



# Kidney Transplant Resources

Learning about the kidney transplant process can be a bit hard at times, because there is so much information to read. The resources listed on this page are based on topics kidney care providers have said are important to review with patients. Use this guide as a quick way to access this information. Use your phone or tablet to scan the QR codes and view or download the resources.

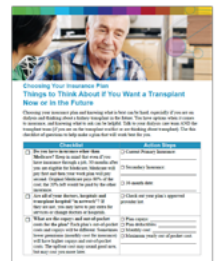
## Financial Information/Insurance Coverage

Choosing your insurance plan and knowing what is best can be hard, especially if you are on dialysis and thinking about a kidney transplant in the future. You have options when it comes to insurance, and knowing what to ask can be helpful. Talk to your dialysis care team AND the transplant team (if you are on the transplant waitlist or are thinking about transplant).

Download Insurance and Kidney Transplant:

<https://tinyurl.com/6pj3zmz7>

### Insurance and Kidney Transplant



## Transplant Process

Each transplant center has certain processes for patients to complete before being placed on the kidney transplant waitlist. Use the links below to find a transplant center and learn more about each center's process.

See which transplant centers are closest to you:

<https://esrd.qsource.org/transplant-map/>

### Transplant Center Map



## Multi-Listing

Multi-listing is when a patient registers at two or more transplant hospitals. You could increase your opportunities to receive a kidney transplant by getting listed at multiple transplant centers! Click on the links below to learn more.

### The National Kidney Foundation (NKF)

<https://www.kidney.org/atoz/content/multiple-listing>


### United Network for Organ Sharing (UNOS)

<https://unos.org/wp-content/uploads/Brochure-102-Multiple-listing.pdf>

### TxMultilisting.com

This website will help you navigate through the complex process of receiving a life-saving transplant. Check out the transplant centers across the USA and the different wait times.


<https://www.txmultilisting.com/>




**UNOS Multiple Listing**

TALKING ABOUT TRANSPLANTATION

Frequently Asked Questions about Multiple Listing and Waiting Time Transfer



UNOS



## Other Resources



**Transplant Myths vs. Facts**

Talk Transplant Myths vs. Facts

Myth	Fact
It's better to wait in a long waiting list.	Transplant is a life-saving treatment for kidney failure. After getting a transplant you will still need to take care of yourself and your health in order to keep your new kidney. It is a cure.
You can't get a transplant if you're over 60 years old.	The average life expectancy for kidney failure after getting a transplant is 5 to 8 years longer than your age. Most are over age 70 and get a transplant. The transplant team will take time to make sure you are healthy enough to get a transplant. You can get a transplant at any age.
There are no waiting lists for a transplant.	There are waiting lists for a transplant. The length of the wait depends on your health, the health of the organ donor, and the number of people on the list. Some people get a transplant within a few days, while others wait for months.
It's not worth it.	Each transplant center has their own guidelines on what kinds of people they will accept. The transplant team will help you understand if you are a good candidate for a transplant. It is a life-saving treatment.



<https://tinyurl.com/5entx4by>



**Transplant Topics of Discussion**

Topics of Discussion: Transplant

When considering kidney treatment as a treatment option for your End Stage Renal Disease (ESRD), you may have a lot of thoughts and questions. Here are some of the most common questions and answers about kidney transplantation.

- Living Donor**  
Living donation offers another option for transplant and often results in a longer life expectancy. Living donors can be family members, friends, or even strangers. Kidney donors receive transplant medicine for a long time. For the donor, it is a major surgery. Kidney donors should know that a kidney transplant is a major surgery and should talk to a nephrologist about it.
- Financial Matters**  
Transplant is a major surgery and can be a major expense. There are financial assistance programs available to help with the cost of transplant. Talk to your transplant team about financial assistance.
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<https://tinyurl.com/2p826kys>

To file a grievance, patients may contact:

ESRD Network 10  
911 E. 86th Street, Suite 30  
Indianapolis, IN 46240

Toll-Free Patient Line:  
(800) 456-6919

[ESRDNetwork10@qsource.org](mailto:ESRDNetwork10@qsource.org)

ESRD Network 12  
2300 Main, Suite 900  
Kansas City, MO 64108

Toll-Free Patient Line:  
(800) 444-9965

[ESRDNetwork12@qsource.org](mailto:ESRDNetwork12@qsource.org)



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