

Long-Acting Opioids Reference for Tapering

This chart contains information about commonly prescribed long-acting opioid analgesics for providers to help consolidate opioid therapy into a single long-acting opioid medication for tapering.

CAUTION: Do not use the calculated dose in MMEs to determine dosage for converting one opioid to another. The new opioid should be lower to avoid unintentional overdose caused by incomplete cross-tolerance and individual differences in opioid pharmacokinetics. Consult the medication label.

Generic name	Brand name	Dosing interval	Availability	MME
fentanyl transdermal patch (mcg/hr)	Duragesic	3 days	12, 25, 37.5, 50, 75, 100 mcg/hour patch	2.4
	generic (Mylan)	3 days	12, 25, 37.5, 50, 62.5, 75, 87.5, 100 mcg/hour patch	2.4
hydrocodone ER	Hysingla ER	24 hours	20, 30, 40, 60, 80, 100, 120 mg tablets	1
hydrocodone ER	Zohydro ER	12 hours	10, 15, 20, 30, 40, 50 mg capsules	1
hydromorphone ER	Exalgo	24 hours	8, 12, 16, 32 mg tablets	4
morphine sulfate ER	Kadian	24 hours	10, 20, 30, 45, 50, 60, 75, 80, 90, 120, 200 mg capsules	1
morphine Sulfate ER	Morphabond ER	12 hours	15, 30, 60, 100 mg tablets	1
	Arymo ER	8-12 hours	15, 30, 60 mg tablets	1
	MS Contin	8-12 hours	15, 30, 60, 100, 200 mg tablets	1
	generic (Actavis)	8-12 hours	10, 20, 30, 50, 60, 80, 100, 200 mg tablets	1
oxycodone ER	OxyContin	12 hours	10, 15, 20, 30, 40, 60, 80 mg tablets	1.5
	Xtampza ER	12 hours	9, 13.5, 18, 27, 36 mg capsules	1.5
tramadol ER	Ultram ER	24 hours	100, 150, 200, 300 mg tablets/capsules	0.1
	ConZip	24 hours	100, 200, 300 mg capsules	0.1
oxymorphone ER	Opana ER	12 hours	5, 7.5, 10, 15, 20, 30, 40 mg tablets	3
tapentadol ER	Nucynta ER	12 hours	50, 100, 150, 200, 250 mg tablets	0.4

* If the patient is taking methadone for pain, consult an expert with clinical experience in using methadone for this indication.

References

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