

# Domestic Lean Goddess

## Quality Improvement Video Series



Are you interested in quality improvement or looking for tools to teach quality improvement? Watch these creative videos as they teach quality improvement by applying methods to everyday scenarios.

### The 5 S's of Quality Improvement

**Watch the video here:** <http://www.youtube.com/watch?v=t8Sab61Ok80>

Discover how applying the 5 S's (Sort, Straighten, Shine, Standardize, and Sustain) can improve any work space. Follow along as the Domestic Lean Goddess coaches a husband in distress on how to make improvements in his meal planning process in the kitchen. Through this practical example of how the 5 S's can help you become more efficient and effective, we encourage you to apply this technique in other work spaces in your life to realize significant improvement.

### Eliminating the 7 Wastes (Muda)

**Watch the video here:** <http://www.youtube.com/watch?v=JkXUqxO0FEA>

Watch this video as a fun exploration on how to analyze and eliminate the 7 Wastes in any process improvement effort to begin a Lean movement. In this session, the Domestic Lean Goddess helps a mother get lean by eliminating waste (Muda) and making her laundry days more efficient.

### Plan Do Study Act (PDSA)

**Watch the video here:** [http://www.youtube.com/watch?v=jsp-19o\\_5vU](http://www.youtube.com/watch?v=jsp-19o_5vU)

The use of the tried & true quality improvement method PDSA (Plan-Do-Study-Act) is applied to getting kids to school on time. This quality improvement video is a tale of the Domestic Lean Goddess who intervenes to help a desperate mom, of two, get her kids to school on time. This illustrates a practical and playful example of real-world application of the PDSA quality improvement tool.