

# Kidney Transplant Checklist

There are many steps that must be completed before you can be listed on the transplant waitlist. The first step in this process usually starts with talking to your dialysis care team and requesting a referral for transplant. This checklist will help you prepare and complete the transplant evaluation process.



## Getting Started

My Dialysis Facility: \_\_\_\_\_

Dialysis Facility Phone Number: \_\_\_\_\_

My Dialysis Social Worker: \_\_\_\_\_

My Transplant Center: \_\_\_\_\_

Transplant Center Phone Number: \_\_\_\_\_

Transplant Center Address: \_\_\_\_\_

\_\_\_\_\_

## Day of Referral Appointment

My list of current physicians with phone numbers

My list of current medications

My insurance information

My support person

Specific documents/items requested by Transplant Center

_____	_____
_____	_____
_____	_____

My questions

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Work-Up

Required	Procedure/Test	How Often	Date	Appointment Location	Record Received
<b>Blood Work</b>					
	Complete blood count (CBC)				
	Comprehensive metabolic panel (CMP)				
<b>Cardiac</b>					
	Echocardiogram				
	Electrocardiogram				
	Stress test				
<b>Vaccines</b>					
	Influenza				
	COVID				
	Pneumonia				
	Hepatitis B				
<b>Dental</b>					
	Dental exam				
<b>Other Tests</b>					
	Colonoscopy				
	Mammogram				
	Pap smear				
	Pulmonary function test (PFT)				

## Results

I have spoken with a Financial Coordinator about my insurance coverage.

I have completed all required work-up evaluations.

I have contacted my Transplant Center and made sure they have results of my evaluations.

I can expect a response regarding my listing status by: \_\_\_\_\_

## My Transplant Team

Dialysis Center: _____	Phone Number: _____
Dialysis Social Worker: _____	Phone Number: _____
Transplant Center: _____	Phone Number: _____
Transplant Social Worker: _____	Phone Number: _____
Financial Coordinator: _____	Phone Number: _____

## Conclusion

For more information on kidney transplant, scan the QR code or visit [www.mytransplantcoach.org](http://www.mytransplantcoach.org).

Now that you're on the road to a kidney transplant, remember that it's important to be in the best health condition possible while on the waitlist. It's very important to stay up-to-date with your appointments. If you have any questions, please speak with your care team.



For more information or to file a grievance, please contact:

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Toll-Free: 800-456-6919

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