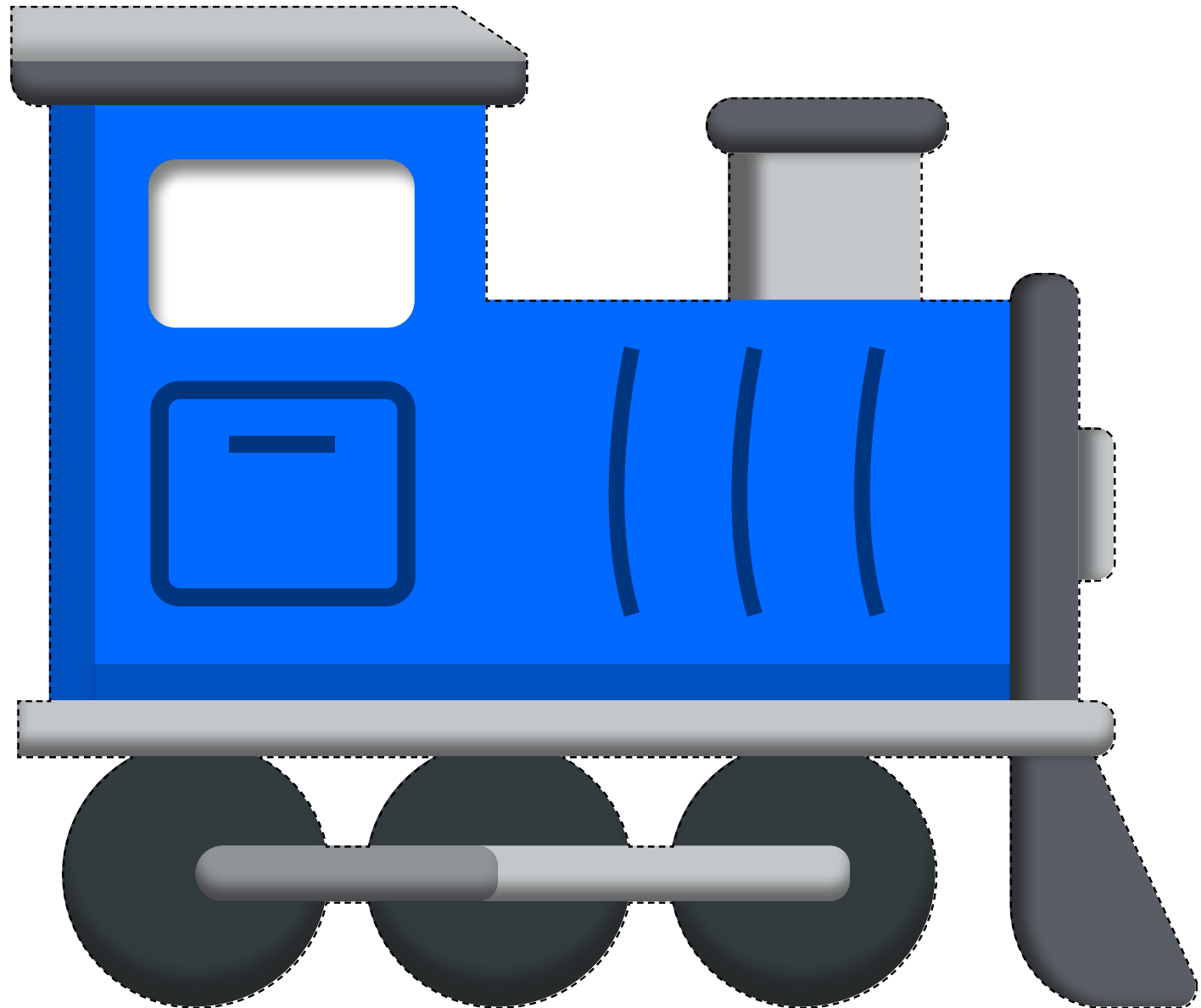


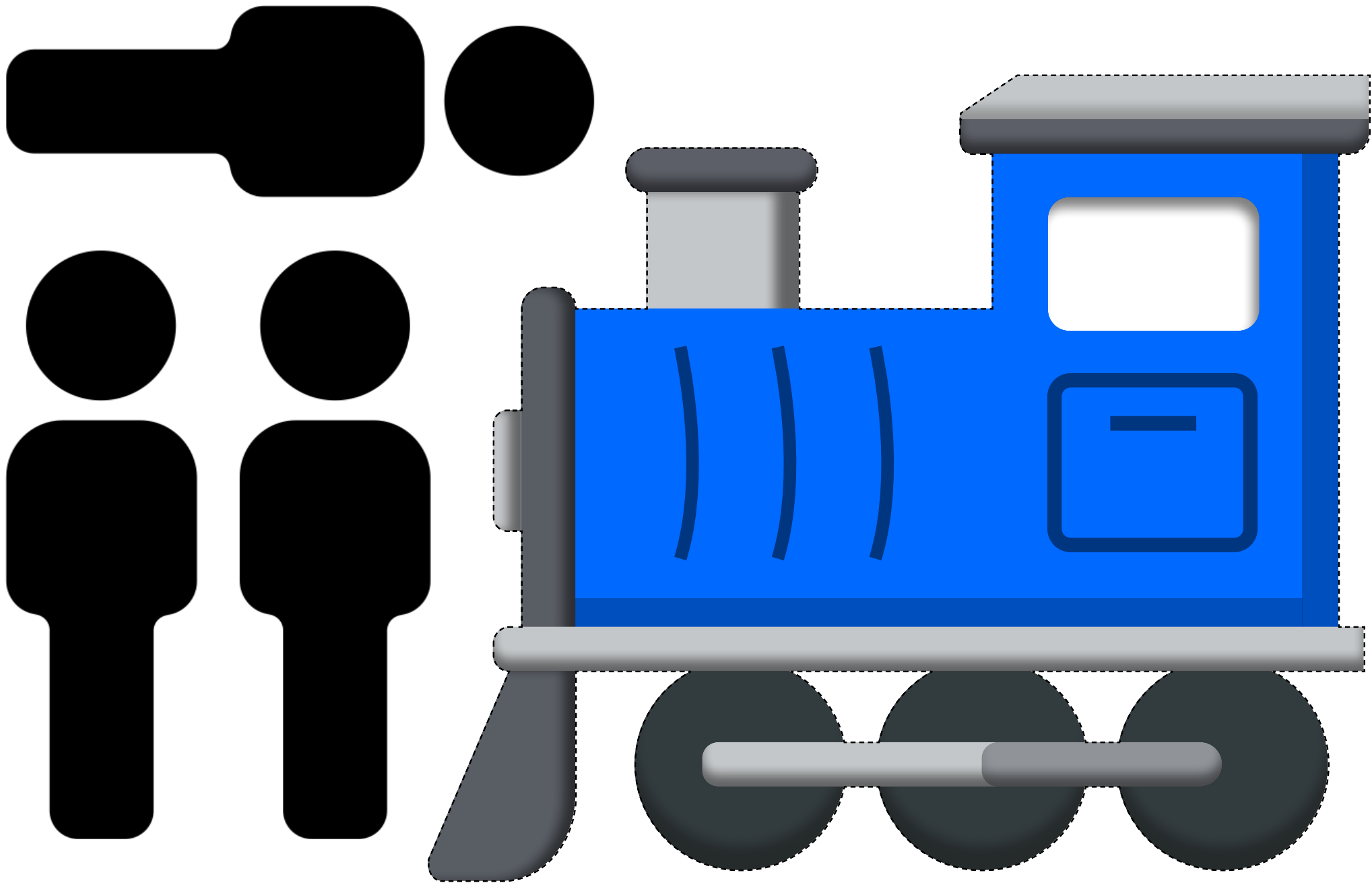
Bulletin Board Kit - Transplant

The ESRD Network's Patient Advisory Council developed materials for a Display/Bulletin Board for dialysis facilities. Use the following items to create your own bulletin board to engage your facility staff and patients in the Steps to Kidney Transplant.

