

Bulletin Board Kit

Hyperkalemia

How to use your Bulletin Board Kit

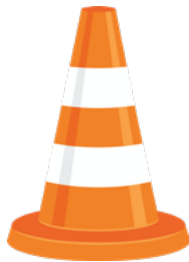
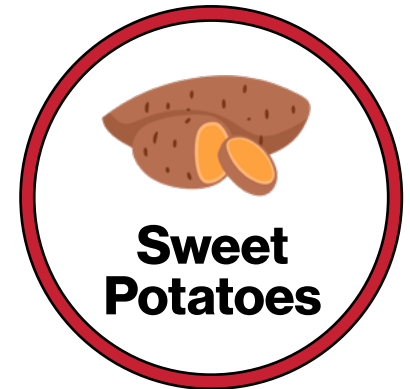
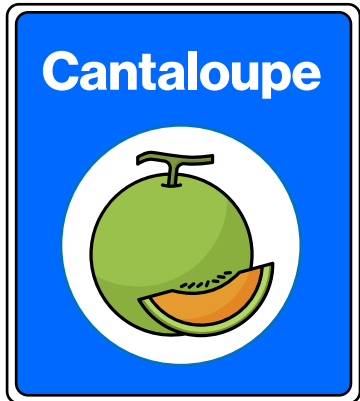
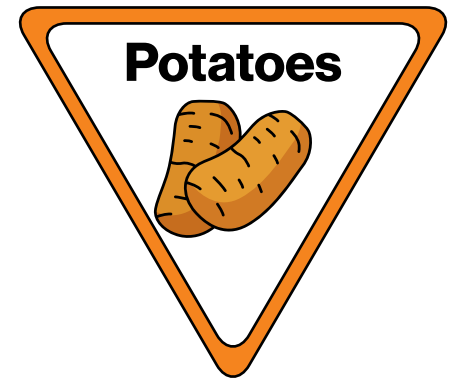
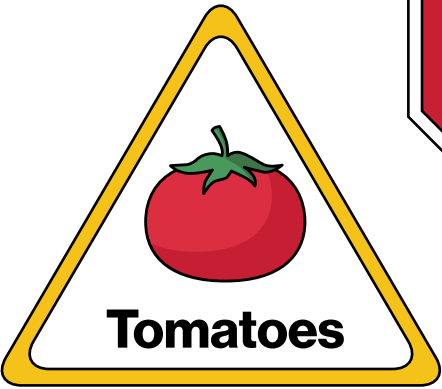
1. Review the information included in this kit.
2. Print these pages and cut out the shapes.
3. Use the blank shapes to write down your own tips.
4. Ask one or more patients to help you create your bulletin board.
5. Put your bulletin board up in an area where everyone can see it.
6. Take a picture and send it to the Network at: Qsource-Peers@qsource.org.



