



Topic of the Month

My Network: Rights and Responsibilities

Step 1: Plan Review the following Network and community resources to plan a patient engagement activity to encourage patient understanding of their rights and responsibilities.

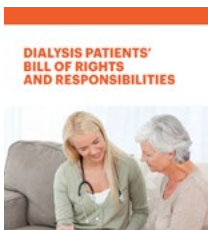
Network Resources

- [My Kidney Kit](#) - All pages are available in English and Spanish. Highlighted MKK pages for this month include:
 - [My Network: Your Rights and Responsibilities](#)
 - [My Network: What To Do If I Have a Grievance](#)
 - [My Plan: All About Your Plan of Care](#)
 - [My Plan: Making My Wishes Known](#)
 - [My Treatment: Working with My Care Team](#)

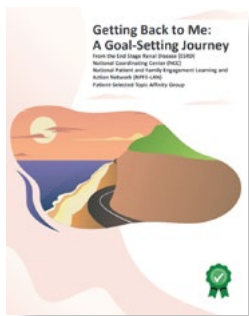


- ESRD Network 12 has several posters available and that dialysis clinics are required to post in an area that is accessible to patients.
 - Let Your Voice Be Heard ([English](#) | [Spanish](#))
 - Patient Rights and Responsibilities ([English](#) | [Spanish](#))
 - Contact the Network ([English](#) | [Spanish](#))
- [Ideas for Supporting Patient Rights](#). This handout gives some ideas and Network resources to help you improve clinic processes.
- My Questions and Goals ([New patient](#) | [Existing Patient](#)) is a brochure resource with a checklist of statements and questions patients can use to help them get information and set their own goals.

Kidney Community Resources



- [Dialysis Patients' Bill of Rights and Responsibilities](#) is a booklet offered by the National Kidney Foundation.
- ESRD Network Coordinating Center
 - The Questions to Help with Your Treatment Choices ([English](#) | [Spanish](#)) handout was designed to help patients develop questions to ask your healthcare team about treatment options.



- The Questions to Get You Started ([English](#) | [Spanish](#)) handout helps patients develop questions to ask the healthcare team after beginning treatment.
- [Goal Setting: Getting Back to Me](#) – This workbook is designed to help patients restore their sense of dignity and increase self-esteem through goal setting.
- [Kidney School](#) from Medical Education Institute, Inc. (www.meiresearch.org) offers online courses to help people with kidney disease stay healthy.
 - [Module 3: Working with Your Care Team](#) | Download in [English](#) or [Spanish](#).
 - Module 14: Patient Rights and Responsibilities | Download in [English](#) or [Spanish](#).

Step 2: Act

Team up with your staff and Facility Peer Representative (FPR) to complete a patient activity to help patients understand their rights and responsibilities.

- Educate patients and staff using the My Kidney Kit pages. Use the [My Education Sheet](#) to document patient goals.
- Talk with your Facility Peer Representative (FPR) to discuss ideas on what resources and activities they would like to see at the clinic to educate patients about their rights and responsibilities.
- Invite your FPR to a team huddle to share their thoughts about patients' rights and responsibilities.
- Share the [Patients Rights Personal Plan](#) (pages 25-28) from the Kidney School module with patients.
- Create a bulletin board highlighting a different patient right or responsibility each week. For example:
 - Week 1: Right to Information
 - Week 2: Individualized Treatment Plan
 - Week 3: Treatment Options
 - Week 4: Grievance process

Step 3: Share

Share what your clinic has done with the rest of the Network!

- Ask your FPR for their feedback and encourage them to attend the next [FPR Connection Call](#) to share with others!
- Be sure to share your patient engagement activity with the Network. You can send your activities and photos to our [Patient Services Department](#).

For more information or to file a grievance, please contact:

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This resource was developed while under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Contract #HHSM-500-2016-00010C. The contents presented do not necessarily reflect CMS policy. 20.Q-ESRD10.08.043



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