

SBAR for Sepsis

Situation

- My name is _____
- I'm calling from _____
- I need to speak with you about resident, Mr. or Mrs. _____
- This resident is showing signs and symptoms of infection and sepsis.

Background

- The resident was admitted on _____ (date) with the diagnosis of _____ (original condition).
- The resident is now showing these signs of possible infection _____ (describe the signs and potential source of infection).
- This started on _____ (date).
- The resident is allergic to _____
- The resident's advance care directive is _____

Assessment (describe key findings)

- My assessment of the situation is that the resident may be experiencing a new or worsening infection. Here are my findings.
 - Current vital signs
BP _____ HR _____ RR _____
Temp _____
 - SpO2 _____ (on room air or supplemental O2)
 - The resident has voided times in the last 8 hours.
 - Mental status is (changed OR unchanged) from baseline:
 - Other physical assessment findings that are related to possible infection or sepsis (e.g., lung sounds, wound assessment): _____

Recommendation

- I am concerned that this resident may have sepsis.
 - Would you like to order a serum lactate, blood culture, and basic metabolic panel?
 - How soon can you see this resident?
- If the resident is hypotensive, should I start an IV and give a fluid bolus?
- The physician should confirm, clarify and request additional information and then work with the nurse to take appropriate action with this resident.

Before calling the physician, NP, PA or other health care professional:

Evaluate the resident and complete this form.

- Check vital signs; be alert for the early sepsis warning signs.
- Review the patient/resident record: recent hospitalizations, lab values, medications, and progress notes.
- Note any allergies.
- Be aware of the patient's/resident's advance care wishes.

Sepsis Early Warning Signs

Report any of these findings:

- Temperature ≥ 38.3 C (101 F) or ≤ 36 C (96.8 F) Heart rate ≥ 90 bpm Respiratory rate ≥ 20 bpm
- White blood cell count $\geq 12,000$ μL^{-1} or $\leq 4,000$ μL^{-1}
- Altered mental status
- SpO2 $\leq 90\%$
- Decreased urine output
- From recently drawn labs (within 24 hours) Creatinine > 2 mg/dl Bilirubin > 2 mg/dl Platelet count $\leq 100,000$ μL Lactate ≥ 2 mmol/L Coagulopathy INR ≥ 1.5 or aPTT > 60 secs