

Home Dialysis is Possible!

It is important to educate patients on all their options for treatment, especially when it comes to dialyzing at home. The benefits of dialyzing at home can help a patient's physical, social, and mental health. It allows the patient to be engaged in their healthcare and adds to their quality of life. Use this tool to identify which patients could benefit from home dialysis.

Potential Candidates for Home Modalities is a Patient Who:

- Is employed full or part-time
- Lives far from the clinic or has unreliable transportation
- Needs to travel for work or enjoyment
- Struggles with diet and fluid limitations
- Wants control or is unhappy in-center
- May benefit from more frequent, longer, and slower treatments
- Does self-care at clinic
- Is engaged in their care

Benefits of Home Modalities

- Flexible schedule
- Less travel to the clinic
- Patients feel better during and after dialysis
- Patients sleep better
- Less medication
- Flexible fluid and diet restrictions

Referral Process

- Identify potential patient with in-center Charge Nurse
- Talk to modality educator or home department nurse about potential patient
- Discuss with rounding practitioner
- Provide information to the patient using the resources shared in this document

Types of Home Modalities

Hemodialysis uses a machine to pump blood in and out of the body to filter the blood, just as a kidney would. A vascular access, a fistula or a graft is used for this type of dialysis.

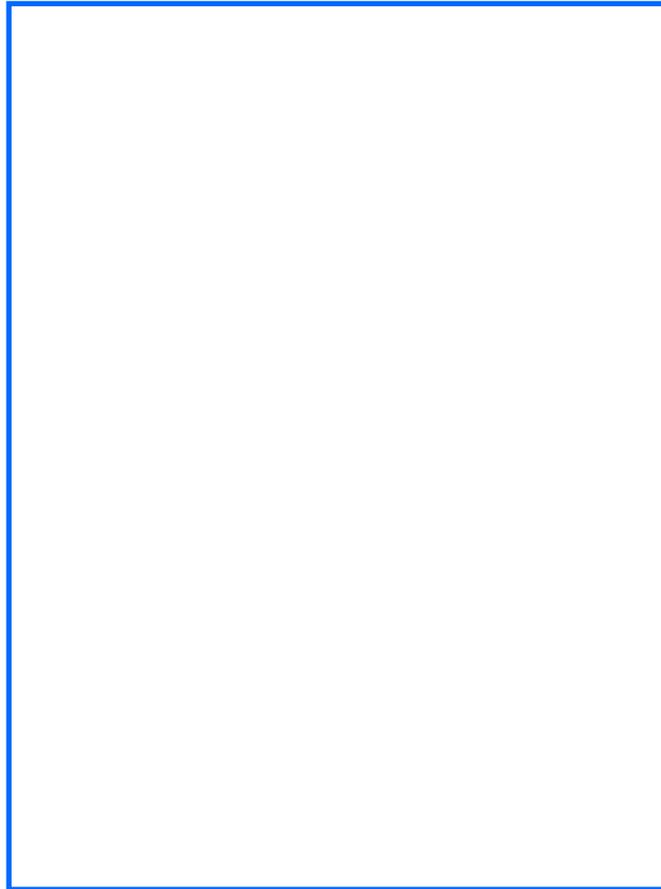
Peritoneal Dialysis uses blood vessels in the lining of the belly (peritoneum) to filter the blood with the use of dialysate. A catheter is placed in the abdomen for this type of dialysis.

Resources

The following list of resources are available online. Utilize these resources to learn more about home modalities and to help educate patients about the possibilities of dialyzing at home.

- [Ten Benefits of Home Dialysis](#) poster/handout
- [Home Dialysis- Myth Busters](#) handout
- [Explore Your Kidney Treatment Options](#) brochure
- [Home Hemodialysis](#) handout
- [Peritoneal Dialysis](#) handout
- Home Dialysis | homedialysis.org
 - MATCH-D | <https://bit.ly/31dhdwv>
- End-Stage Renal Disease National Coordinating Center (ESRD NCC) | www.esrdncc.org
 - Treatment Choices Resource <https://bit.ly/2H9iEVH>
- The Kidney Hub <https://thekidneyhub.org/home-dialysis/>

Home Modality Superhero



Home Contact Information

Identify your home modality staff contact.

Contact Name: _____

Phone Number: _____

Office Hours: _____