

# Patient Health Questionnaire (PHQ) 2

Over the past 2 weeks, how often have you been bothered by any of the following problems?

Write the number according to your answer in the blank box. Tally all answers for your final score.

**1. Little interest or pleasure in doing things**

(0) Not at all

(1) Several days

(2) More than half the days

(3) Nearly day

**2. Feeling down, depressed, or hopeless**

(0) Not at all

(1) Several days

(2) More than half the days

(3) Nearly day

**Score**

A score of 3 or higher on the PHQ-2 indicates the need to administer the PHQ-9.