



COVID-19

QIO Office Hours COVID-19

COVID-19 Infection Control Binder Overview

May 7, 2020

Agenda

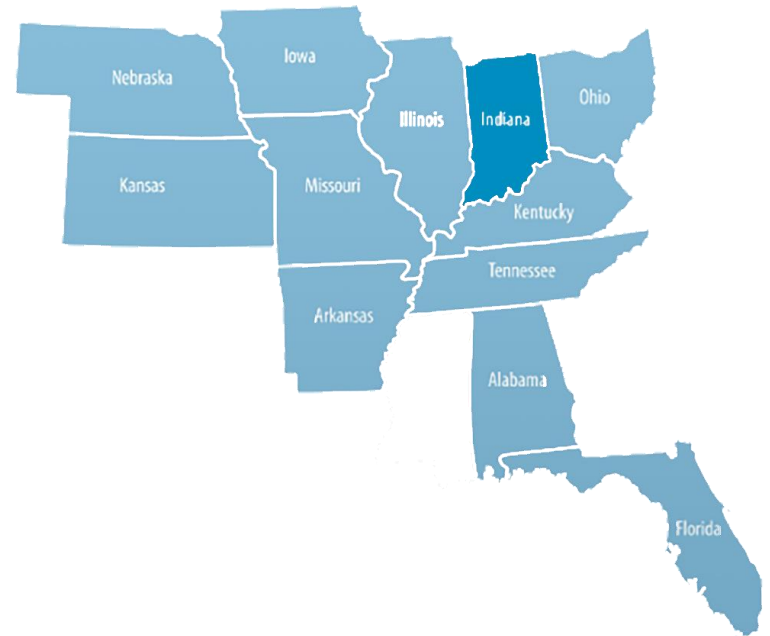
- Opening Remarks
- Housekeeping
- Presentation
- Q&A
- Closing Remarks

Who We Are

Qsource has more than 45 years of experience working with healthcare providers, Medicare and Medicaid.

Currently operate in 12 states overseeing ESRD, EQRO and QIO activities.

Serves as the Medicare Quality Innovation Network-Quality Improvement Organization (QIN-QIO) for Indiana.



On-Demand Learning

We also make each Office Hour available for On-Demand Learning to share with peers.

Office Hours | COVID-19 Focused Survey for Nursing Homes

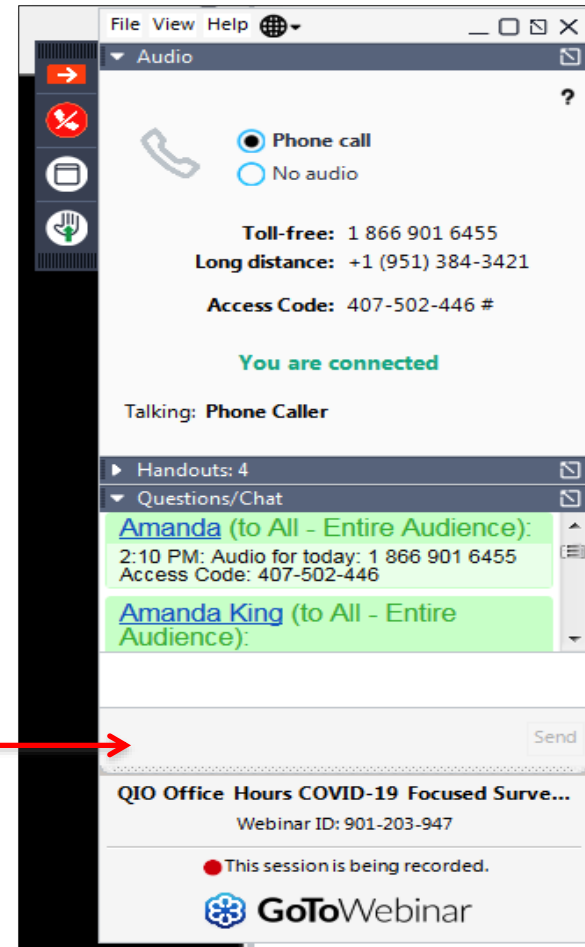
URL: <https://bit.ly/2RCWfCq>

Office Hours | How to Safely and Effectively Handle Vendors in Your Facility During COVID-19

