🕖 Minutes Matter

Risks of Shortened or Missed Treatments

It is very important to receive your full dialysis treatments as prescribed by your doctor. Coming for every treatment and staying for the full time is important to getting "adequate" dialysis. You may not think cutting treatment by 30 minutes or missing a treatment once a week makes a difference, but over time every minute adds up. See the charts below on how time missed for a 4 hour treatment adds up.



Fluid overload. Too much fluid can cause shortness of breath and possible hospitalization.

Severe cramping and hypotension at the next treatment because extra fluid will have to be removed.

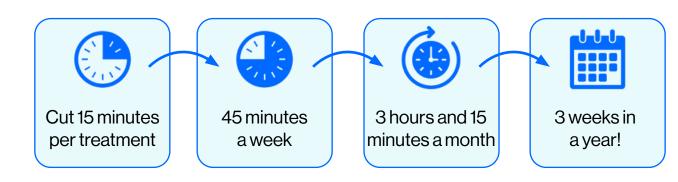


Missing injected medications can worsen anemia and bone disease.

High potassium can cause heart problems, including irregular heartbeat, heart attack, and/or death.

High blood pressure can cause a stroke which can lead to permanent disability and/or death.

Missed Treatments	Dialysis Minutes	Dialysis Hours
1	240	4
2	480	8
3	720	12
4	960	16
5	1,200	20
6	1,440	24
7	1,680	28
8	1,920	32
9	2,160	36
10	2,400	40
11	2,640	44
12	2,880	48
13	3,120	52



To file a grievance, patients may contact:

ESRD Network 10 (IL) 911 E. 86th Street, Suite 30 | Indianapolis, IN 46240 Toll-Free Patient Line: (800) 456-6919

ESRD Network 12 (IA, KS, MO, NE) 2300 Main St., Suite 900 | Kansas City, MO 64105 Toll-Free Patient Line: (800) 444-9965



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