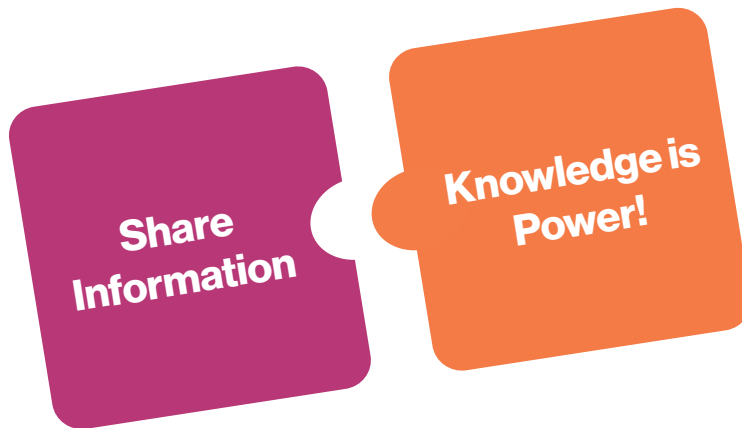


# Peers in Action Bulletin Board Kit

## How to use your Bulletin Board Kit

1. Review the information included in this kit, and print these informational resources to display next to your board ([Peers in Action flyer](#) and Peers in action brochure in [English](#) and [Spanish](#)).
2. Print these pages and cut out the shapes.
3. Ask one or more patients to help you create your bulletin board.
4. Use the blank puzzle pieces to write down your own ideas.
5. Put your bulletin board up in an area where everyone can see it.
6. Take a picture and send it to the Network at: [Qsource-Peers@qsource.org](mailto:Qsource-Peers@qsource.org).



[esrd.qsource.org](http://esrd.qsource.org)

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**I want to help, but I don't know how.**



**You can sign up for Peers in Action!**



**Being a Peer in Action for your facility is a great opportunity to learn and support other patients! Facilities can have more than one Peer. Peers in Action can help their facility in many ways.**