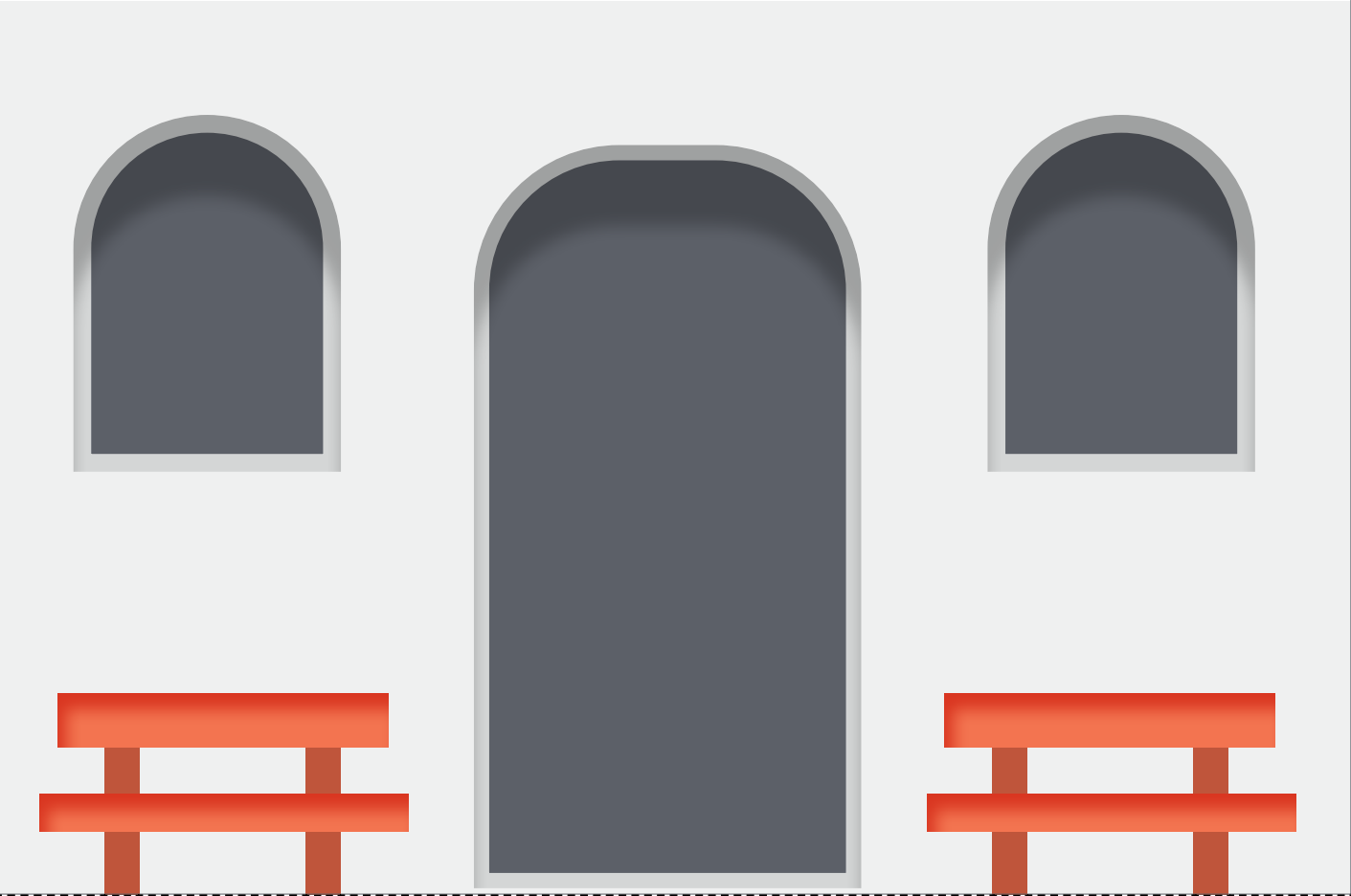
How to Use Your Bulletin Board Kit

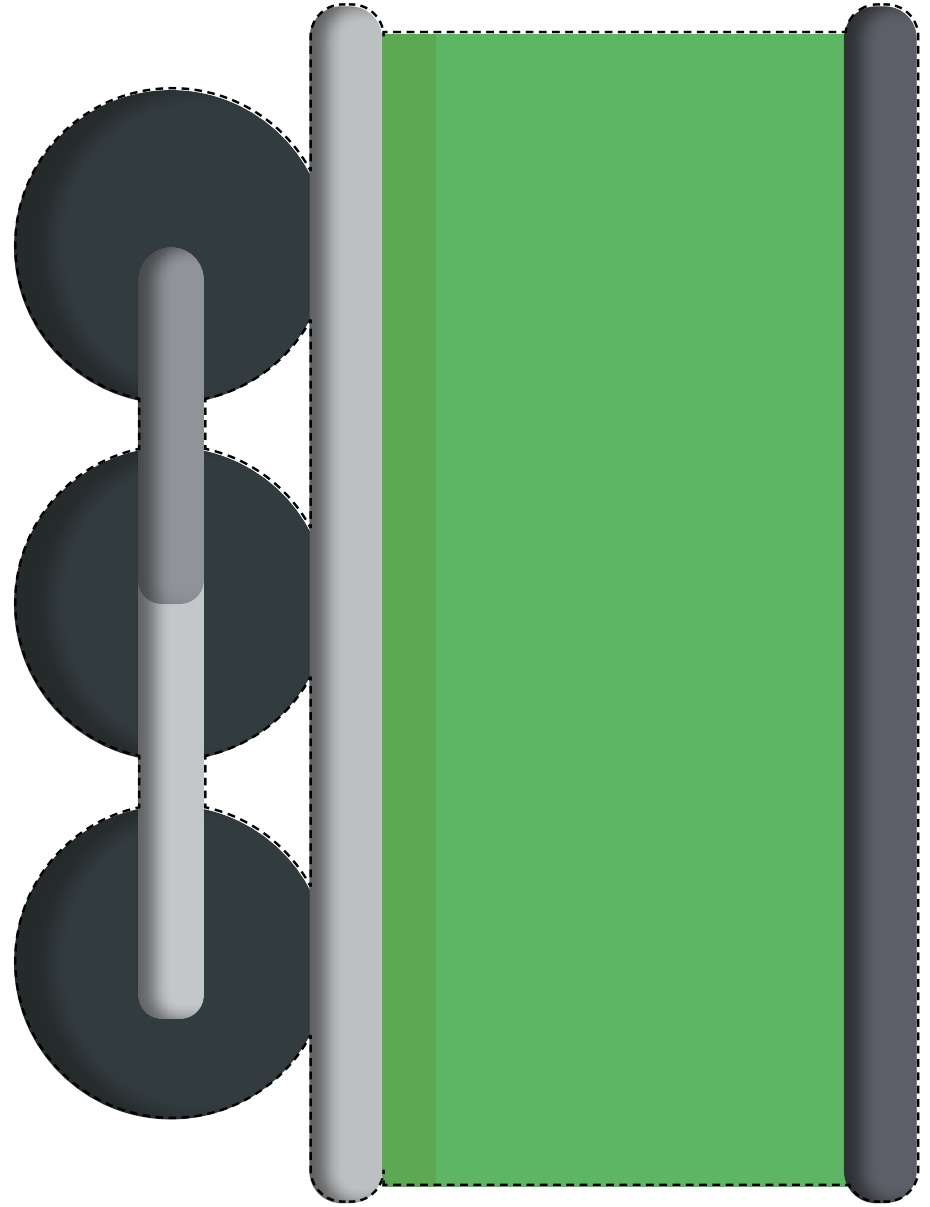
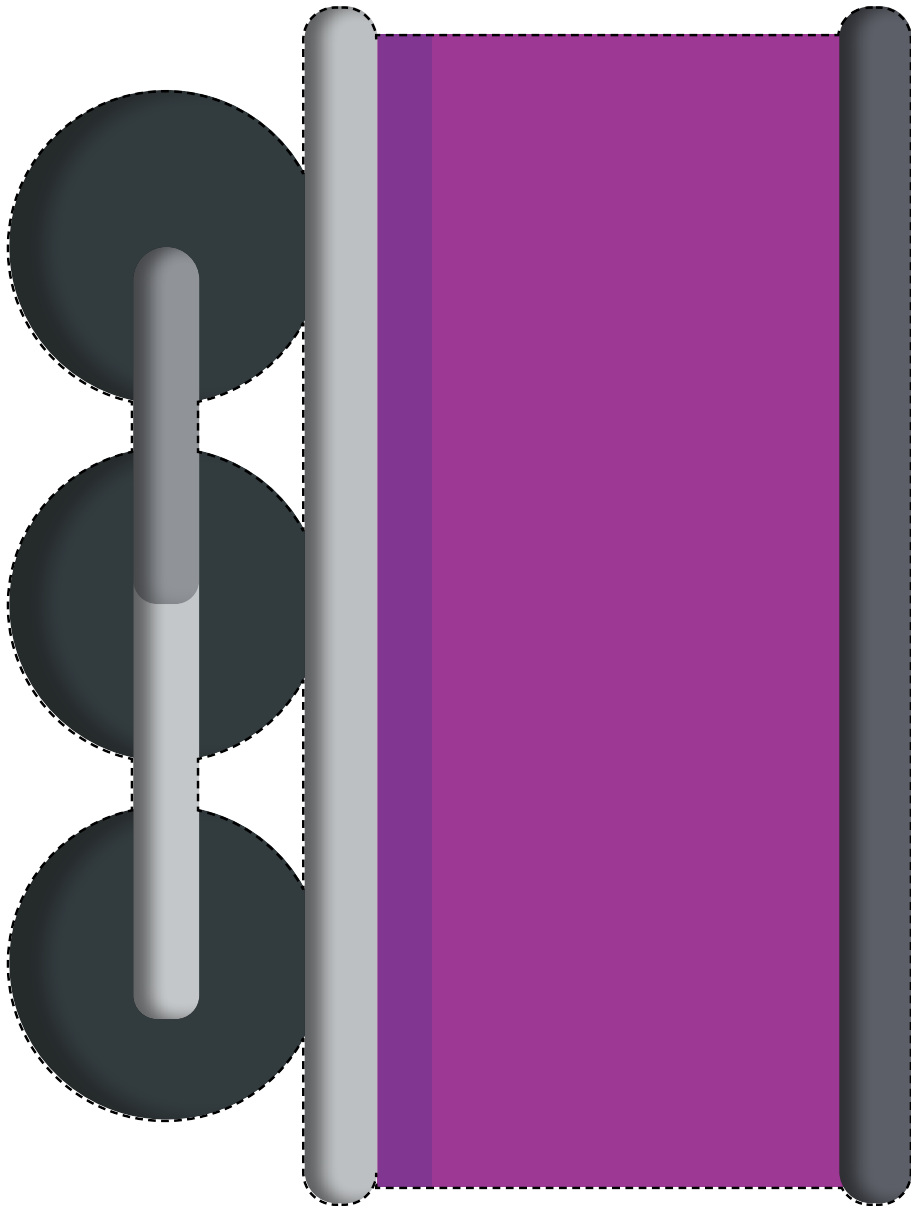
1. Look at the Display Board Idea
2. Ensure your kit has all the needed pieces
3. Cut out the pieces
4. Invite a patient to assist you with creating the display
5. Engage patients by offering them an icon to move along the board toward their goal
6. Make sure the display is in an area where patients can see it
7. Consider adding a folder with handouts patients can take with them. For example: Myths and Facts about Transplant, Ten Benefits of Transplant, and others available on the Network website.
8. Take a photo and send it to the Network!