URL: <https://bit.ly/2K1oZQT>

Housekeeping Items: Chat

- To ensure maximum sound quality, participant lines have been muted; however we welcome ALL questions and comments via the chat box on the right hand side of your screen
- To submit questions or comments:
 - Use the chat box



Kara Dawson, RN, RAC-CT
Quality Improvement Advisor



Objectives

- Overview of COVID-19 Binder tabs
- Review of resources/items that should be included in each section
- Setting up your facilities binder

Polling Question

Does your facility have a COVID-19 Infection Control Binder?

- Yes
- No
- I am not sure

COVID-19 Binder Tabs

Tabs included in the COVID-19 Infection Control Binder

- ✓ Planning Committee/Team
- ✓ Team Leaders Contact Information
 - Local, State, Health Departments
 - Long Term Care Trade Association
- ✓ Checklist
- ✓ Facility Self-Assessment
- ✓ Written Preparedness Plan/Policy
- ✓ New Guidelines
- ✓ Surveillance Tools

COVID-19 Binder Tabs (cont.)

- ✓ Isolation Protocols
- ✓ Transferring Residents
- ✓ Identification/Management of Ill Residents
- ✓ Postmortem Care
- ✓ Visitor Management
- ✓ Education/Training
- ✓ Resident/Family Resources
- ✓ Additional Resources

Planning Committee/Team

Multidisciplinary Planning Committee/Team to address COVID-19

- Facility Administrator
- Housekeeping
- Medical Director
- Dietary
- Director of Nursing
- Pharmacy
- Infection Control
- Therapy
- Occupational Health
- Transportation
- Staff Educator
- Purchasing Agent
- Maintenance
- Facility Staff
- Other

Team Leaders Contact Information

Contact Information for the following:

- Facilities COVID-19 Team Lead
- Local Health Department
- State Health Department
- Long Term Care Trade Association

Checklist Tab

Coronavirus Disease 2019 (COVID-19) Preparedness
Checklist for Nursing Homes and other Long-Term
Care Settings



This tab includes the

- CDC Preparedness Checklist
- CDC Checklist for Optimizing the Supply of N95 Respirators

Facility Self Assessment

- Facility Infection Prevention Assessment Tool
 - ✓ Self Assessment
- EMResources Navigation Guide
 - ✓ To track and report PPE supplies and shortages

Disease Reporting		
A. The facility has a written plan for outbreak response which includes a definition, procedures for surveillance and containment, and a list of syndromes or pathogens for which monitoring is performed.	<input type="radio"/> Yes <input type="radio"/> No	Click here to enter text.
B. The facility has a current list of diseases reportable to public health authorities.	<input type="radio"/> Yes <input type="radio"/> No	Click here to enter text.
C. The facility can provide point(s) of contact at the local or state health department for assistance with outbreak response.	<input type="radio"/> Yes <input type="radio"/> No	Click here to enter text.

EMResource - Juvare Exchange Navigation Guide

IV. Hand Hygiene		
Elements to be assessed	Assessment	Notes/Areas for Improvement
A. Hand hygiene policies promote preferential use of alcohol-based hand rub (ABHR) over soap and water in most clinical situations. <i>Note: Soap and water should be used when hands are visibly soiled (e.g., blood, body fluids) and is also preferred after caring for a patient with known or suspected C. difficile or norovirus during an outbreak or if rates of C. difficile infection in the facility are persistently high.</i>	<input type="radio"/> Yes <input type="radio"/> No	Click here to enter text.

