

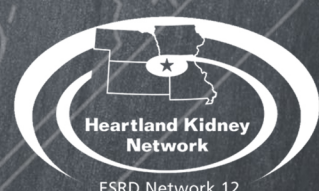
★★★★ HOME ★★★★★

BASEBALL

PLAYBOOK

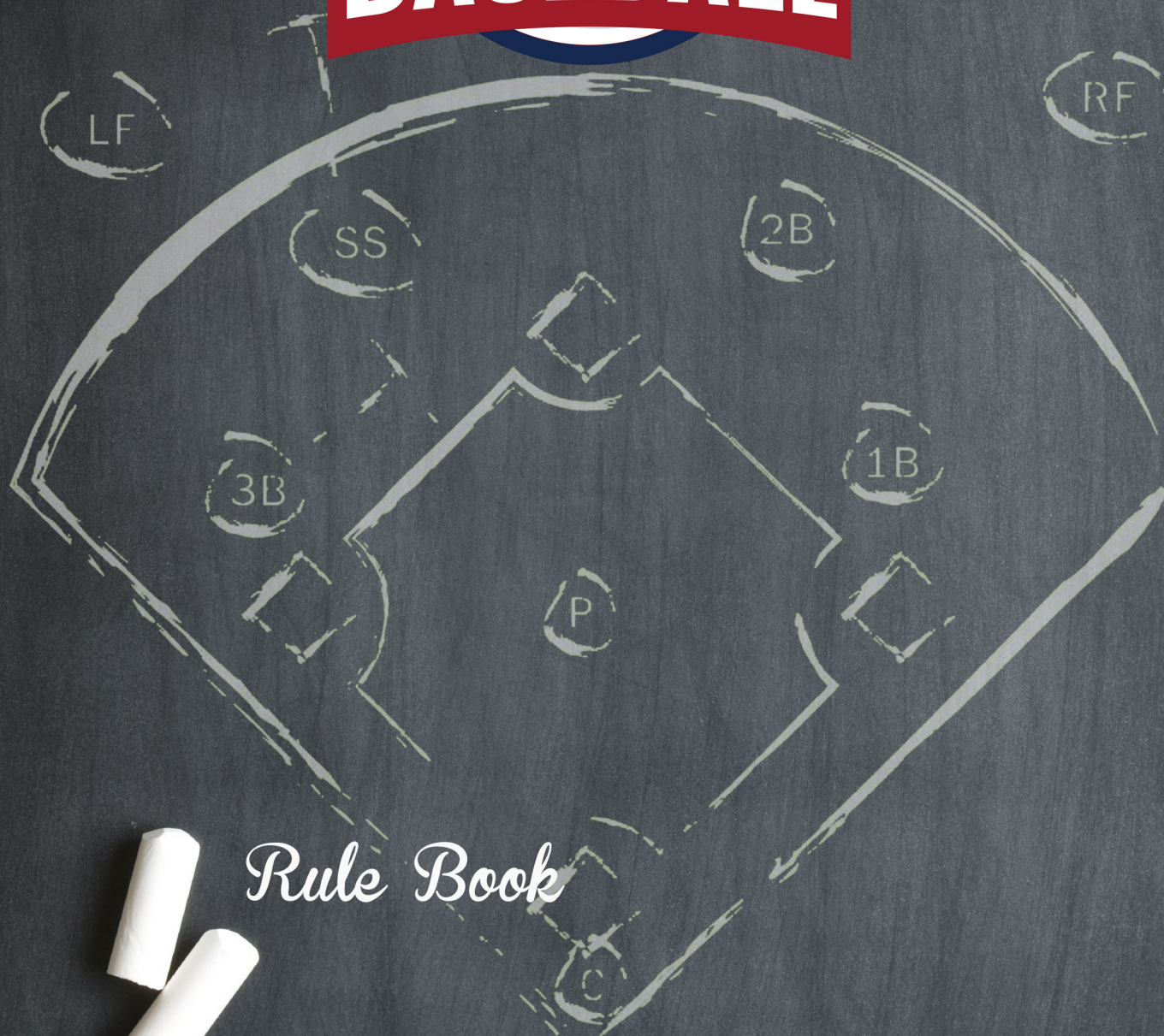


Qsource
ESRD Network Strategies



**Heartland Kidney
Network**
ESRD Network 12

Players & Coaching Staff

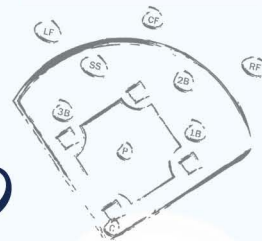


Rule Book





How To Play



Step 1 Review your current patient roster or census.