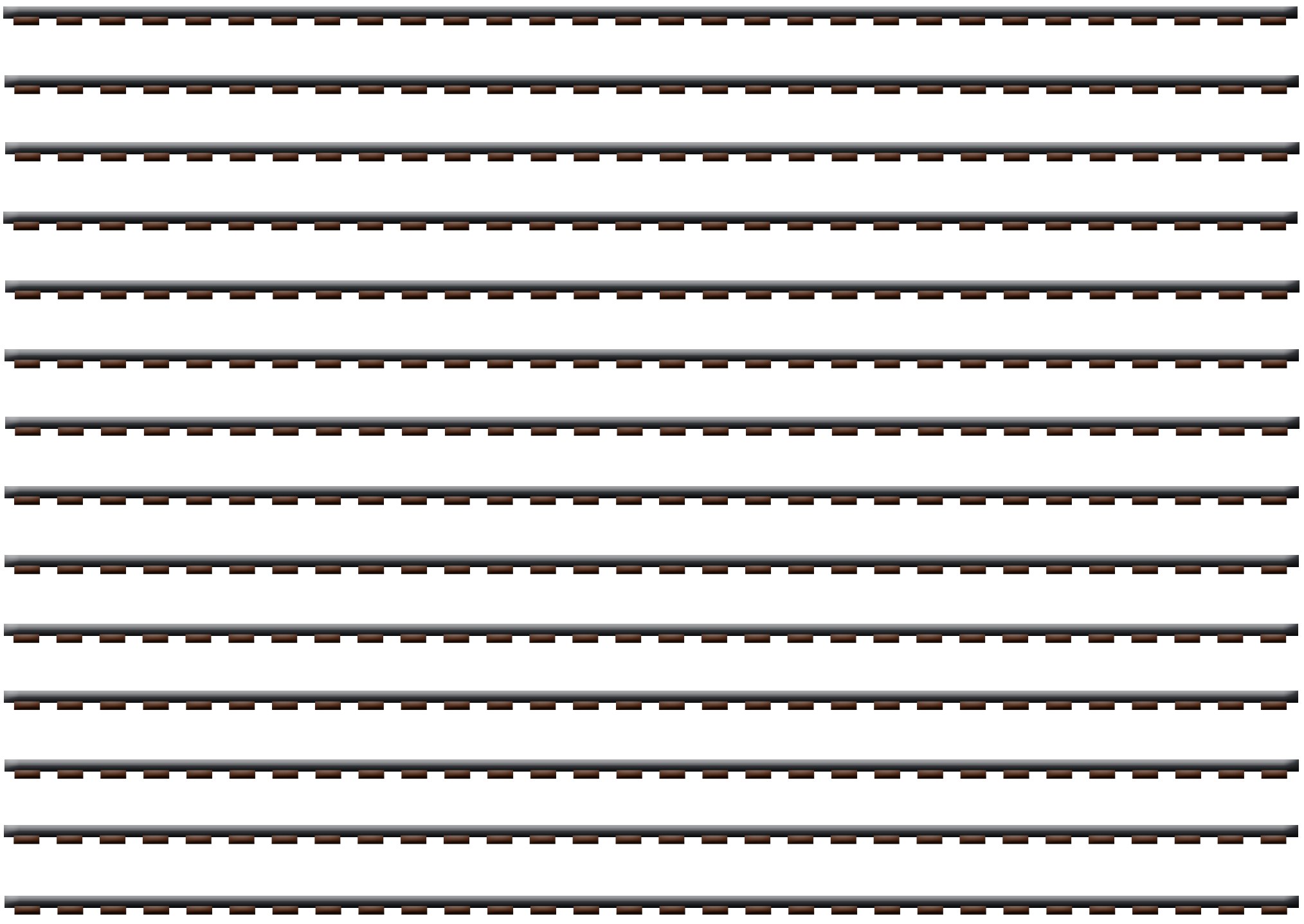


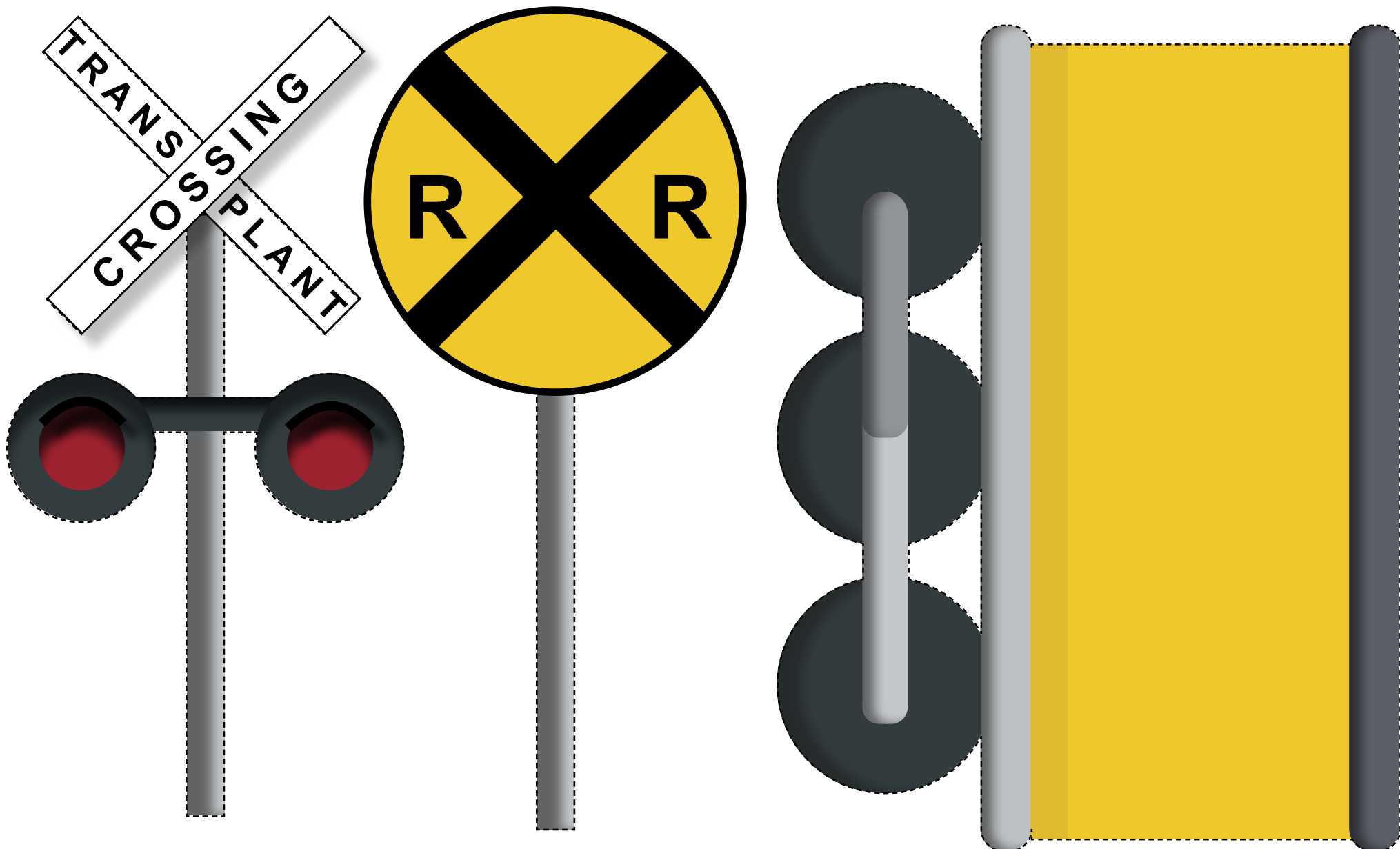


TRANSPLANT STATION









For more information, please contact

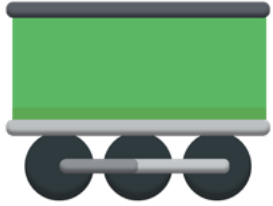
Qsource ESRD Network 10 | 911 E. 86th St., Ste. 202 | Indianapolis, IN 46240 | 800-456-6919

Qsource ESRD Network 12 | 2300 Main St., Suite 900 | Kansas City, MO 64105 | 800-444-9965

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Stop 1: Learn About Transplant

