



Online and National Peer Support

Support groups can be a great way to talk with others who share common experiences. Connecting with others who are living with kidney disease can be helpful. Benefits may include: improving coping skills, staying motivated to follow care plans, and feeling safe and comfortable. Sometimes meeting in person can be difficult. Online groups can provide support when meeting in person is not possible.

National Peer Phone Support / Help Lines

National Kidney Foundation (NKF) Patient Help Line

(855) NKF-CARES | (855-653-2273)

NKFcares@kidney.org

www.kidney.org

National Kidney Foundation (NKF) Peers Lending Support

(855) NKF-PEER | (855-653-7337)

www.kidney.org/patients/peers

Renal Support Network

(800) 579-1970

Phone support for kidney patients by kidney patients

www.rsnhope.org

For more information or to file a grievance, please contact:

ESRD Network 10
911 E. 86th St., Ste. 30
Indianapolis, IN 46240
Toll-Free: 800-456-6919

ESRD Network 12
2300 Main St., Ste. 900
Kansas City, MO 64108
Toll-Free: 800-444-9965



esrd.qsource.org

Online/Phone Peer Support Group Meetings

Dialysis Patient Citizen (DPC) Support Group by Telephone

Meets: 2nd Tuesday of the month

Time: 1:00 pm CT

Call In: (866) 230-9002 | **Meeting Code:** 420 835 078#

RSVP for Reminder: <https://www.dpcedcenter.org/resources/dpc-kidney-chat/>

Renal Support Network (RSN) Monthly Online Support

Renal Support Network (RSN) offers online supports groups, including exercise and diet tips.

Sign up at: <https://www.rsnhope.org/rsn-events/rsn-zoom-room-meetings/>

Facebook Groups

Chronic Kidney Disease Support Group

<http://www.facebook.com/groups/CKDSupport>

Dialysis Uncensored

<http://www.facebook.com/groups/DialysisUncensored>

Home Dialysis Central

<http://www.facebook.com/groups/HomeDialysisCentral>

I Hate Dialysis

<http://www.facebook.com/groups/IHateDialysis>

Kidney Disease, Dialysis, and Transplant

<http://www.facebook.com/groups/2229039880>

Kidney Disease and Diet Ideas and Help

<http://www.facebook.com/groups/kidneyhelp>

Kidney Warriors: Men's Support

<http://www.facebook.com/groups/kidney.warriors.mens.support>

Peer-to-Peer Support for the Chronically Ill & Family and Friends

<http://www.facebook.com/groups/Peer2Peer>

Peritoneal Dialysis Support Group

<http://www.facebook.com/groups/peritonealdialysissupportgroup>

S.T.R.I.V.E. Kidney: Support Dialysis Transplant, Patients, Family, Friends

<http://www.facebook.com/groups/1922819084599979>

Woman's Renal Failure Support Group

<http://www.facebook.com/groups/2229039880>

Kidney Disease and Diet Ideas and Help

<http://www.facebook.com/groups/kidneyhelp>

The Solace Alliance-Supporting Caregivers Group

www.facebook.com/groups/solacealliance

Note: The groups listed were recommended by Network Patient Advisory Council members. Qsource is not responsible for the content of any of the Facebook groups listed. You must be signed into Facebook or create an account to connect with groups.