Prevented cross contamination															
Contaminated glove changed															
HH performed															
Clean gloves donned															
Clean dressing applied															
Unused supplies discarded/dedicated															
Soiled surfaces disinfected															
Gloves removed															
HH performed															

POC GLUCOSE TESTING	Yes	No	NA	Yes	No	NA	Yes	No	NA	Yes	No	NA	Yes	No	NA
HH performed															
Clean gloves donned															
Single use lancet used															
Equipment cleaned per policy															
Gloves removed															
HH performed															
ADMINISTERING MEDICATIONS	Yes	No	NA	Yes	No	NA	Yes	No	NA	Yes	No	NA	Yes	No	NA
Cross contamination avoided															
HH performed on entering room															
Objects not contaminated															
HH performed on leaving room															

Instructions

Personnel	Note staff observed - RN, LPN, CNA, PT, RD, MD, CRNP, etc.
HAND HYGIENE	
Sink and soap available	Sink empty of supplies. Soap dispenser not blocked and contains soap.
Paper towels available	Paper towels accessible close to sink.
ABHR available	Sanitizer dispenser accessible or carried with personnel.
Nails available	No artificial nails. Nails short. Nail polish intact. No open wounds.
Appropriate PPE available	Gloves accessible. Gowns available for contact precautions. Masks for droplet. N95 and eye protection for airborne.
Appropriate handwashing	Includes all surfaces for at least 20 sec. Thoroughly dries hands. Turns off water with paper towel.
Appropriate ABHR	Includes all surfaces, rubbing until hands are dry.
HH pre-resident contact	
HH post-resident contact	
HH after contact with body fluids	Soap and water must be used when hands/gloves are visibly soiled and when CDI is present.
HH after touching objects/surfaces	
HH after PPE removal	
Gloves worn	
Gloves appropriate	Appropriate with potential contact with blood, body fluids, mucous membranes or non-intact skin.
Gown worn	
Gown appropriate	Contact precautions or direct resident care if uncontrolled secretions or excretions.
Mask worn	
Mask appropriate	Droplet precautions.

WOUND CARE	
Clean surface	Work surface cleaned and draped/covered.
All supplies assembled	Multi-dose wound medications should be dedicated to resident or placed in container and not enter room.
HH performed	
Clean gloves donned	
Prevented cross contamination	Soiled dressing discarded immediately. Avoid aerosolized irrigation solutions. Avoid touching clean supplies.
Contaminated glove changed	
HH performed	
Clean gloves donned	
Clean dressing applied	
Unused supplies discarded/dedicated	Supplies should not be used for another resident.
Soiled surfaces disinfected	Use appropriate environmental disinfectant.
Gloves removed	
HH performed	
POC GLUCOSE TESTING	
HH performed	
Clean gloves donned	
Single use lancet used	
Equipment cleaned per policy	Use disinfectant specific for brand of glucometer.
Gloves removed	
HH performed	
ADMINISTERING MEDICATIONS	
Cross contamination avoided	Maintain clean work surface. Oral medications not touched with bare hands.
HH performed on entering room	
Objects not contaminated	Objects such as med keys should not touch surfaces in room and then transferred to med cart.
HH performed on leaving room	

This material was prepared by Quality Insights, the Medicare Quality Innovation Network-Quality Improvement Organization for Pennsylvania and West Virginia, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. Publication number 12SOW-QI-QII-051320