

Head to Toe Assessment

Neuro

Orientation

Person

Place

Levels of Consciousness

Alert and oriented

Confused

Mood

Pupil Checks

PERL - Pupils Equal and

Reactive to Light

Hand Grips

Equal bilaterally

Any deficits/loss of
strength in extremities

- Which extremity
- Side



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Head to Toe Assessment

Respirations

Rate

Rhythm

Depth of Respirations

Cough

Productive

Non-productive

Frequency

Sputum

Color

Amount

Breath Sounds

Anterior

Posterior

Oxygen Saturation

Suction



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Head to Toe Assessment

Skin

Color

Turgor

Warmth

IV Site

Fluid

Rate

Redness

Swelling

Signs of infiltration

Wounds/Pressure Injuries

Dressings

Sutures/staples

Intact

Open areas

- Measurements
- Odor
- Drainage
- Signs of infection
- Description of wound bed and surrounding skin



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Head to Toe Assessment

GI

Condition of Mucus Membranes

Teeth

Appetite

Color of membranes

Abdomen

Abdominal distention

Bowel sounds

- Activity
 - Hypoactive
 - Hyperactive
- Location (quadrants)

Abdomen (cont.)

Flatulence

BM

- Color
- Consistency
- Frequency

Tubes

NG

Ostomy

- Colostomy
- Ileostomy



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Head to Toe Assessment

Cardiovascular

Apical Pulse

Rate

Rhythm

Peripheral Pulse

Location

Palpation

Edema

Location

Amount

Type

Urinary

Color

Amount

Clarity

Odor

Catheter

Intact

Intake and Output

TED Hose



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Head to Toe Assessment

Extremities

Color

Movement

Range of motion or lack of for each extremity

Sensation

Warmth

Capillary Refill

Pulse

Location

Strength



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