Step 2 Categorize your patients in these three categories:



Benched Player



Base Runner



Home Run

Use the tracking tool or your own form so that you will know who is “playing baseball”.

Step 3 Update your roster monthly.



Benched Player

Patients that are determined ineligible for home dialysis are considered “benched” and the dialysis unit will keep the appropriate documentation that the patient is not an eligible candidate for home.

Appropriate documentation (one of these two):

- Letter/correspondence from a surgeon noting the reason patient is not a home dialysis candidate.

OR

- Physician note/doctor order that states why the patient is not a candidate for home dialysis therapies.



Base Runner & Home Run

All patients should be considered players, unless they are determined ineligible (benched) by their physician (note found in chart) or by a surgeon (letter received).

Patients run the bases, starting with expressing an interest in home to hitting a home run when they begin home training.





How To Play (cont.)

First Base

- Patient interest in home dialysis
- Educational session to determine the patient's preference of home modality

Right vs. Right
Right: "You can't do home dialysis if you haven't been trained."
Right: "You can't do home dialysis if you haven't been trained."
Fact: People with a right need to learn dialysis may actually do better at home."

Hand out baseball cards to move to the next base

Second Base

- Patient suitability for home modality determined by a nephrologist with expertise in home dialysis therapy

● Assessment for appropriate access placement

● Placement of appropriate access

Right vs. Right
Right: "You can't do home dialysis if you haven't been trained."
Right: "You can't do home dialysis if you haven't been trained."
Fact: People with a right need to learn dialysis may actually do better at home."

Hand out baseball cards to move to the next base

Third Base

- Patient accepted for home modality training

Right vs. Right
Right: "You can't do home dialysis if you haven't been trained."
Right: "You can't do home dialysis if you haven't been trained."
Fact: People with a right need to learn dialysis may actually do better at home."

Hand out baseball cards to move to the next base

Home Run

- Patient begins home modality training

Play Ball





Month:

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Person completing tool:

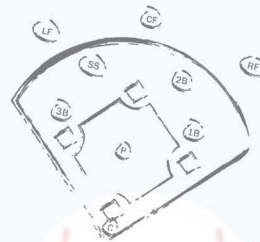
3



Month:

Person completing tool:

4



Use this tracking tool (or your own format) so you will know who is “playing the game”.

5



Play Ball

League Cards

Every player wants to be on a baseball card. Now they can. As players progress from first base to home plate, they will receive baseball cards with helpful information that can be a real game changer.



Myth vs. Fact

Myth: "You can't do home dialysis if you currently miss dialysis or shorten your treatment time."

Fact: People with a high need to control situations may actually do better at home.



Myth vs. Fact

Myth: "You won't have any dialysis experts at home to help you out."

Fact: You will learn to be an expert, plus your facility serves as a 24-hour phone back-up. You will always be near help.



Winning Play

Do you know you can call your Home Dialysis Department (HDD) at any time to check on:

- What is home dialysis
- If you may be a home dialysis candidate
- What type of dialysis access you would need to dialyze at home
- Is your current home suitable for home

HDD Phone: (____) ____ - ____



Myth vs. Fact

Myth: "Home dialysis is expensive and I should stay in-center to dialysis."

Fact: The federal government pays 80 percent of **all** dialysis costs. Talk to your social worker or financial coordinator for more information.



Do You Know?

There are a lot of options for receiving dialysis treatment other than going to a center at least three times per week.

