

# SHOUT OUT for Kidney Health

## Home Heroes

A Home Hero is a home dialysis patient who is living well with kidney disease and shares their story to encourage others to consider home modalities. Meet some Home Heroes leading the way for others to live well with kidney disease. Click on the links for more information to share with your patients and others to bring awareness to kidney health.



Home Hero

### Jimmie Bates

Jimmie Bates lives in Dubuque, Iowa with his wife, Dawn. He began his journey with kidney disease in 2008. Jimmie deserves a **SHOUT OUT** for his advocacy efforts to promote home dialysis. He has been doing home hemodialysis since 2018. It has allowed him to do the things he enjoys– spending time with his family and motorcycle riding. He is a member of the ESRD Network 12 Patient Advisory Council (PAC) and has worked with his dialysis clinic and NxStage to promote home modalities. View this [video](#) posted by NxStage sharing Jimmie’s story. To see pictures of Jimmie’s and other patients' home set up click [here](#).



Home Hero

### Jeffrey Cauley

Jeffrey deserves a **SHOUT OUT** for Kidney Health because he is a rock star at home hemodialysis. Jeffrey’s journey with dialysis began in 1999 and he has been on home hemodialysis since 2005. He is a great example of someone who is living well with kidney disease and encourages others with his story. After COVID restrictions are lifted, his clinic has asked him to come and do a treatment at the in-center clinic so other patients can see him in action. Instead of waiting, Jeffrey recorded a video of himself doing his dialysis at home so the Network can share it out more broadly. Click [here](#) to see the video.



Home Hero

### Samuel Hayes

Samuel Hayes is a peritoneal dialysis patient from Champagne, IL who currently works full time and deserves a **SHOUT OUT**. Samuel credits his success to his family, especially his wife Shawn who has been by his side to support him in his journey. Samuel became a patient in 2018, he received his training and took it upon himself to become an advocate by sharing his story in the community, hoping to create awareness about the importance of self-care. Click [here](#) to hear Samuel speak about continuing to work while being a kidney patient.



## Monica Jemison

Monica Jemison chose peritoneal dialysis as her modality of choice until she received a kidney transplant. Monica chose home dialysis because it was the best decision for her and her family. She had two younger children at home, and an older son who had just become a father. Monica is a member of the ESRD Network 10 PAC and has also served on the National Patient and Family Engagement Learning and Action Network (NPFE-LAN) in both the Home Dialysis and Transplant Affinity Groups. [Click here](#) to listen to her podcast about home dialysis with the ESRD NCC NPFE LAN.



## Anja Schlagel

Anja lives in Overland Park, Kansas but is originally from Berlin, Germany. She was diagnosed in her mid-thirties and had been on peritoneal dialysis (PD) from December 2017 until she received a kidney transplant in 2019. Anja is on the Network 12 PAC, the Medical Review Board and volunteers for The American Association of Kidney Patients ([AAKP](#)). She deserves a **SHOUT OUT** for her passionate advocacy efforts and drive. She wants all patients to know their options and consider PD. PD allowed her to work full-time as a structural engineer while raising two children with her husband. To hear more about Anja's story of resolve and resilience, listen to her VIP Renal Review [Podcast](#).

Visit our websites to read more stories about patients living well with kidney disease.

[ESRDNetwork10.org](https://www.ESRDNetwork10.org) | [ESRDNetwork12.org](https://www.ESRDNetwork12.org)

For more information or to file a grievance, please contact:

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This resource was developed while under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Contract #HHSM-500-2016-00010C and HHSM-500-2016-00012C. The contents presented do not necessarily reflect CMS policy. 21.Q-ESRD.02.030a