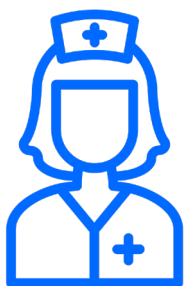


Sepsis Change Package

Sepsis is a life-threatening inflammatory response to severe bacterial infections, with a mortality rate of 40-60%, particularly high among the elderly. The Indiana Hospital Association reported that over 4,400 Hoosiers died from sepsis in 2020, with numbers rising during the COVID-19 pandemic. Nationally, the Centers for Disease Control and Prevention (CDC) notes that at least 1.7 million American adults develop sepsis each year, often with underlying medical conditions such as chronic lung disease or weakened immune systems.

The CDC emphasizes the importance of quick recognition and treatment of sepsis, similar to heart attacks and strokes, to improve survival rates. The Sepsis Change Package aims to provide resources to promote best practices by staff, residents, and families. Qsource offers assistance in providing necessary education and reviewing current procedures to enhance sepsis programs.

Sepsis Staff Resources



- [Sepsis SBAR Resource](#)
- [Act Fast - Sepsis: Stop and Watch](#)
- [Tracking Tool for Hospital Admissions](#)
- [Oral Care in Nursing Homes](#)
- [Handwashing Step-By-Step Guide](#)
- [Resident Handwashing Competency](#)
- [Hand Hygiene Skills Checklist](#)
- [Hand Hygiene with Hand Sanitizer Audit Tool](#)
- [Hand Hygiene Competency Handout](#)
- [Head-to-Toe Pocket Guide](#)
- [Acute Transfer Log](#)
- [Nursing Home Sepsis Gap Analysis](#)

Resident and Family Resources



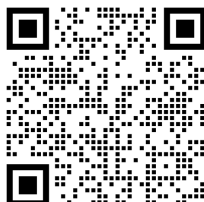
- [What is Sepsis?](#)
- [Sepsis Fact Sheet](#)
- [Life After Sepsis](#)
- [Signs of Infection and Sepsis at Home](#)
- [Sepsis Word Search](#)

Qsource Video Resources

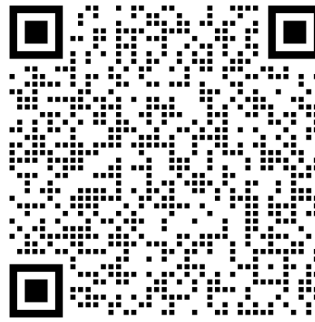


- [Signs of Infection - Sepsis](#)
- [Head-to-Toe Assessment Documentation](#)
- [Hand Hygiene Procedure](#)
- [Qsource Sepsis Webinar](#)

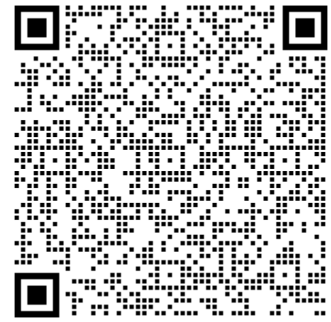
Scan the QR code to access our resource library:



Scan the code and download the Qsource App!



Apple App Store



Google Play Store

Viven Health

Qsource has partnered with Viven Health to provide every skilled nursing facility in the State of Indiana a free short, interactive, and fun program to learn how to prevent sepsis. This educational program is designed for all staff.

Click [here](#) to register for this **FREE** program.



State and National Sepsis-Related Websites and Resources

- [CDC Sepsis](#)
- [Indiana Department of Health \(IDOH\) Health | Infectious Disease Epidemiology & Prevention Division: Sepsis](#)
- [Indiana Hospital Association \(IHA\) Sepsis Toolkit](#)
- [Sepsis Alliance](#)
- [Sepsis Alliance Institute](#)
- [World Health Organization \(WHO\) - Sepsis](#)



qio.qsource.org

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