Go to:

www.kidney.org/atoz/content/myths



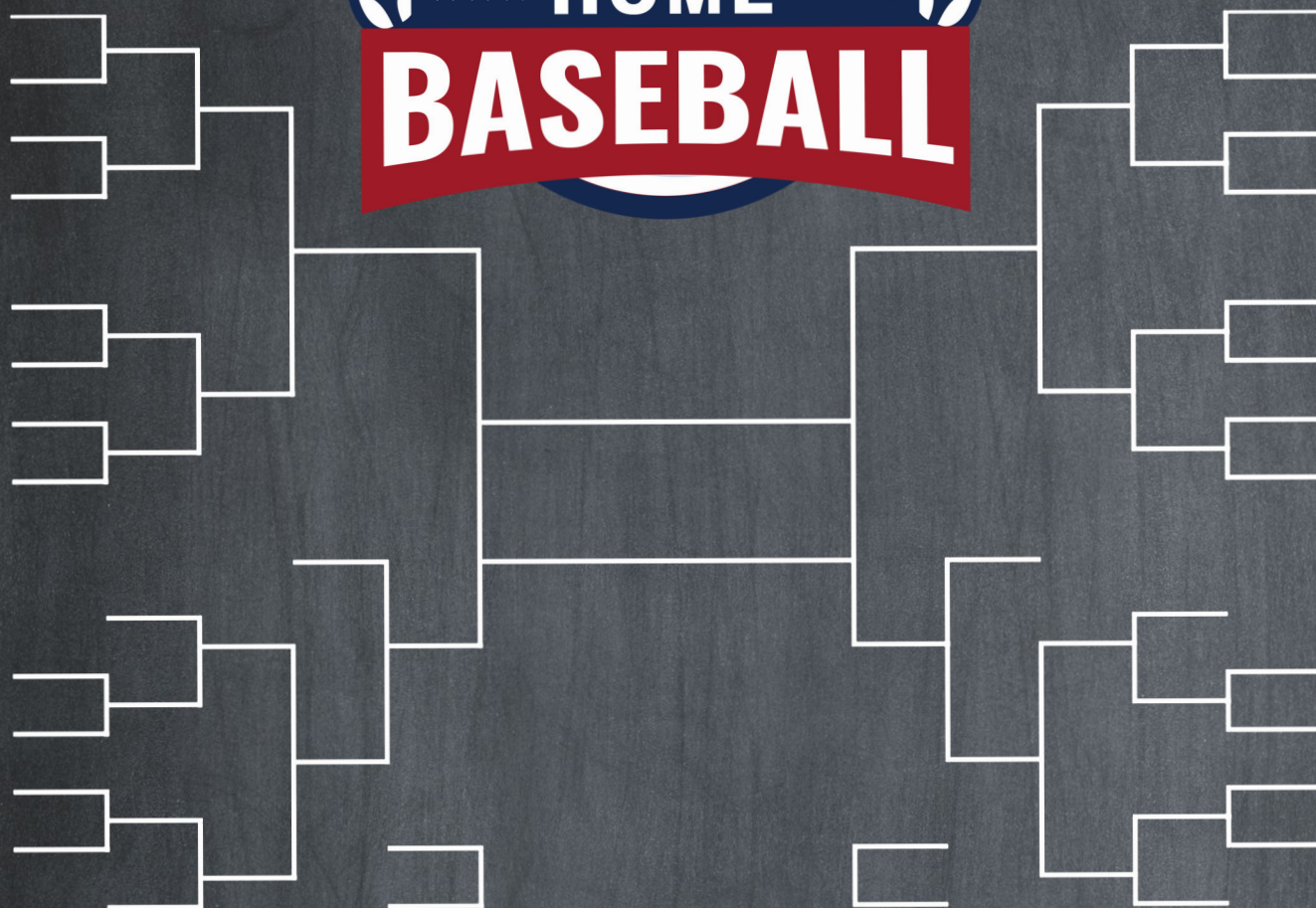
Myth vs. Fact

Myth: "I can't do home dialysis because I live in the country and my unit does not have a home dialysis training program."

Fact: Many home dialysis patients live in the country. You can be referred to a home dialysis training center. Ask your nephrologist what home dialysis training center they would recommend.



