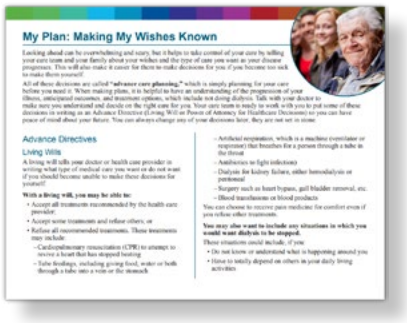
Topic of the Month
My Plan: My Wishes

Step 1: Plan Review the following Network and community resources to plan a patient engagement activity to encourage patients to be active in determining and sharing their wishes about their healthcare.

Network Resources



- Making My Wishes Known
- My Questions and Goals handout: This resource provides a checklist to help patients select questions to ask of staff and to set goals they wish to reach.
- Health Status Release Form: This form was developed from ideas shared by Facility Peer Representatives to address patients' wishes to share information with fellow patients about their health.
- Shared Decision-Making Series: This staff resource was developed to provide staff with a tool to educate and discuss shared decision making with their team.

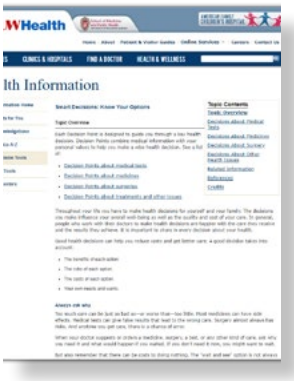
Shared Decision Making Overview

Shared Decision Making Process

Shared Decision Making Case Example

National Resources

Advance Care Planning Online Tools



Decision Points are online tools, provided by the University of Wisconsin-Madison Hospital and Clinics, designed to guide you through key health decisions. Decision Points combine medical information with your personal values to help you make a wise health decision, including decisions related to kidney failure.

- Should I Start Dialysis?
- What Type of Dialysis Should I Have?
- When Should I Start Dialysis?

Long-Term Care (LTC) Pathfinder is a resource available to help with planning ahead and for people already receiving long-term care services.

Visit the ESRD Network Coordinating Center website to download the following resources:

- Health status release form and overview;
- Downloadable sympathy card and memorial posters;
- Celebration announcements for patients transitioning to home dialysis and who received a transplant.

My Dialysis Plan is an interdisciplinary plan of care program designed to align dialysis care with patient-identified priorities and improve the care planning experience. It provides both staff and patient resources to improve the process including a:

- Care Team Guide
- Patient brochure
- Pre-Meeting Questionnaire
- Care Plan Form
- My Dialysis Plan Use Case Examples

Step 2: Act

Team up with your Facility Peer Representative (FPR) to complete a patient engagement activity.

- Educate patients and staff using the resources in step 1. Use the "My Questions" resource to engage in a discussion and use the Goal Setting Change Plan to document any patient goals. Incorporate the Health Status Release form into your clinic activities.
- Review the Health Status Release form with your FPR and your team to determine the best way to use this resource in your clinic.
- Use the ESRD NCC resources to remember those who have passed and celebrate transplants and patients moving to home.
- Share the My Questions and Goals handout with patients prior to their Plan of Care meeting.
- Create a bulletin board sharing:
  - information on Advance Directives; or
  - the importance of being involved in their Plan of Care; or
  - special memories, dreams or what is important in their life from both patients and staff.

Step 3: Share

Share what your clinic has done with the rest of the Network!

- Ask your FPR for their feedback and encourage them to attend the next FPR Connection Call (the third Wednesday and Thursday every other month starting Feb. 2020 at 2 pm CT) to share with others!

- Take a photo of your activity and send it to our Patient Services Department.

Three Levels of Patient Engagement

Level 3: Laws and Policy

"Consumers are involved in the decisions that communities make about policies, law and regulations in public health and health care."

Level 2: Organization Design and Governance

"Providers reach out for patient input to ensure they will be responsive to patients' needs."

Level 1: Direct Patient Care

"Patients get information and answer questions about their preferences to help inform their treatment decisions."

For more information or to file a grievance, please contact:
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Indianapolis, IN 46240 | Toll-Free Patient Line: (800) 456-6919
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This resource was developed while under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Contract #HHSM-500-2016-00010C. The contents presented do not necessarily reflect CMS policy.
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