

Topic of the Month

Prevention Saves Lives

Step 1: Plan

Review the following Network and community resources to plan an activity to help patients learn more about strategies to prevent infections.

Network Resources

- [My Kidney Kit](#) - All pages are available in English and Spanish.
- Highlighted MKK pages include:
 - [My Life: Vaccines](#)
 - [My Treatment: How do I stay Infection Free?](#)



- [Blood Stream Infection Bulletin Board Kit](#)
- Infection Prevention Campaign Pledge Forms: Engage staff and patients to work together to prevent infections by completing pledges committing to doing their part to protect everyone. [Staff Pledge](#) and Patient Pledge ([English/Spanish](#))
- [Infection Prevention Lobby Day Idea Sheet](#) and [Lobby Day Checklist](#) - includes ideas to include in a lobby day or bulletin board to create a patient engagement activity promoting infection prevention.
- [Hand Hygiene Tips for Patients](#) (patient poster)



ESRD NCC Resources:



- [Be Prepared: Safe Hemodialysis Treatment Checklist](#) (patient and staff handout) is a simple checklist that can help patients have a safe hemodialysis treatment.
- [Clean Hands Count](#) – CDC's hand hygiene campaign materials adapted for dialysis including posters, flyers, brochures and badges.
- [Know the Facts About Infection](#) – (patient brochure)

Centers for Disease Control and Prevention (CDC) Resources

COVID-19 Community Resources

- [Coronavirus Disease 2019 \(COVID-19\)](#) information is available on the CDC website including ways to [protect yourself](#) from the virus, [daily life and coping](#), [what to do if you are sick](#) as well as [information for people at higher risk](#).
- [Get Your Home Ready – 5 page household checklist](#)
- [COVID-19 Community Resources](#) webpage includes handouts and posters in several languages available to download including:



What to Do if You Are Sick
[English/Spanish](#)



Stop the Spread of Germs (poster)
8.5x11 [English/Spanish](#)
11x17 [English/Spanish](#)



Share Facts About COVID-19
[English/Spanish](#)



Symptoms of Coronavirus Disease 2019 (poster) [English/Spanish](#)



10 Ways to Manage Respiratory Symptoms at Home
[English/Spanish](#)



Wash Your Hands (poster) 11x17
[English/Spanish](#)

Dialysis Safety Tools and Resources

- [Dialysis Safety Tools and Resources](#) website provides guidelines and tools to prevent infections in the dialysis clinic, including:
 - [Audit Tools and Checklists](#) including Hand Hygiene Audit tools for patients to complete
 - [Conversation Starter to Prevent Infections in Dialysis Patients](#). (patient handout)
 - [Speak Up: Making Dialysis Safer for Patients Video](#)

Vaccination Resources

- [Adult Vaccination Resources](#) includes patient handouts, posters and videos to download and share about the importance of getting vaccinated.
 - [Guidelines for Vaccinating Kidney Dialysis Patients and Patients with Chronic Kidney Disease](#) provides a summary of the Advisory Committee on Immunization Practices for staff.
 - [Vaccination Information Statements](#) provides fact sheets on each type of vaccine recommended for dialysis patients including flu (influenza– TIV); Hepatitis B and pneumonia.

Step 2: Act

Go For It! Team with your staff and Facility Peer Representative (FPR) to complete a patient engagement activity.

- Talk with your FPR to discuss ideas on what resources and activities they would like to see at the clinic to educate patients on infection prevention.
- Create a bulletin board:
 - Using the [bulletin board kit](#) to do their part to blast out bugs; or
 - To share information on COVID-19; or
 - To share hand hygiene tips.
- Educate patients and staff by sharing the My Kidney Kit pages. Use the [Change Plan Worksheet](#) to document any patient goals.
- Encourage all patients and staff to sign the Infection Prevention Pledge then post them in an area where both patients and staff can see them.
- Use the Clean Hands Count campaign materials to encourage hand hygiene.

Step 3: Share

Share what your clinic has done with the rest of the Network!

- Ask your FPR for their feedback and encourage them to attend the next [FPR Connection Call](#) (the third Wednesday and Thursday every other month starting Feb. 2020 at 2 pm CT) to share with others!
- Be sure to share your patient engagement activity with the Network. You can send your activities and photos to our [Patient Services Department](#).

Three Levels of Patient Engagement



Level 3: Laws and Policy

“Consumers are involved in the decisions that communities make about policies, law and regulations in public health and health care.”

Level 2: Organization Design and Governance

“Providers reach out for patient input to ensure they will be responsive to patients’ needs.”

Level 1: Direct Patient Care

“Patients get information and answer questions about their preferences to help inform their treatment decisions.”

For more information or to file a grievance, please contact:

ESRD Network 10 (IL)

911 E. 86th St., Suite 202 | Indianapolis, IN 46240

Toll Free Patient Line (800) 456-6919 | ESRDNetwork10@qsource.org

This resource was developed while under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Contract #HHSM-500-2016-00012C. The contents presented do not necessarily reflect CMS policy.
20.Q-ESRD10.04.022



Qsource.
ESRD Network 10

qsource.org | ESRDNetwork10.org