

Questions to Ask About

Physical Therapy

Ask your care team about physical therapy, whether you might benefit and how it fits with your overall treatment plan. Here are some questions that may help:

- Does the therapist commonly treat my condition?
- What specific type of physical therapy will be provided for my condition?
- How is physical therapy going to help me?
- How many times a week must I go to get results?
- How long is each visit?
- When can I expect to see results from physical therapy?
- Who will I see at each visit?
- What will they expect from me?
- What level of discomfort or pain can I expect during each physical therapy session?
- How can I build on my progress once physical therapy is completed?
- Do they accept my insurance?

For more information or to file a grievance, please contact

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