

PHQ-2

Over the past 2 weeks, how often have you been bothered by any of the following problems?

(Write the number according to your answer in the blank box. Tally all answers for your final score.)

1. Little interest or pleasure in doing things

- (0) Not at all
- (1) Several days
- (2) More than half the days
- (3) Nearly every day

2. Feeling down, depressed or hopeless

- (0) Not at all
- (1) Several days
- (2) More than half the days
- (3) Nearly every day

Score

A score of 3 or higher on the PHQ-2 indicates the need to administer the PHQ-9.