

SHOUT OUT for Kidney Health Transplant Trailblazers

A *Transplant Trailblazer* is someone who has received a kidney transplant and is living well with kidney disease, and who shares their story to encourage others to consider transplant as a treatment option. Meet some Transplant Trailblazers leading the way for others to live well with kidney disease. Click on the links for more information to share with your patients and others to bring awareness to kidney health.



Transplant Trailblazer

Mike Ashley

Mike Ashley lives in Des Moines, Iowa, with his wife of seven years, Dawn. He has Polycystic Kidney Disease and had a kidney transplant in 2009 and recently returned to dialysis. He deserves a *Shout Out* for all his volunteer efforts with ESRD Network 12, and the National Kidney Foundation. As “The Kidney Man” he has traveled throughout the country giving his time and talents to promote kidney health and kidney transplant. He has inspired many to pursue kidney transplant and now has begun another search. Click [here](#) to read more about Mike’s journey and to see him in action watch this [video](#).



Transplant Trailblazer

Barbara Briggs

Barbara Briggs lives in Omaha, Nebraska and received her second kidney transplant in 2017. She deserves a *Shout Out* for her passionate advocacy efforts in her community and with ESRD Network 12 serving on the Patient Advisory Council and Medical Review Board. She shares her story with patients at her former dialysis center, members of her church and inspired her son to pursue a career helping with organ donation. Click [here](#) to read Barbara’s inspiring story of grace and resilience in the Heartland Headlines Patient Newsletter and watch a short [video](#) about how she’s staying strong through COVID-19.



Transplant Trailblazer

Mike Bronson

Mike Bronson lives in Tonganoxie, Kansas with his wife of 35 years and where he is the senior pastor for a Baptist church. He received a living donor transplant in 2009. He deserves a *Shout Out* for joining the Network Patient Advisory Council (PAC) in 2016 and volunteering his time and talents advocating on behalf of kidney patients. Mike has served on the ESRD Network 12 Medical Review Board, is now on the Board of Directors and is the PAC Chair. To hear more about Mike’s story of perseverance and hope, listen to and share the VIP Renal Review Podcast [recording](#).



Transplant Trailblazer

Jim McFarlin

Jim McFarlin is a former Peritoneal Dialysis (PD) patient, now living with a transplanted kidney since November 2011. He is an author and journalist, former standup comedian, and wedding officiant! In his spare time, Jim serves on the ESRD Network 10 Patient Advisory Council and Board of Directors, providing insight on the patient voice in Network activities and offering ideas and feedback on Network resources and interventions to benefit our kidney community. Jim recently interviewed with Gift of Hope Organ and Tissue Donor Network to talk about his transplanted kidney. [Check out Jim's amazing story here.](#)



Transplant Trailblazer

Clarissa Zetina

When Clarissa was 21 years old she was diagnosed with end-stage renal disease after falling into a 7-day coma. For 15 years, she did in-center hemodialysis until she received a kidney transplant. This 20-year journey has not been easy, but she is grateful for all it has taught her. Volunteering and advocating for herself and others provides strength and encouragement to many including herself. "We are our best advocates. Our stories of fight and survival are filled of hope and resilience". [Click here](#) to listen to Clarissa speak about Working While on Dialysis.

Visit our websites to read more stories about patients living well with kidney disease.

esrd.qsource.org

For more information or to file a grievance, please contact:

ESRD Network 10 (IL)

911 E. 86th St., Suite 30 | Indianapolis, IN 46240

Toll Free Patient Line (800) 456-6919

ESRDNetwork10@qsource.org

ESRD Network 12 (IA, KS, MO, NE)

2300 Main St., Suite 900 | Kansas City, MO 64108

Toll Free Patient Line (800) 444-9965

ESRDNetwork12@qsource.org



esrd.qsource.org

This resource was developed while under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Contract #HHSM-500-2016-00010C and HHSM-500-2016-00012C. The contents presented do not necessarily reflect CMS policy. 21-Q-ESRD.02.030