Train Car 1



Do you know the benefits of transplant?

Train Car 2



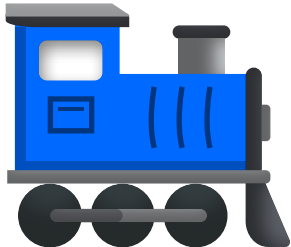
Learn about local transplant centers.

Train Car 3

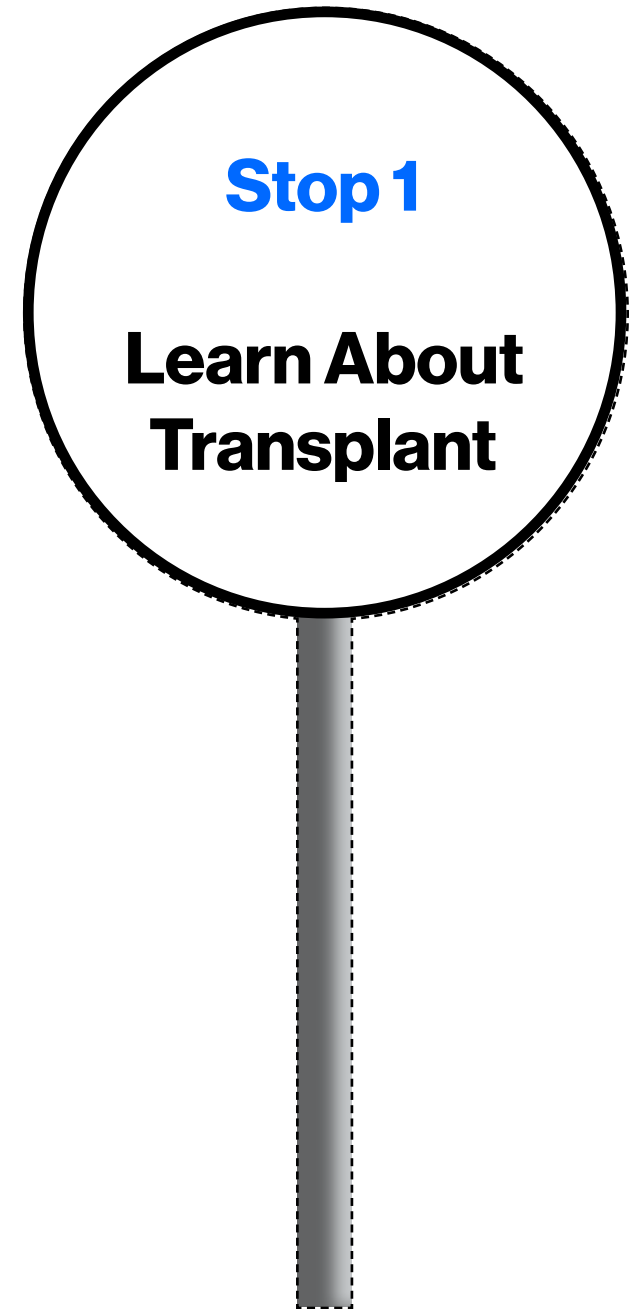


Talk with others (clinic staff, other patients).

Train Engine

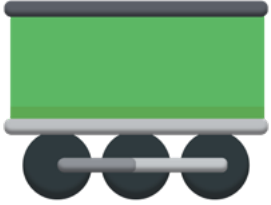


Contact transplant centers.



Stop 2: Get Evaluated for Transplant

Train Car 1



Get medical tests done.

