

# Talk Transplant: Myths vs. Facts

Are you considering a transplant? Do you know the facts? Talk to your care team to learn more about transplant as a treatment option. You can also contact a transplant center near you with any other questions you have.

Myth	Fact
A kidney transplant is a cure for kidney failure.	Transplant is another treatment for kidney failure. After getting a transplant you will still need to take care of yourself and take medicine in order to keep your new kidney. It is not a cure.
You can't get a transplant if you're over the age of 60.	Your overall health is more important than your age. People over age 75 have gotten transplants. The transplant team will let you know if you are suitable for transplant.
You have to be on dialysis to see if you can get a transplant.	Once your GFR (glomerular filtration rate—the test used to check how well your kidneys are working) is less than 20, you can start the process to see if you are suitable for transplant. It is possible to get a transplant before ever having to start dialysis.
Since I am on dialysis, I am automatically on the transplant waitlist.	You must get evaluated and accepted by a transplant center to be on the waitlist. The transplant center will let you know if you are on the list by a phone call and/or mailing a letter to your home. If you are unsure if you are on the list, contact the transplant center.
If I am denied by one transplant center, I will not be able to get on the list at any other center.	Each transplant center has their own guidelines used to decide who is suitable for transplant. You can review the guidelines for each transplant center in your area and call them for more information.

For more information or to file a grievance, please contact:

ESRD Network 10 | 911 E. 86th St., Ste. 30 | Indianapolis, IN 46240 | Toll-Free: 800-456-6919  
ESRD Network 12 | 2300 Main St., Ste. 900 | Kansas City, MO 64108 | Toll-Free: 800-444-9965

[esrd.qsource.org](http://esrd.qsource.org)

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