esrd.qsource.org

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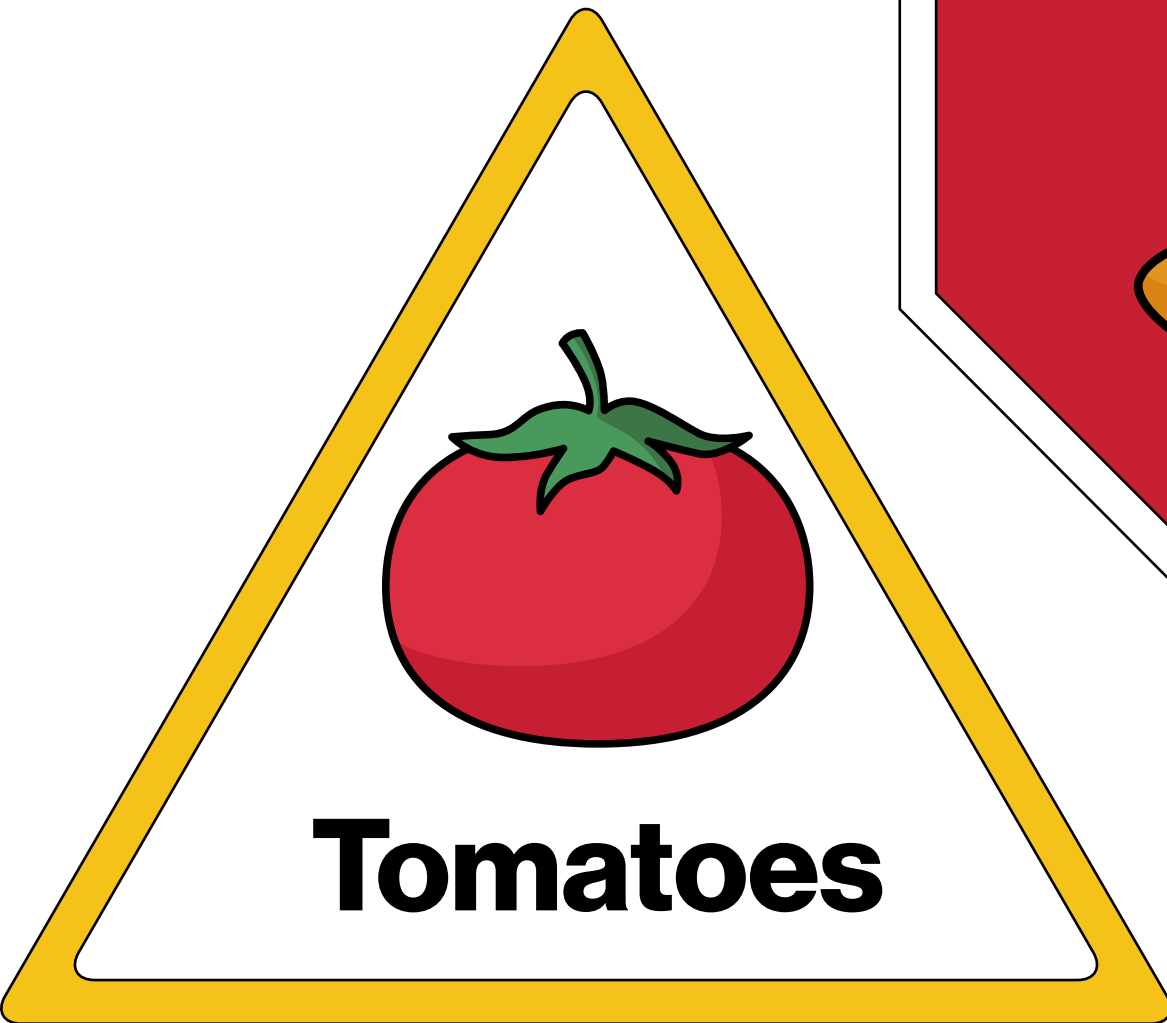




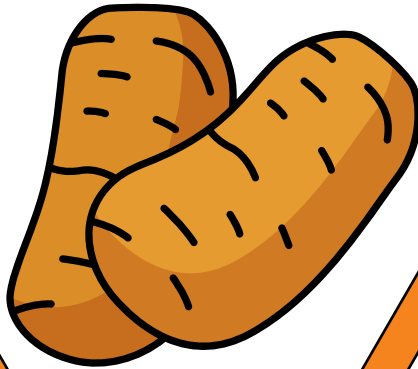


Warning!

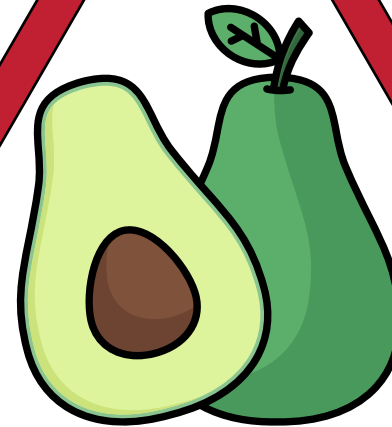
High Potassium Zone Ahead!