Train Car 2



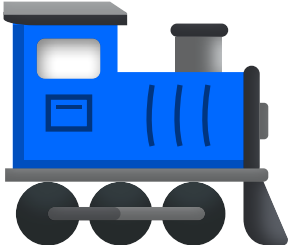
Get insurance in order.

Train Car 3

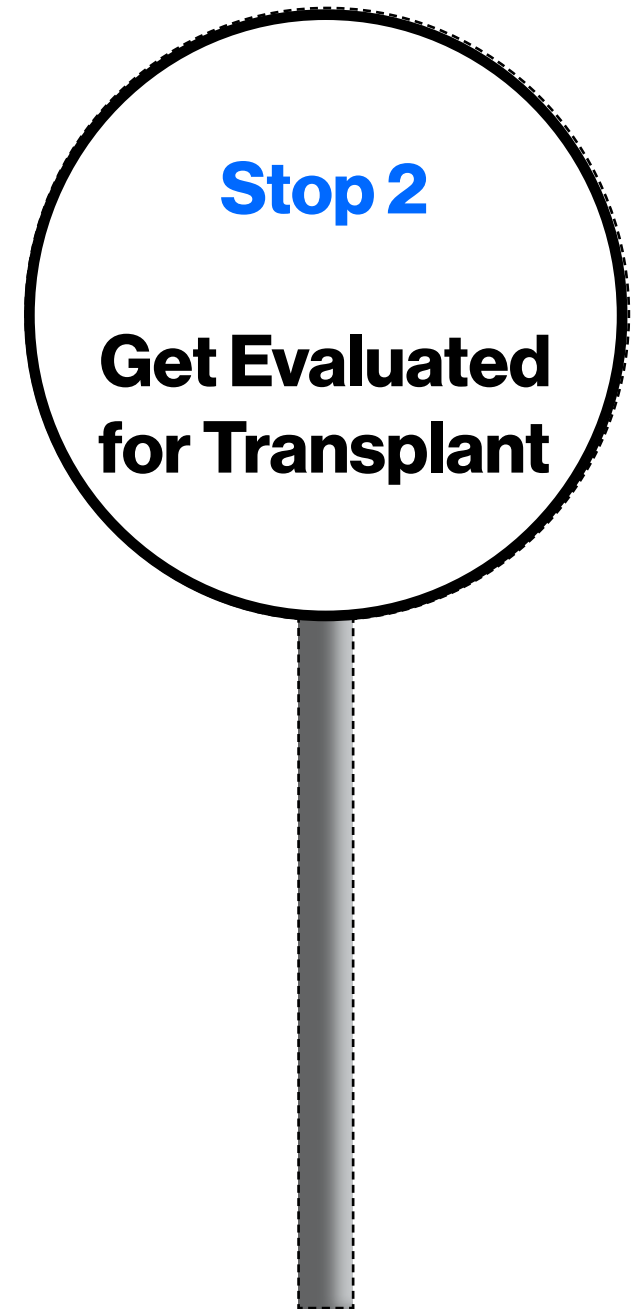


Get support in order.

Train Engine

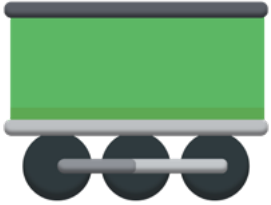


Follow through with all tests.



Stop 3: Get Approved and Added to Transplant List

Train Car 1



Exercise and stay active.

Train Car 2



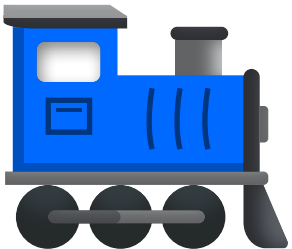
Ask about living donation.

Train Car 3



Keep to dialysis schedule and diet.

