

Hand Hygiene Skills Checklist and Competency Evaluation

Employee Name: _____ Date: _____

For evaluation, a checked step indicates the standard for the step that was met.

Skill #1: Hand Hygiene (Hand Washing)	Standard Met
1. Addresses client by name and introduces self to client by name.	
2. Turns on water at sink.	
3. Wets hands and wrists thoroughly.	
4. Applies soap to hands.	
5. Lathers all surfaces of wrists, hands, and fingers producing friction, for at least 20 (twenty) seconds, keeping hands lower than the elbows and the fingertips down.	
6. Cleans fingernails by rubbing fingertips against palms of the opposite hand.	
7. Rinses all surfaces of wrists, hands, and fingers, keeping hands lower than the elbows and the fingertips down.	
8. Uses clean, dry paper towel/towels to dry all surfaces of fingers, hands, and wrists starting at fingertips then disposes of paper towel/towels into waste container.	
9. Uses clean, dry paper towel/towels to turn off faucet then disposes of paper towel/towels into waste container or uses knee/foot control to turn off faucet.	
10. Does not touch inside of sink at any time.	

Demonstrated Competency? Yes No

Comments:

Evaluator's Name: _____ Date: _____

Evaluator's Signature: _____