



## Topic of the Month

## My Choices: Home Options

### Step 1: Plan

Review the following Network and community resources to plan a patient engagement activity to help patients learn more about peritoneal dialysis and home hemodialysis.

### Network Resources

- [My Kidney Kit](#) - All pages are available in English and Spanish. Highlighted MKK “My Choices” pages include:

- [Types of Hemodialysis](#)
- [Peritoneal Dialysis \(PD\)](#)
- [Is Home Hemodialysis Best for Me?](#)
- [Self-Cannulation](#)

- [Home Baseball Playbook](#). This toolkit was developed to help dialysis clinics “gamify” the process of transitioning patients to home treatment. It is a fun way to track patients as they “run” the bases with the ultimate goal of reaching “home”.

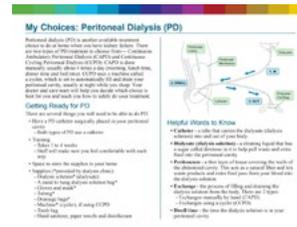
- [Home Dialysis Lobby Day Ideas](#) and [Lobby Day Checklist](#). These tools have been developed to help clinic staff and NPRs to plan a lobby day or bulletin board with a focus on home dialysis.

- [My Journey Home! Home Dialysis Passport](#). This booklet was developed to help steer patients on their road to home dialysis, providing a tool to keep all your home dialysis information in one place.

- [Patient Engagement Showcase](#) includes images and information on patient engagement activities promoting home dialysis from clinics throughout the Network, including ideas for bulletin boards and lobby days in the “My Choices” section.

- [Ten Benefits of Home Dialysis](#) (handout)

- [Very Important Patient Peer Sharing Call Recording](#). Listen to a conversation with home dialysis patients sharing and answering questions from peers about their home dialysis experience.



[My Life, My Choice: Is Home Dialysis Right for Me? \(poster\)](#)



[Explore your Kidney Treatment Options \(brochure\)](#)



[Home Dialysis Myth Busters \(handout\)](#)

## End-Stage Renal Disease National Coordinating Center



- Home Dialysis Announcements - poster and flyer for celebrating and announcing when a patient chooses a home dialysis treatment. (English: [8.5 x 11/8.5 x 14](#) ) (Spanish [8.5 x 11/8.5 x 14](#))
- Know the Facts About Home Dialysis Choices (brochure) [English/Spanish](#)
- [Let's Talk: Home Dialysis](#) – An interactive tool to help patients and caregivers start a conversation about home dialysis treatment options. ([conversation cards](#) & [discussion notes](#))
- Dialysis Choices: Choosing the Right Option for You. (booklet) [English/Spanish](#)
- [Uncovering the Myths about Home Dialysis](#) (booklet)

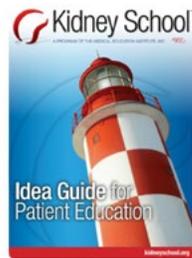
## Renal Community Resources



- [Home Dialyzers United](#) is a 501(c)(3) non-profit patient organization, whose goal is to inspire, inform and advocate for home dialysis. They provide educational information and online support groups.
- [Home Hemodialysis Safety: A Patient Guide](#) (brochure) gives information to help keep patients safe at home.
- [PD Empowers](#) is a website offering information on starting and living well with peritoneal dialysis sponsored by Baxter, a provider of dialysis supplies.

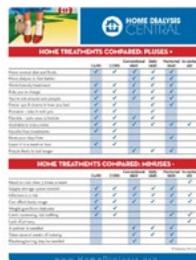
## Medical Education Institute

Medical Educational Institute has several resources developed to support home dialysis including:



[Kidney School](#) offers online modules in English and Spanish for patients and staff. Module 2 focuses on Treatment Options. PDF versions are available to download.

[Home Dialysis Central](#) website has information on the basics of home dialysis, Life@Home with patient and caregiver stories and videos as well as message boards, news and research.



[Home Treatments Compared](#) (handout) shows the pluses and minuses for each treatment option.



[My Life, My Dialysis Choice](#) is an online tool that will help patients to choose the right treatment for them by answering questions about their values and preferences. It is available in English and Spanish.



[Method to Assess Treatment Choices for Home Dialysis \(MATCH-D\)](#) was made to help kidney doctors and dialysis staff identify and assess patients for home dialysis therapies (PD and HHD).

## Step 2: Act

Go For It! Team with your staff and Network Patient Representative (NPR) to complete a patient engagement activity.

- Talk with your Network Patient Representative (NPR) to discuss ideas on what resources and activities they would like to see at the clinic to educate patients on home treatment options.
- Create a bulletin board to share some of the resources available to help patients learn more about home hemodialysis and peritoneal dialysis:
  - Debunk the myths about home dialysis
  - Share pictures from home patients of their home set up
  - Highlight the 10 Benefits of Home
- Educate patients and staff by sharing the My Kidney Kit pages. Use the [My Education Sheet](#) to document any patient goals.
- Play the videos on the lobby and/or patient televisions sharing patient stories about home.
- Review the MATCH-D with your team to identify patients who may benefit from more information about home.
- Share information on self-cannulation encouraging patient in-center to consider it as a step for more control of their care and preparation for home hemodialysis.

## Step 3: Share

Share what your clinic has done with the rest of the Network!

- Ask your Network Patient Representative (NPR) for their feedback and encourage them to attend the next NPR Connection Call (2nd Thursday and Friday at 1:00 pm CST) to share with others!
- Take a photo of your activity and your clinic's patient engagement activities at [Patient Engagement Activity Report](#).

## Three Levels of Patient Engagement



For more information or to file a grievance, please contact  
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