

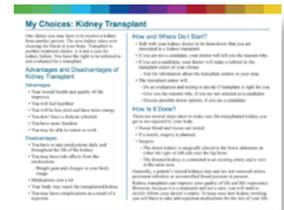
# Talk Transplant

## Step 1: Plan

Review the following Network and community resources to plan a patient engagement activity that explores transplant as a treatment option.

### Network Resources

- The My Kidney Kit (MKK) is available in the dialysis center and online at [esrd.qsource.org/patients/my-kidney-kit](http://esrd.qsource.org/patients/my-kidney-kit).
  - [Kidney Transplant](#)
  - [Talk Transplant- Getting Matched](#)

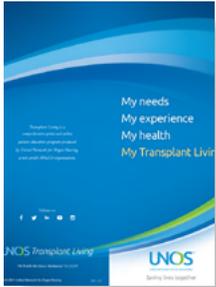


- Creative Engagement Tools:
  - [Bulletin Board Kit- Transplant](#). This resource was developed to provide a bulletin board display encouraging patients to consider kidney transplant.
  - [Kidney Transplant Lobby Day Ideas](#) and [Lobby Day Checklist](#). These tools have been developed to help clinic staff and Peers in Action to plan a lobby day focusing on transplant.
  - [SHOUT OUT for Kidney Health- Transplant Trailblazers](#) (handout) provides patient stories from kidney transplant recipients to encourage others to consider transplant.
  - [Patient Stories](#). Listen to real patients tell real stories about life with kidney disease.
- [Frequently Asked Questions- Living Donor Kidney Transplant](#) (handout) reviews questions and answers to common concerns related to living donation.
- [Getting Your Kidney Offer](#) ([videos/flyer](#)). This video series, done in partnership with Nebraska Medicine, offers four short webinars on the transplant process, including donor matching and high-risk kidneys.
- [Medicare, Kidney Transplant and Work](#). (staff handout) addresses patient questions regarding how a kidney transplant impacts Medicare and programs available to help coverage continue.
- [Ten Benefits of Kidney Transplant](#) (handout) reviews some of the top benefits to transplant as a treatment options.
- Transplant Work-Up tools:
  - [Transplant Work-Up Appointments Checklist](#) provides a tool to track the tests and procedures patients may be asked to complete the transplant work-up process.
  - [Topics of Discussion](#) (handout) provides topics to review with the transplant team during the work-up process.
  - Transplant Status Change Form ([Network 10/Network 12](#))- This tracking tool was developed to improve communication between dialysis clinics and transplant centers.

## Kidney Community Resources



- American Kidney Fund ([www.kidneyfund.org](http://www.kidneyfund.org)) website offers pre- and post-transplant information and patient testimonials on kidney transplant.
- American Society of Transplant Surgeons Educational Videos ([www.asts.org](http://www.asts.org))
  - “Living with Kidney Donation: What You Need to Know” ([English/Spanish](#))
  - “Kidney Transplantation: A Guide for Patients and their Families” ([English/Spanish](#))
- ESRD Network Coordinating Center ([www.esrdncc.org](http://www.esrdncc.org))
  - [KidneyTransplantHub.com](http://KidneyTransplantHub.com) is an online guide to resources to explore transplant as a treatment option.
  - Get the Facts: Kidney Transplantation ([English/Spanish](#) flyer)
  - [Motivational Patient Stories](#) (booklet)
  - Partnering Along the Road to Transplant ([English/Spanish](#) flyer)
  - [Transplant 101 Series](#) posted on the website includes several handouts in English and Spanish addressing the basics of kidney transplant process.
  - [Your Life, Your Choice](#)- Stories from Kidney Transplant Patients and Donors (booklet)
  - The [Kidney Transplant Change Package](#) supports dialysis facilities with increasing the number of patients referred to transplant.
- Forum of ESRD Network ([esrdnetworks.org](http://esrdnetworks.org)) “Is A Kidney Transplant Right for Me?” ([Toolkit/Video](#)) is a guide created by patients for patients considering a kidney transplant.
- iChooseKidney Risk Calculator ([ichoosekidney.emory.edu](http://ichoosekidney.emory.edu)) is a tool that educates patients about the risks of the available treatment options for kidney disease.
- [My Transplant Coach](#) is an interactive, online, video-based decision aid for patients with kidney failure available through [Explore Transplant](#).
- [National Kidney Foundation](#) website has online articles and downloadable resources covering the transplant basics, considering and preparing for transplant, living kidney donation, finding a living donor and life after transplant.
  - [The Big Ask, The Big Give](#) – Patient education in English and Spanish on starting a conversation about living kidney donation, whether you need a kidney or are considering donation.
- Organ Donation Resources:
  - American Society of Transplantation’s [Living Donor Toolkit](#) provides a guide for living donors, including financial resources available to assist in the donation process.
  - [Donate Life](#) website provides information on organ donation.
  - [National Living Donor Assistance Center \(NLDAC\)](#) works to reduce the financial disincentives to living organ donation. NLDAC [poster](#) and [English/Spanish](#) brochures.
  - [Organdonor.gov](http://Organdonor.gov) provides public information about organ donation and transplantation.
  - Kidney Donor Profile Index (KDPI) is used to match kidney donors and recipients. Learn more in these videos:
    - [The ESRD NCC](#)
    - [The Organ Procurement & Transplantation Network](#)



- United Network for Organ Sharing ([www.unos.org](http://www.unos.org)) manages the nation’s organ transplant system. UNOS provides a variety of patient resources:
  - The [Kidney Transplant Learning Center](http://Kidney Transplant Learning Center)—online national clearinghouse of public educational resources
  - Patient brochures can be downloaded and requested by calling the OPTN Patient Services line at 1-888-894-6361 or [patientservices@unos.org](mailto:patientservices@unos.org)
  - Transplant Living website ([transplantliving.org/brochure](http://transplantliving.org/brochure)) includes information to prepare before and after transplant, information on organ sharing, living donation and cost.

## Step 2: Take Action

Team up with your staff and PEERS in Action to complete a patient activity to engage patients in learning more about how to manage their treatment.

- Work with your PEERS in Action to discuss ideas on what resources and activities they would like to see at the clinic to educate patients on transplant.
- Create a bulletin board:
  - with the Transplant Train Bulletin Board kit to display the transplant process and benefits of transplant
  - debunking the myths about kidney transplant
  - about living donation
- Play the videos on the lobby and/or patient televisions.
- If your clinic has a tablet, use it to have patients complete the “My Transplant Coach” decision-aide online.
- Share Donate Life information with patients and family members.

## Step 3: Share

Share what your clinic has done with the rest of the Network!

- Encourage your PEERS in Action to attend the next PEERS in Action Connection Call to share with others!
- Take a photo of your activity and your clinic’s patient engagement activities and share with the Network at [qsource-peers@qsource.org](mailto:qsource-peers@qsource.org).

For more information or to file a grievance, please contact

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911 E. 86th St., Suite 30 | Indianapolis, In 46240  
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