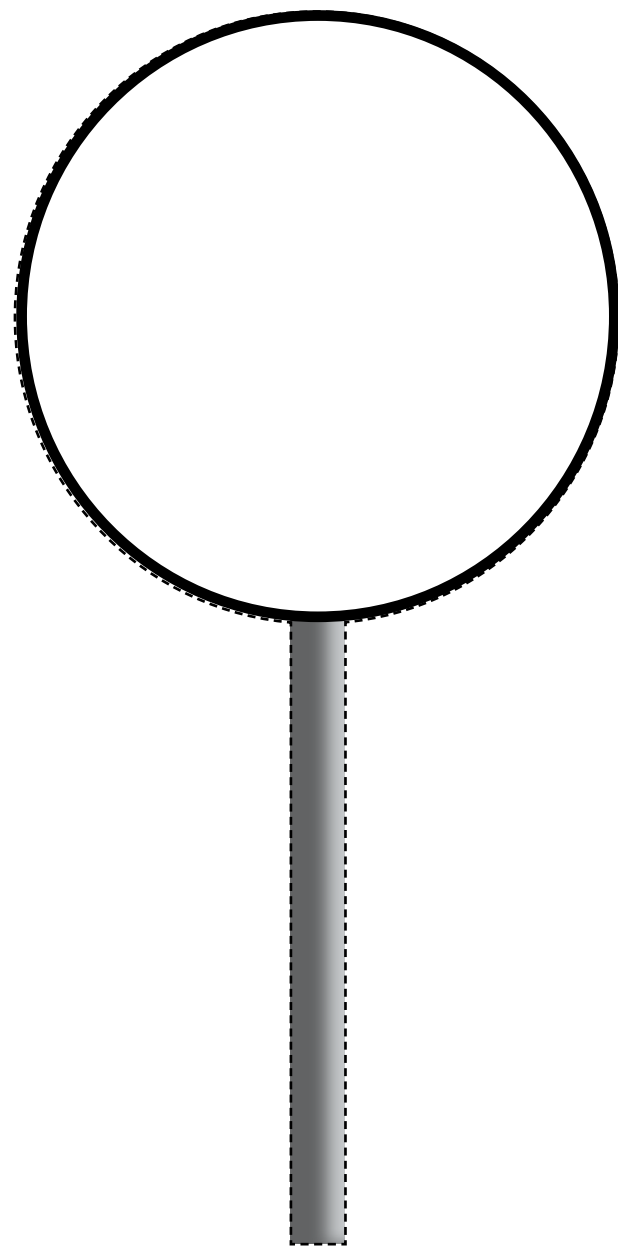
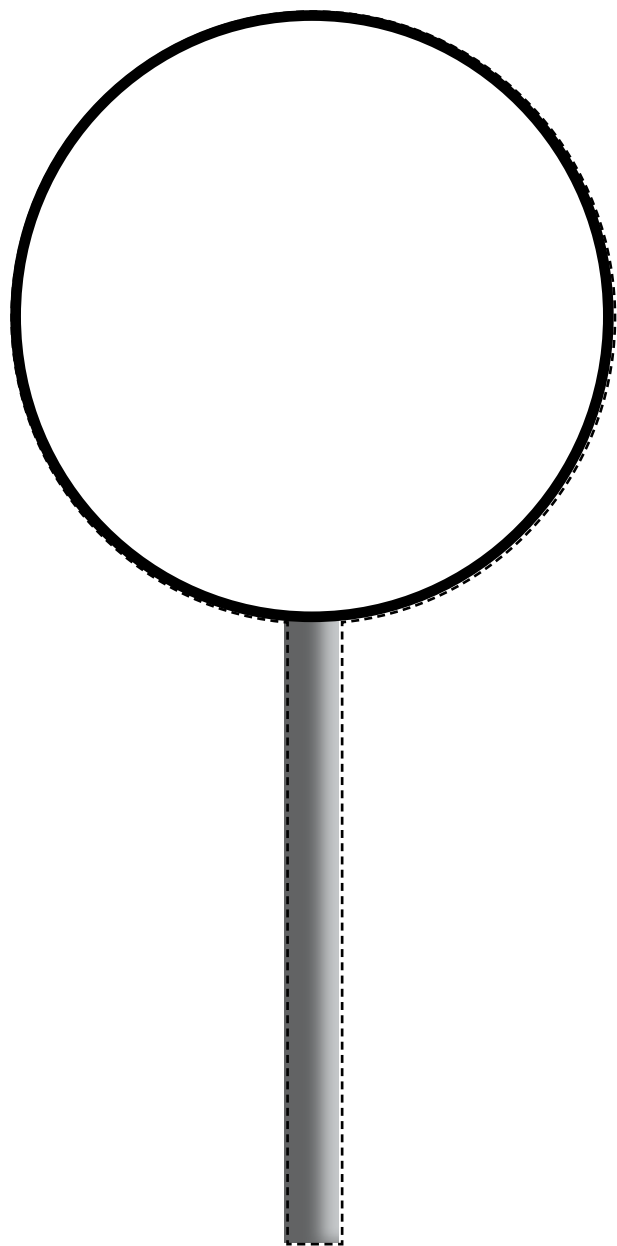
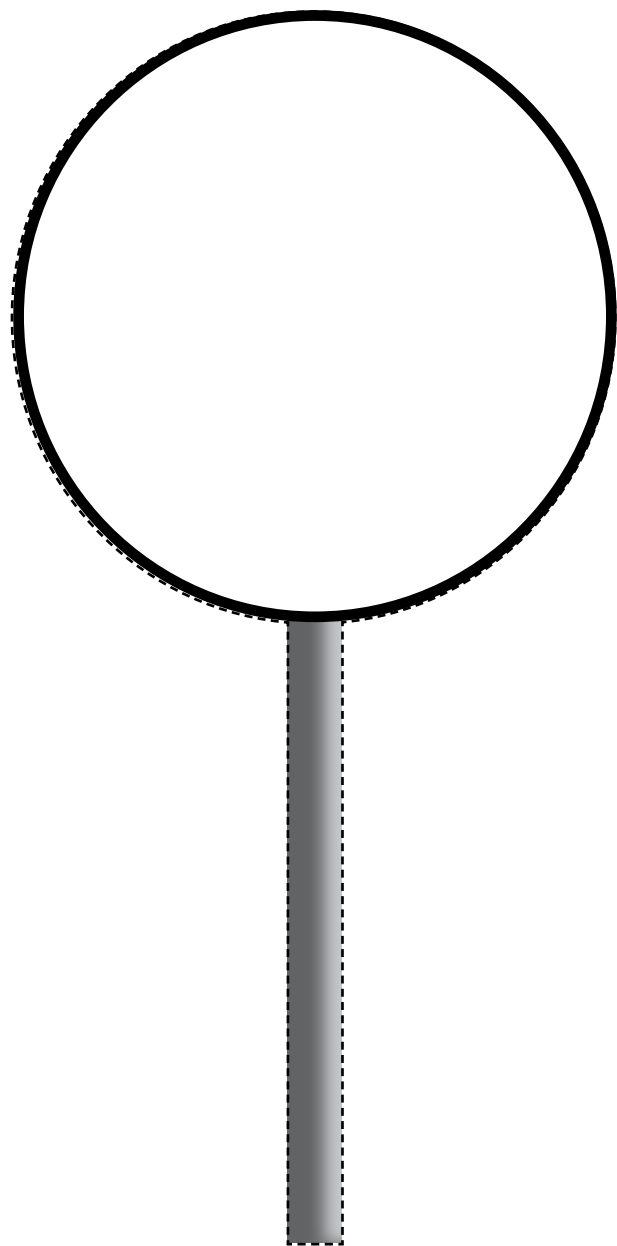
Train Engine



Stay on track to be prepared for surgery.

