

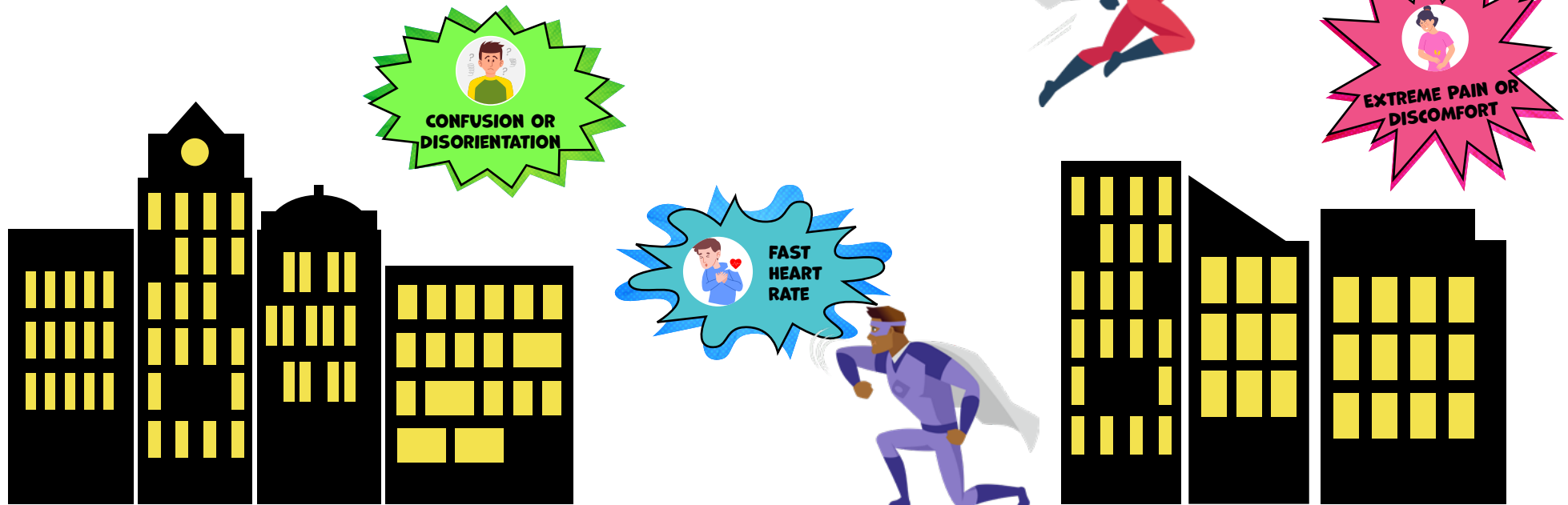
Bulletin Board Kit

Be a Sepsis **SUPERHERO!**



How to use your Bulletin Board Kit

1. Review the information included in this kit.
2. Print these pages and cut out the shapes.
3. Use the blank shapes to write down your own tips.
4. Use construction or craft paper to create buildings.
5. Ask one or more patients to help you create your bulletin board.
6. Put your bulletin board up in an area where everyone can see it.
7. Take a picture and send it to the Network at: Qsource-Peers@qsource.org.



For more information or to file a grievance, please contact:

ESRD Network 10 | 911 E. 86th St., Ste. 30 | Indianapolis, IN 46240 | Toll-Free: 800-456-6919

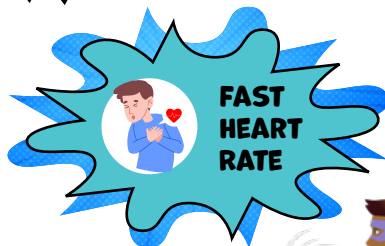
ESRD Network 12 | 2300 Main St., Ste. 900 | Kansas City, MO 64108 | Toll-Free: 800-444-9965

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esrd.qsource.org

BE A SEPSIS SUPERHERO!

LEARN THE WARNING SIGNS



Cut out the title below or use poster letters to create the title on your bulletin board.

BE A SEPSIS SUPERHERO! LEARN THE WARNING SIGNS

A circular inset illustration of a person with long dark hair, wearing a blue jacket and a teal scarf, looking unwell with a worried expression.

**SHAKING
OR CHILLS**

A circular inset illustration of a person with short dark hair, wearing a red tank top and blue pants, looking distressed with sweat droplets on their forehead and chest.

**WARM OR CLAMMY/
SWEATY SKIN**





**LOW BLOOD
PRESSURE**



**FAST
HEART
RATE**



**CONFUSION OR
DISORIENTATION**



**SEPSIS
RASH**

A circular inset within a large yellow starburst contains an illustration of a person with dark skin and curly hair. They are wearing a light blue headband and a teal shirt. A red thermometer is in their mouth, and a single drop of sweat is visible on their forehead.

FEVER OR HYPOTHERMIA