Coaching Staff Only

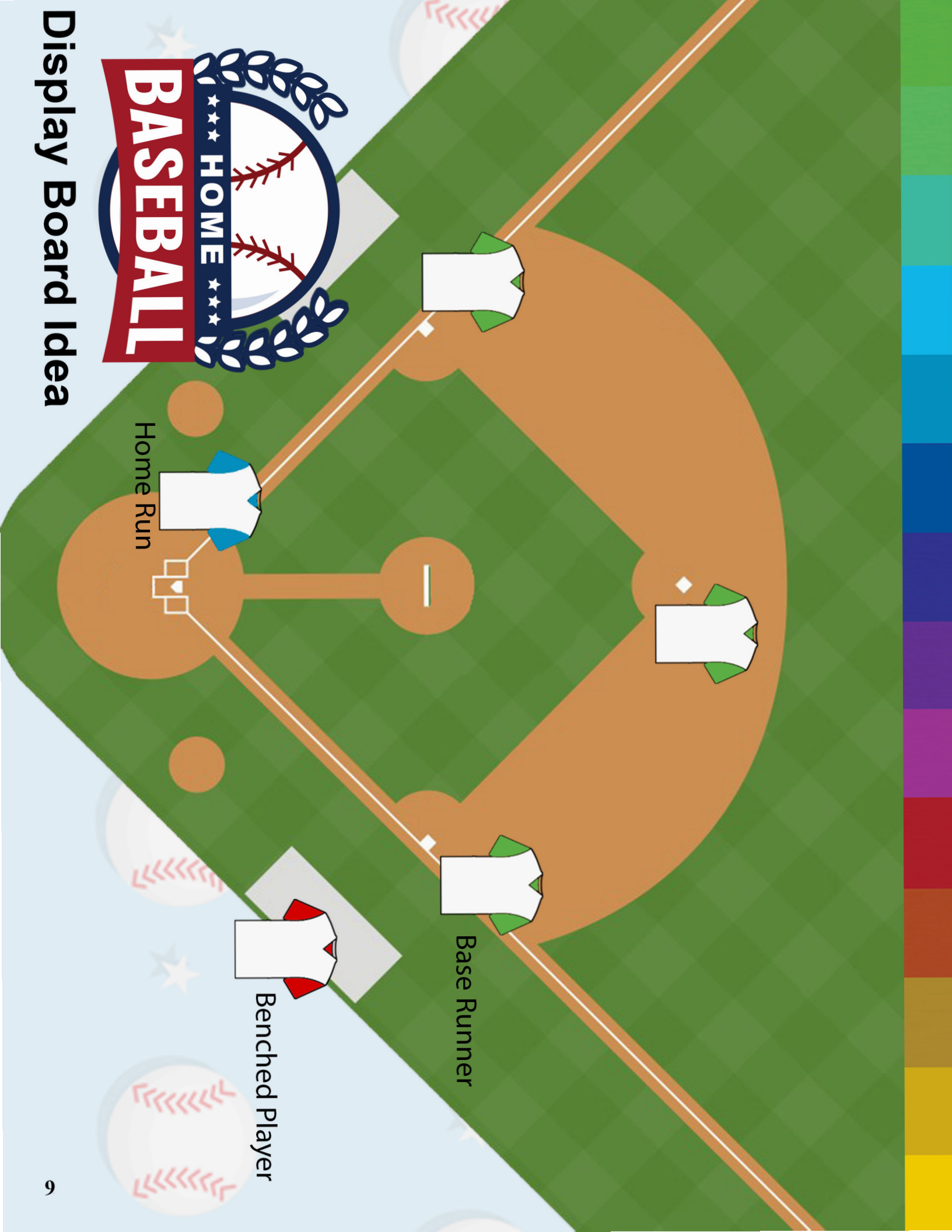


Tools & Resources





Display Board Idea





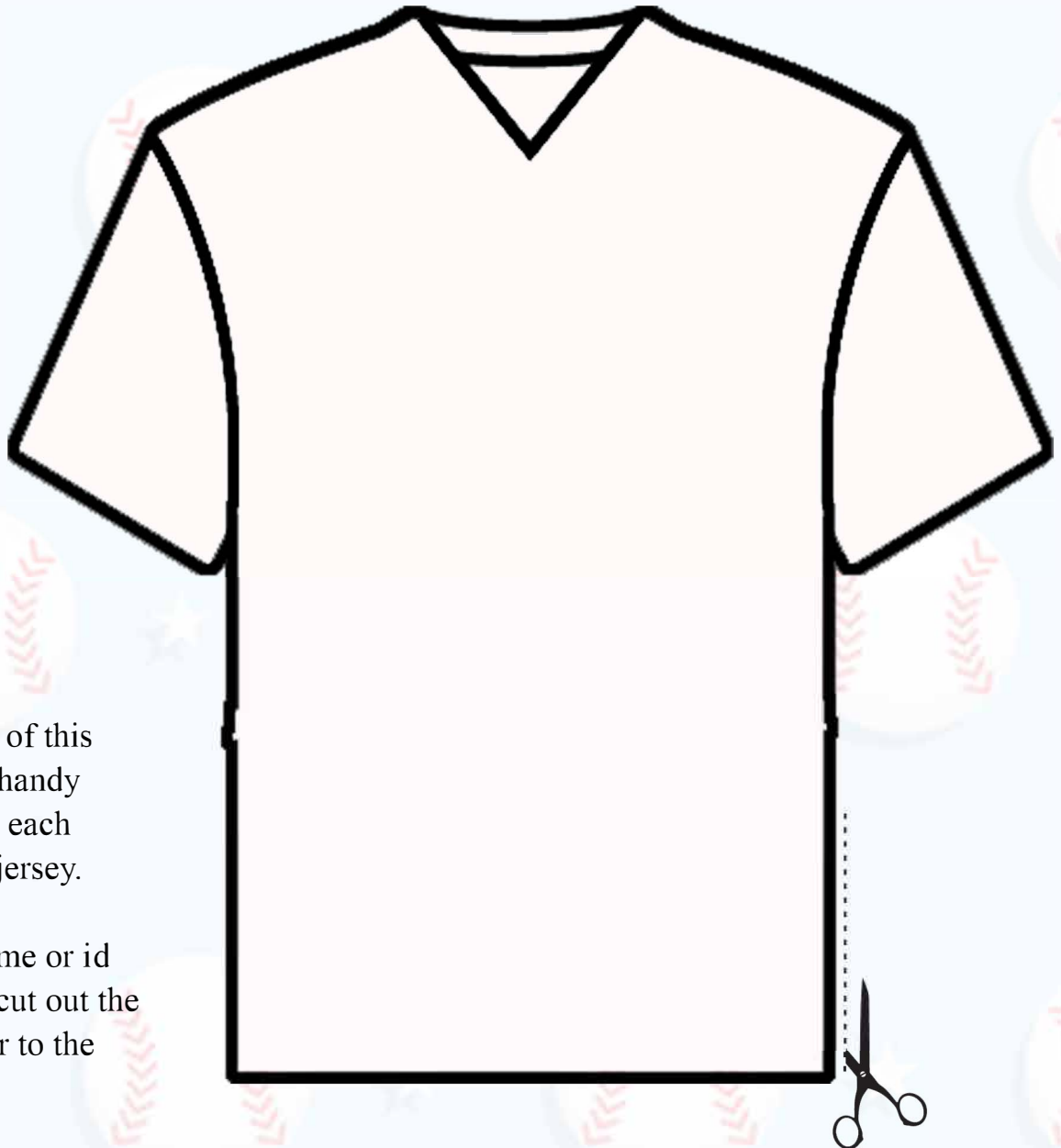
Play Ball

Use the following items to create a message/tracking board to see how your players are progressing during the game. We've provided them larger than you may want to use, so feel free to resize them by shrinking them on your copy machine. Once done, cut them out and share with your players.

Team Jersey

Put the player's name or ID on the shirt so that you can track progress as the patient moves from base to base.

Examples:



Instructions

- photocopy multiples of this page or keep this page handy and make a photo copy each time you add a patient jersey.
- Fill in the patient name or id on the photo copy and cut out the jersey to add this player to the gameboard!



Play Ball

Bases Loaded

Create your own baseball field by placing bases on a display board and moving your players' jerseys from base to base once they've progressed to the next phase.



a) photocopy four copies of this base to create your display board with 1st, 2nd 3rd and Home bases.

b) at each base, cheer the player on with encouragement such as "You Can Do It!" or "Great Job".

c) cut out each base and create your own baseball field.