

What I Need to Know After Receiving My COVID-19 Vaccination

COVID-19 vaccination can help protect you from getting the virus. You may have some side effects, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days. There are things you can do to reduce the occurrence of the symptoms associated with your vaccination, as well as important things to remember after receiving your COVID-19 vaccine.



Common Side Effects

- Pain and/or swelling at the injection site
- Fever
- Chills
- Tiredness
- Headache

Helpful Tips to Reduce Side Effects

- Apply a clean, cool, wet washcloth over the area.
- Use or exercise your arm.
- Ask your doctor which pain or fever reducing medications are safe for you to take.
- Call your doctor if symptoms worsen or are not better within 24 hours.

Important Things to Remember

- Avoid getting your vaccination in the arm where your access is.
- If you are receiving your vaccine at another location other than your dialysis facility, make sure to tell your dialysis team when/where you received your vaccine and which one it was.
- If you received the vaccine and are experiencing side effects, make sure to let your dialysis team know prior to treatment.
- COVID-19 vaccines can be given during the same visit with other vaccines, including the flu vaccine.

Paying for COVID-19 Vaccines

- Most people can get no-cost updated COVID-19 vaccines through their private health insurance, Medicare, and Medicaid plans.
- Adults without health insurance and whose insurance does not cover all vaccine costs can get a no-cost updated COVID-19 vaccine at healthcare providers, federally supported health centers, and select pharmacy locations participating in [CDC's Bridge Access Program](#).

Find more information about COVID-19 Vaccines from the [Centers for Disease Control and Prevention](#).

For more information or to file a grievance, please contact:

ESRD Network 10
911 E. 86th St., Ste. 30
Indianapolis, IN 46240
Toll-Free: 800-456-6919

ESRD Network 12
2300 Main St., Ste. 900
Kansas City, MO 64108
Toll-Free: 800-444-9965

