








Is It Worth the Risk? Missing or Shortening Dialysis Treatments

Missing dialysis treatments carries risk. You may not immediately feel the effects, but studies show that inadequate dialysis will shorten your life expectancy.

Complications and Risks

-  **Worsened Anemia and Bone Disease** as a result of not receiving scheduled intravenous medications at dialysis
-  **Irregular Heartbeat, Cardiac Arrest and Death** from high potassium levels
-  **Increased Likelihood of Strokes** leading to disability and death
-  **Cramping and Low Blood Pressure** during next dialysis session due to removing the extra built-up fluid from missed treatment
-  **Fluid Overload** which causes shortness of breath from fluid in the lungs that may require an emergency room (ER) visit or an emergency dialysis treatment



Shortening Treatments
by 15 minutes = 39 hours per year!



Missing Treatments
once a week = 52 treatments a year!

To file a grievance, patients may contact:

ESRD Network 10 | 911 E. 86th Street, Suite 30
Indianapolis, IN 46240 | Toll-Free: (800) 456-6919
ESRDNetwork10@qsource.org

ESRD Network 12 | 2300 Main St., Suite 900
Kansas City, MO 64108 | Toll-Free: (800) 444-9965
ESRDNetwork12@qsource.org