

Patient Engagement Toolkit

Home Sweet Home

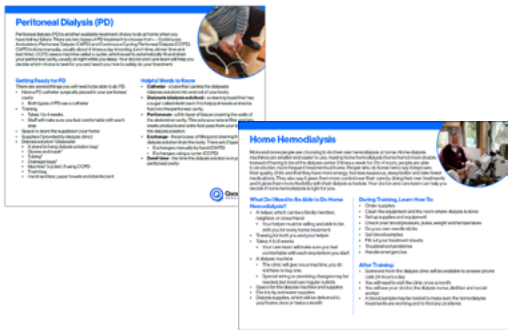
Step 1

Plan

Review the following Network and community resources to plan a patient engagement activity to provide an opportunity for patients to learn more about home hemodialysis and peritoneal dialysis as treatment options.

Network Resources

- Home Hemodialysis
- Peritoneal Dialysis (PD)
- Self-Cannulation
- Types of Hemodialysis
- Am I Getting Enough Hemodialysis?
- Am I Getting Enough Peritoneal Dialysis?



Creative Activities and Engagement Tools

- Better Together: Home Hero: Identify a "Home Hero," someone living well with home dialysis that can share their story and be a peer mentor to others.
- Home Dialysis Bulletin Board Kit: This kit provides the content you need for a bulletin board focused on the benefits of home dialysis.
- Home Dialysis Lobby Day Ideas and Lobby Day Checklist tools have been developed to help clinic staff and Peers in Action to plan a lobby day or bulletin board with a focus on home dialysis.
- My Home Sweet Home is a patient brochure that includes pictures from real patients' real home dialysis set ups and supplies.

- My Journey Home–Home Dialysis Passport: Keep all your home dialysis information in one place with space to keep your training notes, a glossary and websites to find out more about home dialysis.
- Home First Approach educates dialysis facilities about different ways to encourage and educate patients on the benefits of using a home modality.
- Doing My Dialysis at Home: Jeffrey Cauley's Home Hemodialysis video shares one patient's experience with home hemodialysis.
- Explore Your Kidney Treatment Options (patient brochure)
- Home Dialysis – Myth Busters (patient handout)
- Home Dialysis Poster provides a display of the steps to home dialysis to spark interest and get more information.



Community Resources

- Vantive Empowers offers information on starting and living well with peritoneal dialysis.
- Medical Educational Institute has several resources developed to support home dialysis.
- Home Dialysis Central has information on the basics of home dialysis, patient stories, videos, message boards, news and research.
  - Home Treatments Compared (handout) shows the pros and cons for each treatment option.
  - Method to Assess Treatment Choices for Home Dialysis (MATCH-D) was made to help kidney doctors and dialysis staff identify and assess patients for home dialysis therapies.
- Kidney School offers online modules in English and Spanish for patients and staff. Module 2 focuses on Treatment Options. PDF versions are available to download.
- My Kidney Life Plan is an online tool that helps patients choose the right treatment for their values or preferences.

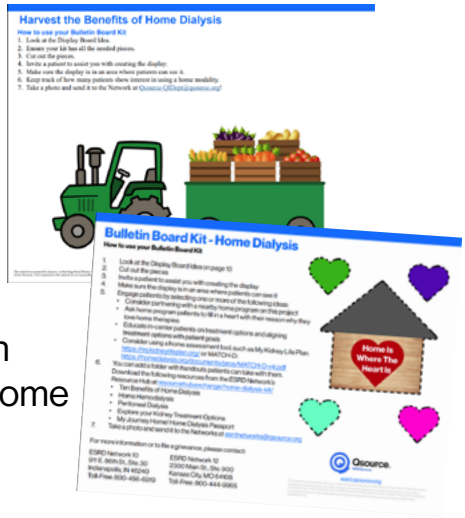
Step 2

Act

Team up with your Peers in Action to complete a patient engagement activity.

- Talk with your Peers in Action to discuss ideas on what resources and activities they would like to see at the clinic to educate patients on home treatment options.
- Create a bulletin board to share some of the resources available to help patients learn more about home hemodialysis and peritoneal dialysis:
  - Use the Home Dialysis Bulletin Board Kit to highlight the 10 benefits of home treatment

  - Debunk the myths about home dialysis
  - Share pictures from home patients of their home setup
- Play the videos on the lobby and/or patient televisions sharing patient stories about home.
- Review the MATCH-D with your team to identify patients who may benefit from more information about home.
- Encourage self-cannulation with in-center patients, which can give them more control over their care and prepare them for home hemodialysis.



Step **3**

Connect & Share

Share what your facility has done with the rest of the Network!

- Ask your Peers in Action for their feedback and encourage them to attend the next Peers in Action Connection Call
- Be sure to share your patient engagement activity with the Network. You can send your activities and photos to the Qsource team at qsource-peers@qsource.org.

Qsource ESRD Networks
3725 Champion Hills Drive, Ste. 3100
Memphis, TN 38125

ESRD Network 10: Toll-Free: 800-456-6919
ESRD Network 12: Toll-Free: 800-444-9965

Qsource® ESRD Networks

esrd.qsource.org

This material was prepared by Qsource, an End-Stage Renal Disease (ESRD) Network under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. 25.ESRD.02.025