**+**  
**Provide support for other patients who need someone to talk to**

**+**  
**Share patient resources and newsletters from the Network**

**+**  
**Join ESRD Network calls with the Centers for Medicare and Medicaid (CMS)**

**+**  
**Assist with setting up lobby days, or help create informational bulletin boards**

**+**  
**Anything that uplifts the spirits of patients and staff**

**Share Information**

**Knowledge is Power!**

**Collaborate With Facility Staff**

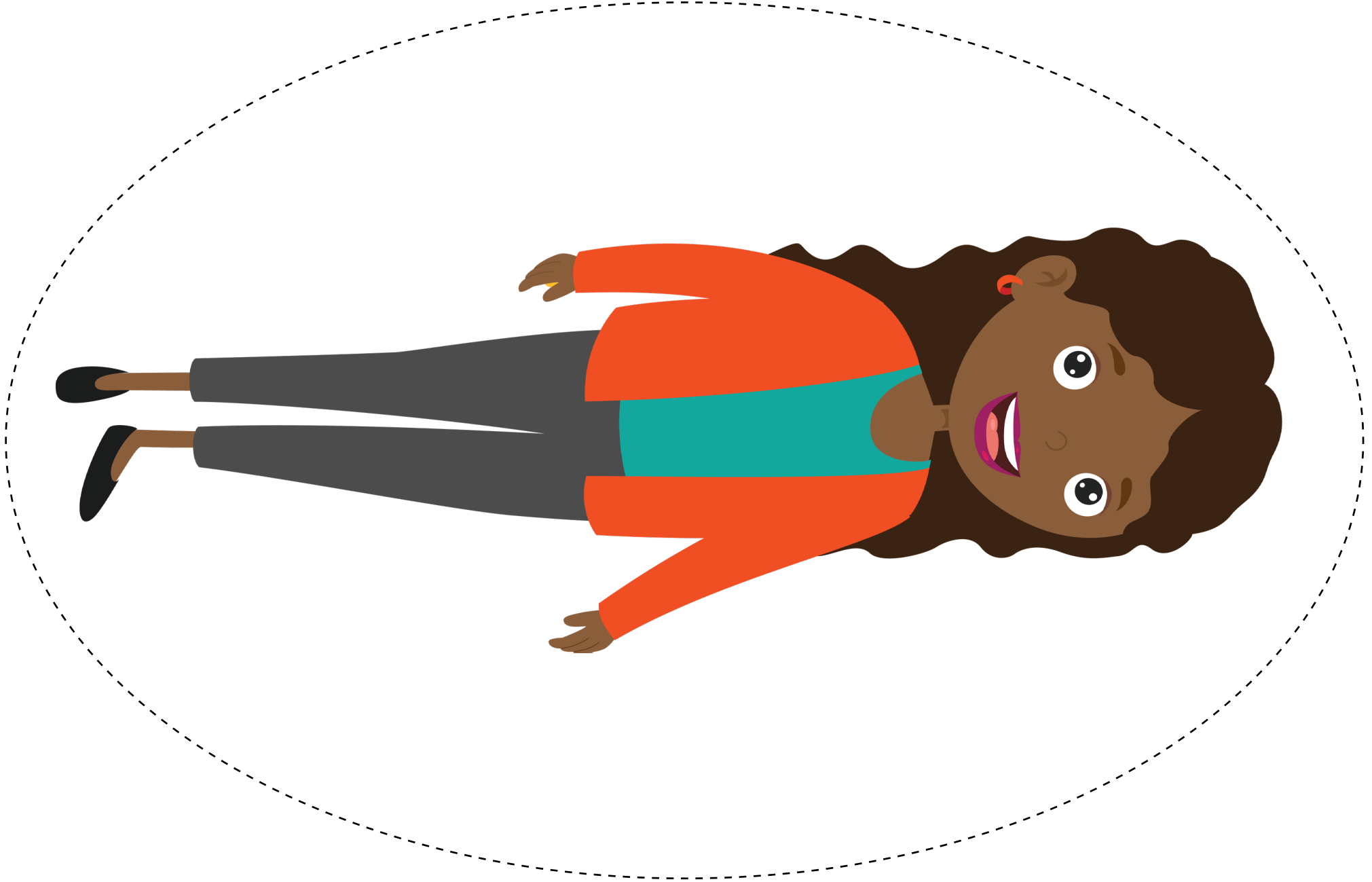
**Strength in Numbers!**

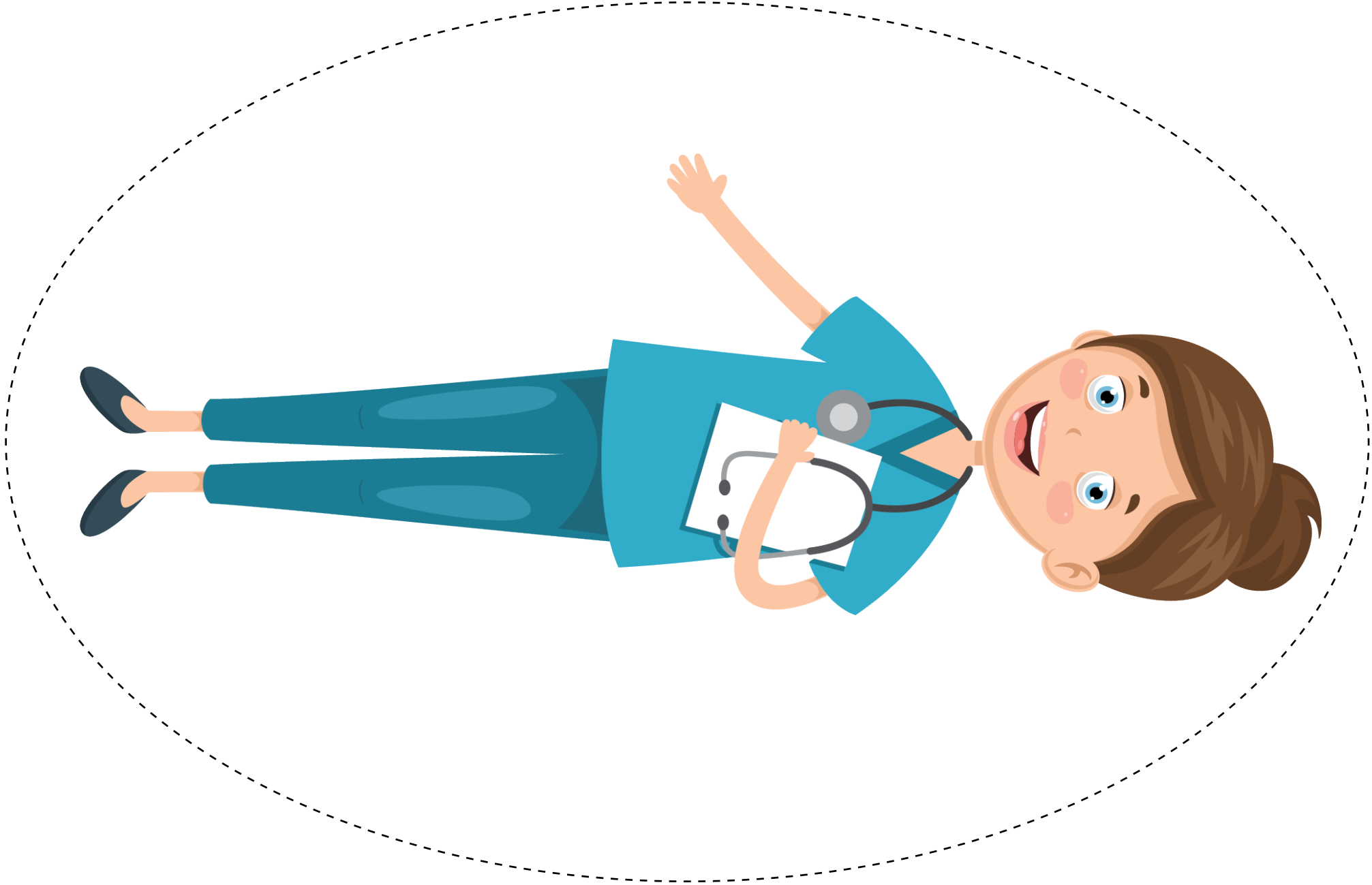
**Advocate for Other Patients**

**Be a Voice in Your Community!**



**Scan this QR Code to get more information on the Peers in Action Program and learn how to join a call.**







**I want to help, but  
I don't know how.**



**You can sign up for  
Peers in Action!**

**Being a Peer in Action for your facility is a great opportunity to learn and support other patients! Facilities can have more than one Peer. Peers in Action can help their facility in many ways.