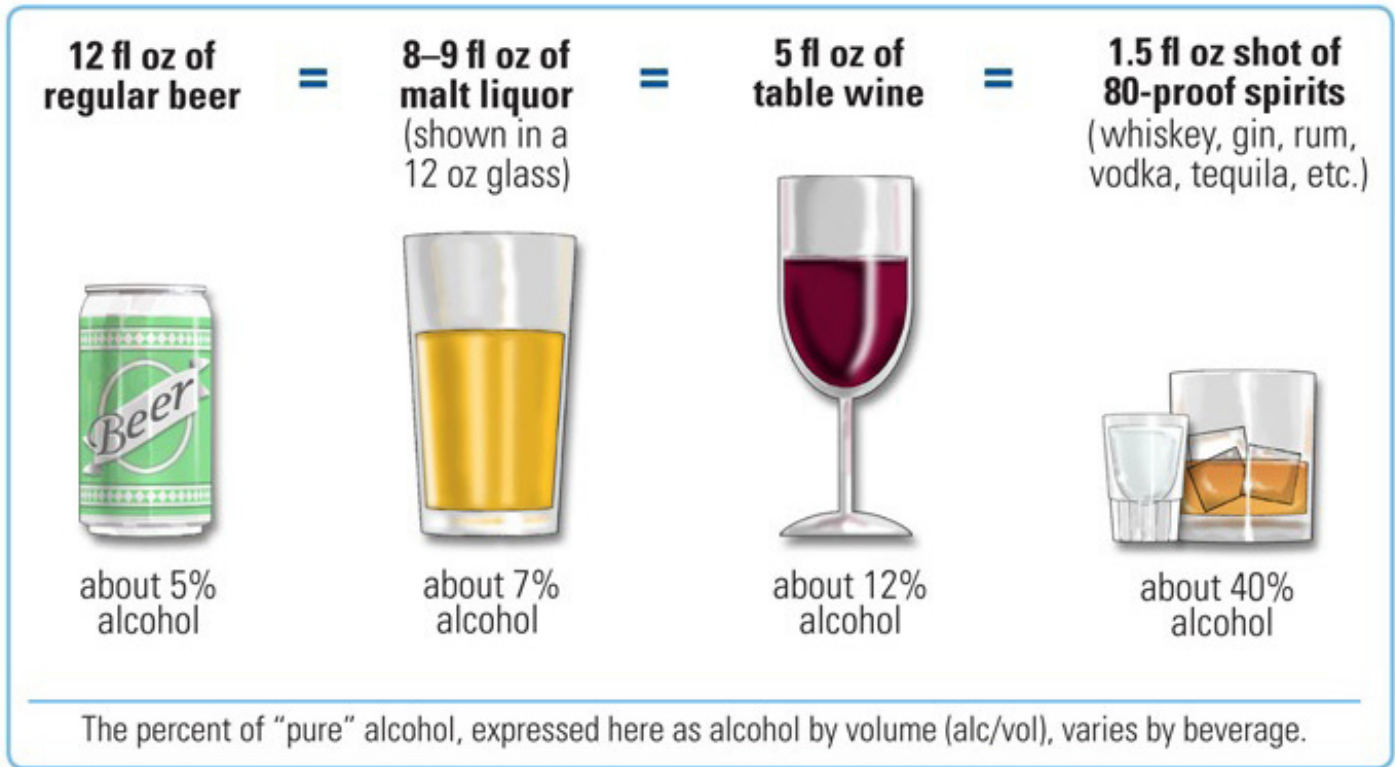


What is a Standard Drink?



Standard Drink Conversion Chart

Beer ~5% alcohol	Malt Liquor ~7% alcohol	Wine ~12% alcohol	Liquor ~40% alcohol
12 oz. = 1	12 oz. = 1 1/2	5 oz. = 1	1.5 oz shot = 1
16 oz. = 1 1/3	16 oz. = 2	750 ml bottle = 5	Mixed drink = 1+
22 oz. = 2	22 oz. = 2 1/2		Pint = 11
40 oz. = 3 1/3	40 oz. = 4 1/2		Fifth = 17

Low-Risk Drinking Limits

	Drinks Per Week	Drinks Per Day
Men	14	4
Women	7	3
All Ages >65	7	3
Pregnancy	0	0

Women: How many times in the past 12 months have you had 4 or more drinks in a day?

Men: How many times in the past 12 months have you had 5 or more drinks in a day?