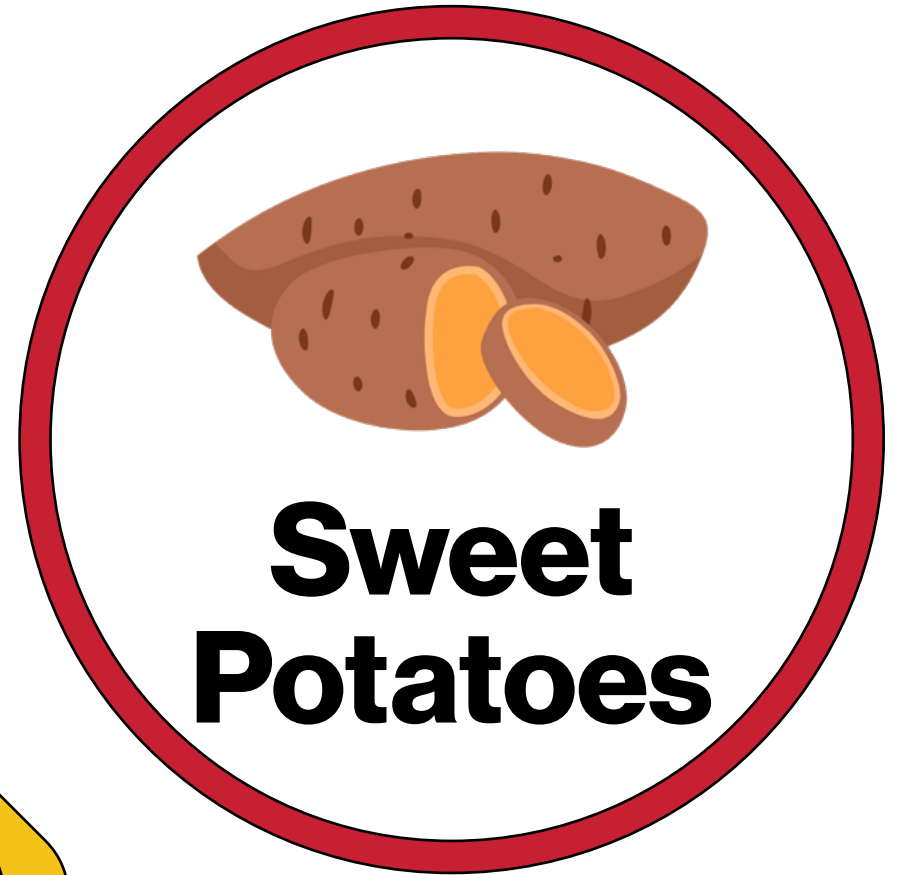


Potatoes

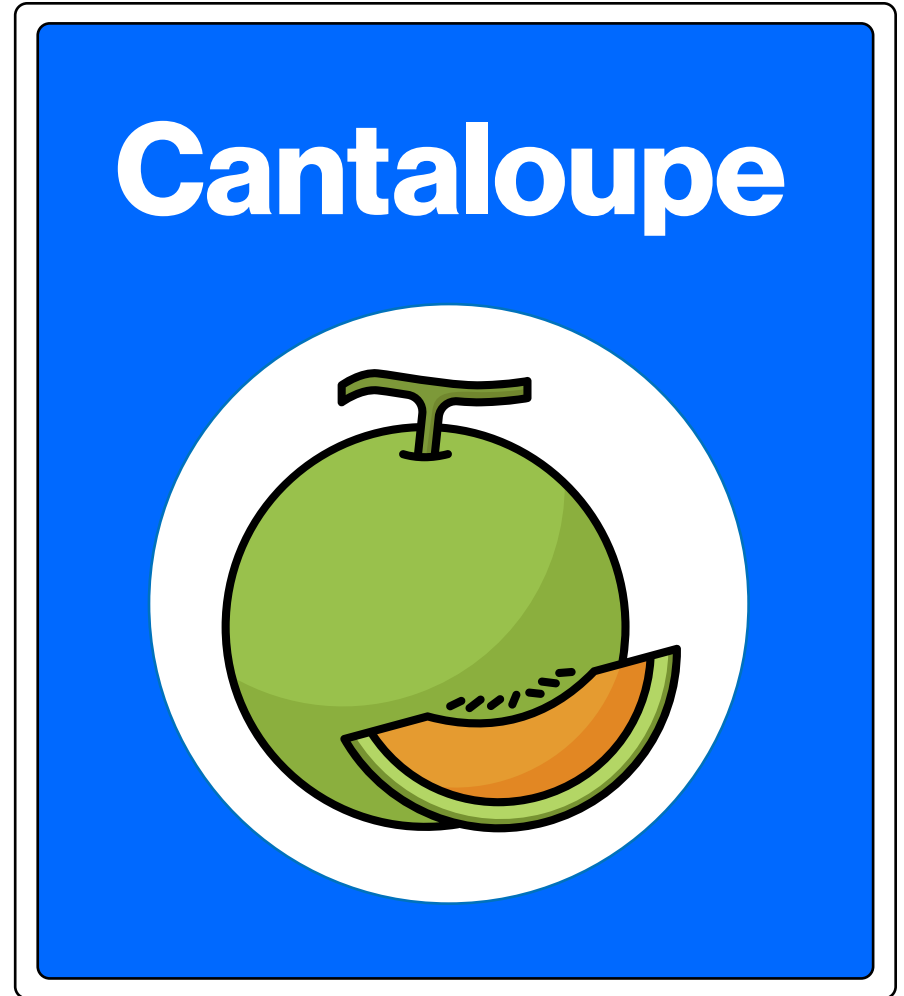
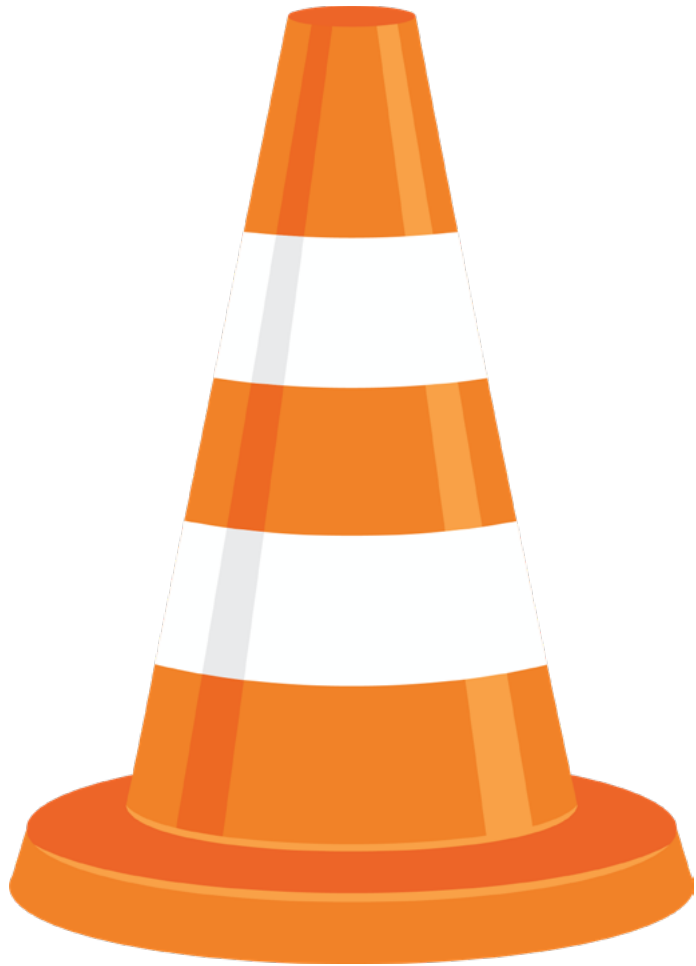


Avocados













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Use the blank shapes to write down your own tips to avoid high potassium foods and prevent hyperkalemia.