**



**Provide support for other patients who need someone to talk to**



**Share patient resources and newsletters from the Network**



**Join ESRD Network calls or calls with the Centers for Medicare and Medicaid Services (CMS)**



**Assist with setting up lobby days, or help create informational bulletin boards**



**Anything that uplifts the spirits of patients and staff**

**Collaborate  
With Facility  
Staff**

**Strength in  
Numbers!**

**Be a Voice  
in Your  
Community!**

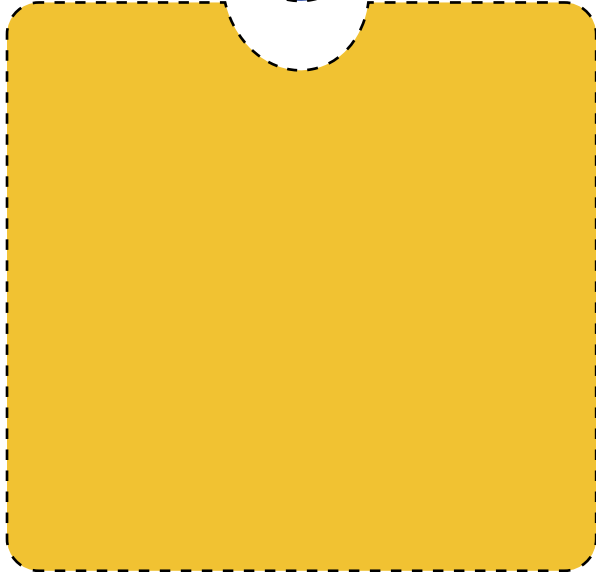
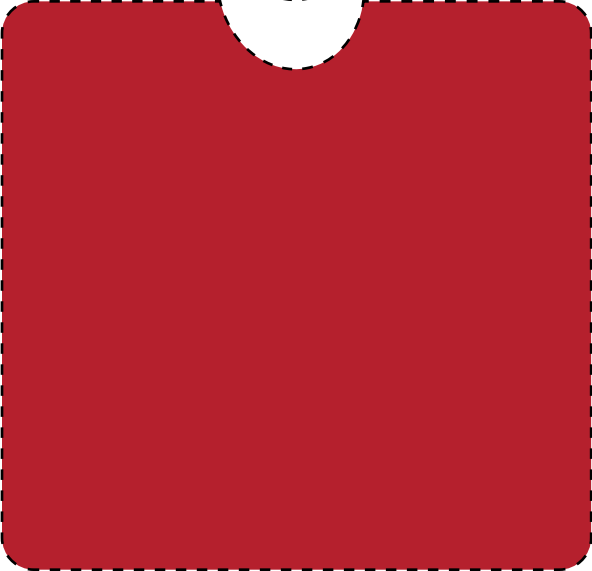
**Share  
Information**

**Knowledge is  
Power!**

**Advocate for  
Other Patients**



Use the blank puzzle pieces to fill in your own benefits of joining the Peers in Action program.





**Scan this QR Code to get more information on the Peers in Action Program and learn how to join a call.**

For more information or to file a grievance, please contact:

ESRD Network 10  
911 E. 86th St., Ste. 30  
Indianapolis, IN 46240  
Toll-Free: 800-456-6919

ESRD Network 12  
2300 Main St., Ste. 900  
Kansas City, MO 64108  
Toll-Free: 800-444-9965



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