

# Potassium Protocol Example

## Physician Orders

Written		Noted by Nurse <sup>†</sup>	Dialysis Potassium Protocol			
Date	Hour		Potassium Lab Values	<3.5	3.5-5.5	>5.5
			<b>1K Bath</b>	<ul style="list-style-type: none"> <li>RD Visit</li> <li>Increase to 2K</li> <li>Recheck K+ in 1 week</li> </ul>	<ul style="list-style-type: none"> <li>I-STAT every treatment</li> <li>Labs checked x2 weeks</li> <li>If WNL, back to 2K+ bath</li> </ul>	<ul style="list-style-type: none"> <li>RD visit</li> <li>Recheck K+ in 1 week</li> <li>If persists, notify physician</li> </ul>
			<b>2K Standard Bath</b>	<ul style="list-style-type: none"> <li>RD Visit</li> <li>Increase to 3K+</li> <li>Recheck K+ in 1 week</li> </ul>	<b>OPTIMAL</b> Continue to monitor	<ul style="list-style-type: none"> <li>RD visit</li> <li>Recheck K+ in 1 week</li> <li>If &gt;6.5, decrease to 1K</li> <li>Recheck K+ in 1 week</li> </ul>
			<b>3K Bath</b>	<ul style="list-style-type: none"> <li>RD visit</li> <li>Recheck K+ in 1 week</li> </ul>	Labs checked bi-monthly	<ul style="list-style-type: none"> <li>RD Visit</li> <li>Decrease to 2K</li> <li>Recheck K+ in 1 week.</li> </ul>

<sup>†</sup>Dispensing under nonproprietary name permissible unless initialed in this column for each medication ordered.

\*Dietitians to assess the need for potassium binding medication during their RD Visit, then RD or RN notify physician for order.

\*Special baths are used only in rare circumstances and should be monitored under close supervision of the physician who will order labs and change the bath as soon as it is possible.

Additional Order Instruction:

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Physician Signature

Date/Time