

# **Transitions Champion Interview Checklist**

To be completed by Transitions Champion with each patient who has had a hospital admission or emergency room (ER) visit within 24–48 hours of return to dialysis facility.

Patient Name:	Hospitalization/ER Visit Date:
Transition Champion Name:	Interview Date:

Call patient and have them bring all medication bottles in for review at first dialysis treatment post discharge. Ensure RN is notified that a medication review is required on first treatment back to facility.

### **Points of Discussion:**

- a. Did you have any medications stopped or doses changed during hospitalization?
- b. Did you have any new prescriptions given to you by the hospital/ER?

## Talk with patient regarding follow-up visits.

### **Points of Discussion:**

- a. What are the appointments for and with whom? When are the appointments?
- b. If conflicts exist with your appointments and your dialysis schedule, either attempt to schedule your appointment around your dialysis or reschedule your dialysis around the time/day of appointment.
- c. Will you have any trouble getting to this appointment? Can a family member attend with you?

# Assess whether patient understands the reason for the hospitalization or ER visit.

### **Points of Discussion:**

- a. Do you understand why you were admitted or the signs that the condition is reoccurring or worsening?
- b. Who would you call if the condition worsens?
- c. What can we work on together to prevent another hospitalization or ER visit for this condition?

# Based on the information obtained from this interview, you may want to provide the patient with more tools and resources.

- 1. Provide a list of signs or symptoms to look for which signal condition is worsening.
- 2. Provide an updated medication list for them to take home.
- 3. Select a family member or close contact with permission to review items and assure follow-up appointment attendance.
- 4. Other education such as fluid management and potassium management may require other members of the interdisciplinary team (IDT) to assist.
- 5. Reinforce the rescheduling treatment process.
- Document Interview mark care plan as unstable, if needed; review with (Doctor, RD, SW, RN); schedule patient follow/up.

#### **Notes**