Stop 3
Get Approved
and Added to
Transplant
List

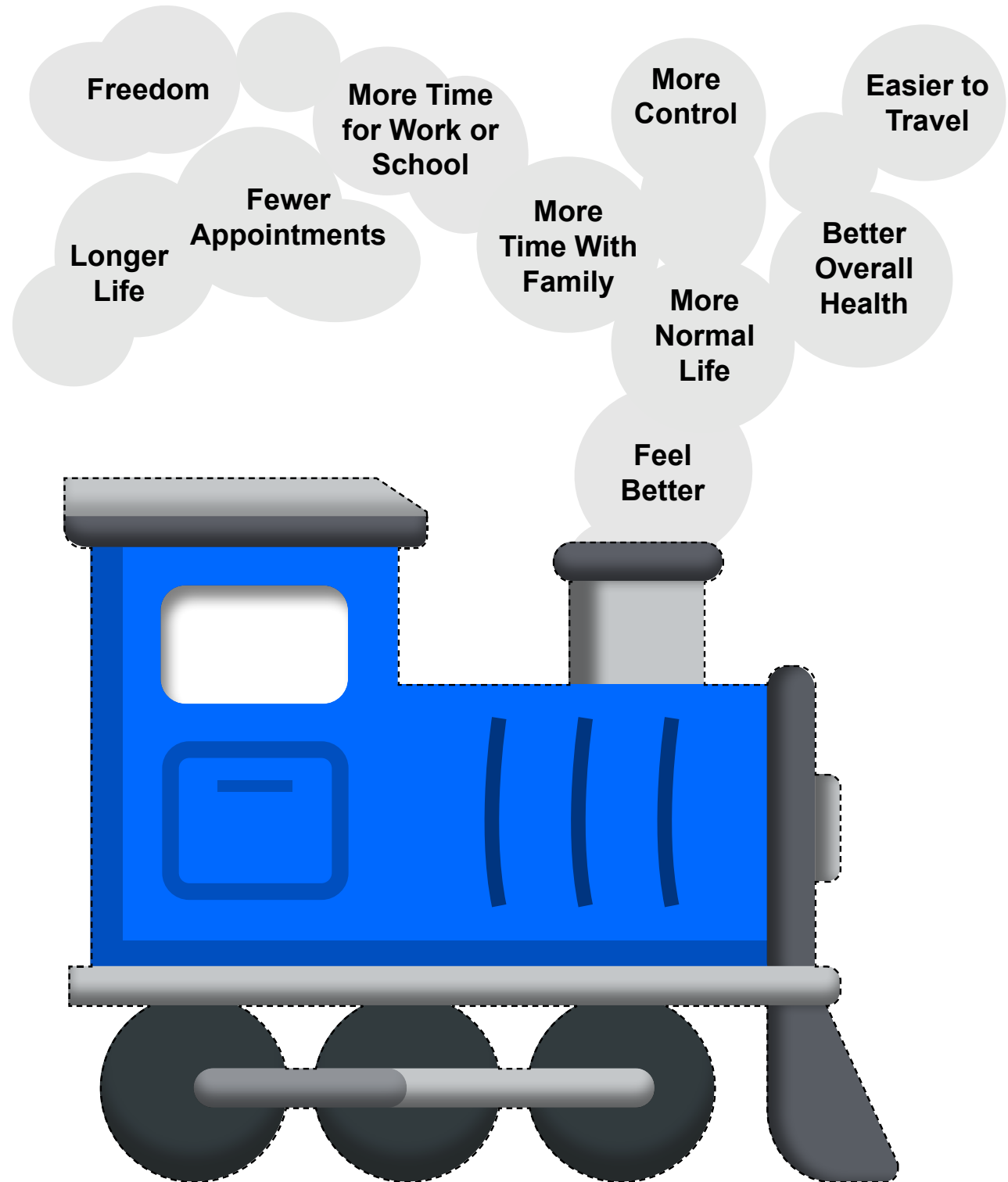
Use these blank stops to customize your bulletin board



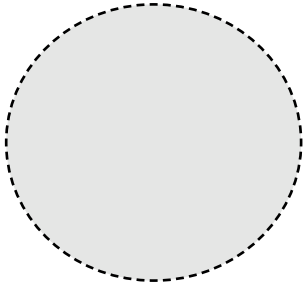
Ten Benefits of Transplant

Consider adding the ten benefits of transplant to your display board.

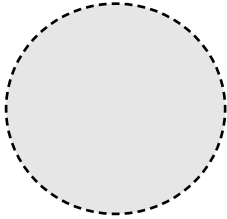
1. More Control
2. Freedom
3. More Normal Life
4. Better Overall Health
5. Longer Life
6. Fewer Appointments
7. More Time with Family
8. Easier to Travel
9. More Time for Work or School
10. Feel Better



Freedom



More Control



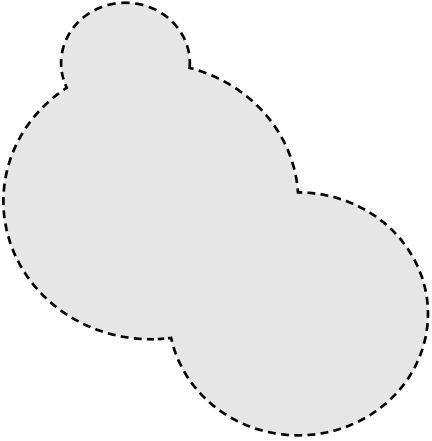
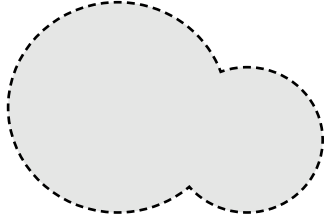
Easier to Travel

More Time for Work or School

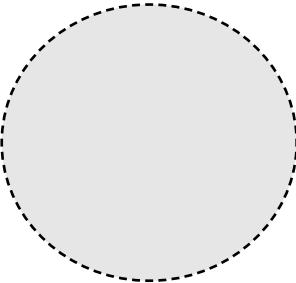
Better Overall Health

Longer Life

More Time With Family



Fewer Appointments

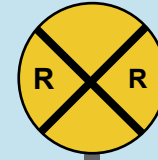
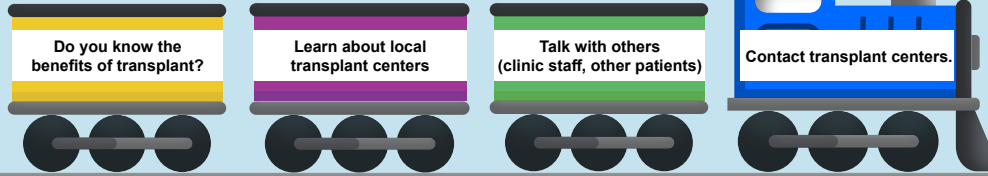


Feel Better

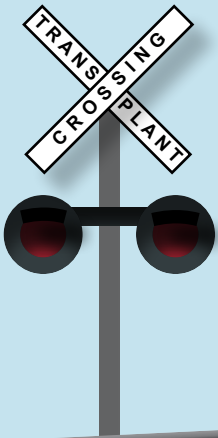
More Normal Life

Display Board Idea

STOP 1
Learn about local transplant centers



STOP 2
Get evaluated for transplant



STOP 3
Get approved and added to transplant waitlist

