# Syllabus – Module 4 Preparedness

### Introduction

This module addresses regulations and guidance for providing a healthy and safe environment for residents, staff, and visitors. We will also discuss the proper use of equipment for the facility and residents. This module also addresses assessing residents for fall risk and implementing individualized interventions. This learning module will discuss annual facility assessments and requirements for emergency preparedness.

### Attendees will learn:

- Tips for providing a healthy and safe environment
- Proper use of equipment for the facility and residents
- Ways to perform fall risk assessments and mitigate fall risk
- What should be included in the annual facility assessment
- Reportable diseases and conditions
- Emergency preparedness standards for long-term care

## F-tags referenced by this Module:

F699: Trauma-Informed Care

F838: Facility Assessment

F880: Infection Prevention & Control

F881: Antibiotic Stewardship Program

F882: Infection Preventionist Qualifications/Role

F883: Influenza and Pneumococcal Immunizations

F906: Emergency Power

F907: Space and Equipment

F908: Essential Equipment, Safe Operating Condition

F909: Resident Bed

F910: Resident Room

F911: Number of Residents

F914: Bedrooms Assure Full Visual Privacy

F915: Resident Window

F916: Resident Room Above Grade

F917: Resident Room Bed/Furniture/Closet

F918: Bedroom Equipped/Near Lavatory/Toilet

F919: Resident Call System

F920: Requirements for Dining and Activity Rooms

F921: Safe/Functional/Sanitary/Comfortable Environment

F922: Procedures to Ensure Water Availability

F923: Ventilation

F924: Corridors Have Firmly Secured Handrails

F925: Maintains Effective Pest Control Program

### **Pre-test**

Attendees will complete a pre-test to evaluate their level of understanding and awareness about these topics.



# Syllabus – Module 4 Preparedness

**Understand regulation and guidance for providing a healthy and safe environment** The facility must be designed constructed, equipped, and maintained to protect the health and safety of residents, personnel and the public.

# Discuss the proper use of equipment for the facility and residents

The facility must maintain all essential mechanical, electrical, and patient care equipment in safe operating condition

Discuss ways to prevent falls and perform risk assessments for all residents for falls Fall prevention is a major area of concern for long term care facility. The number one concern is keeping residents safe without hindering their independence and mobility. This module is designed to help staff with keeping resident mobile and safe.

#### Outbreak

Outline some types of outbreaks that have occurred in nursing homes.

## Reporting

Review state and federal requirements for reporting certain diseases and conditions.

## **Emergency Preparedness**

Managing the day-to-day operations of a long-term care facility is challenging. Facilities must also plan and prepare for emergency situations. This module will outline the components of an Emergency Preparedness program for long-term care settings. CMS published requirements for Emergency Preparedness in long-term care facilities to be implemented by November 15, 2017. The updated CMS requirements for LTC facilities include facility assessments, CPR training, and the need for trauma-informed care.

#### Post-test

Attendees will complete a post-test to help measure improvements in their understanding and awareness about these topics.

#### **Action Item:**

## **Resources and References**

- NHSN Long-Term Care Infection Surveillance http://www.cdc.gov/nhsn/ltc/
- Guidance for a Trauma-Informed Approach <a href="http://store.samhsa.gov/shin/content/SMA14-4884/SMA14-4884.pdf">http://store.samhsa.gov/shin/content/SMA14-4884/SMA14-4884.pdf</a>
- Key Ingredients for Successful Trauma-Informed Care Implementation <a href="http://www.chcs.org/media/ATC">http://www.chcs.org/media/ATC</a> whitepaper 040616.pdf

