



## Is It Worth the Risk?

# Missing Peritoneal Dialysis Exchanges

Missing your exchanges carries risk. You may not immediately feel the effects, but studies show that inadequate dialysis will shorten your life expectancy.

## Complications and Risks



### Infection

Higher risk of acquiring an infection by missing exchanges



### Fluid Overload

Could be caused by you reabsorbing dirty solution or by not following your fluid restrictions



### Cardiac Complications

Irregular heartbeat, cardiac arrest and death due to high potassium levels



### Toxic Build-up

Can cause nausea, vomiting and change in mental status



### High Blood Sugar

Uncontrolled blood sugars will not allow you to ultrafiltrate



### Transplant

Skipping exchanges will hurt your overall health and your chances to get a transplant

To file a grievance, patients may contact:

ESRD Network 10 | 911 E. 86th Street, Suite 30  
Indianapolis, IN 46240 | Toll-Free: (800) 456-6919  
[ESRDNetwork10@qsource.org](mailto:ESRDNetwork10@qsource.org)

ESRD Network 12 | 2300 Main St., Suite 900  
Kansas City, MO 64108 | Toll-Free: (800) 444-9965  
[ESRDNetwork12@qsource.org](mailto:ESRDNetwork12@qsource.org)

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