Written Preparedness Plan/Policy

This tab should include your facilities written Preparedness Plan including written Policies:

- ✓ Covid-19 Policy
- ✓ Infection Control Policy
- ✓ Sick Leave Policies – COVID-19 specific
- ✓ Contingency Staffing Plan

New Guidelines

This tab includes all the new guidelines and guidance that has come out things such as:

- COVID-19 Focus Survey for Nursing Homes including guidelines
- Communal Dining Guidelines
- CPR Guidelines During COVID-19 Pandemic
- Personal Care Attendants Position and Training
 - PCA Cards / Course Outline/Spreadsheet/Simulation
- Long Term Care Transfer - from Hospital to NH
- COVID-19 Red Cap Reporting
- Facility Case Reporting

New Guidelines (cont.)

- Relocation of Long Term Care Facility Residents
- Survey Activity
- TB Wavier
- Voluntary Resident Leaves of Absence

Surveillance Tools

- Healthcare – Personnel Surveillance Record
- Healthcare Personnel Screening Form – Return to Work
- EMResources Instructional Video Link
- EMResource Navigation Guide
- LTC Respiratory Surveillance Line List
- Sample Facility Map

Isolation Protocols

Facilities Specific

- Airborne Isolation Policy
- Contact Isolation Policy
- Standard Isolation Policy
- Transmission – Based Policy

Isolation Signs


- English and Spanish



Transferring Residents

- Update for Transferring of Residents During COVID-19
- Hospital Hand Off to Nursing Home
- Hospital Transfer Coversheet
- LTC Transfer – Guidance for Hospital Discharge to LTC
- Interfacility Transfer Form & Instruction Sheet
- NH Accepting Transfers from Hospital Form – COVID -19
- Post Acute Transfer Communication Form

Identification/Management of Ill Residents

 **Indiana State Department of Health**
Epidemiology Resource Center

Guidance for Clinicians: Evaluating and Managing Patients with Suspected Novel Coronavirus (COVID-19)

MINIMIZE POTENTIAL EXPOSURE

- Post signage instructing patients about proper respiratory hygiene (including use of masks for those with respiratory symptoms), cough etiquette and hand hygiene.
- Ask patients with a fever and/or respiratory symptoms to notify triage staff of any recent travel to areas experiencing ongoing COVID-19 transmission.
- Patients with respiratory symptoms should be asked to wear a mask, practice proper cough etiquette and hand hygiene, and be separated from other patients by at least 6 feet in a well-ventilated space, if possible.
- Implement triage procedures to quickly identify patients with fever and/or respiratory symptoms and potential exposure to COVID-19 (e.g., due to travel or contact with a confirmed case).

INFORMATION COLLECTION

- Obtain detailed travel history on ALL patients being evaluated for fever and acute respiratory illness, including dates of travel.
- Assess whether the patient had any known contact with a laboratory-confirmed COVID-19 case, including date(s) of exposure.
- Collect detailed information on fever and lower respiratory symptoms, including onset dates:
 - Fever onset date: ___/___/___ Highest-measured temperature: _____
 - Lower respiratory symptoms:
 - Cough: Onset date ___/___/___
 - Shortness of breath: Onset date ___/___/___
- Determine if the patient may meet criteria for COVID-19 testing at the Indiana State Department of Health (ISDH) Laboratories. If so, contact ISDH at 877-826-0011 to request testing authorization.
- For patients suspected of having COVID-19 but not meeting criteria for testing at the ISDH Labs, providers may request testing through commercial laboratories.

INSTITUTE APPROPRIATE INFECTION PREVENTION MEASURES

- Place patients suspected of having COVID-19 in a **single patient room with the door closed**. Airborne infection isolation rooms (AIIRs) should be reserved for patients undergoing aerosol-generating procedures.
- Healthcare providers should use **standard, contact and airborne precautions** (N95 respirator or PAPR), including eye protection (e.g., goggles or face shield), when caring for patients suspected of having COVID-19.
- Based on local supply of N95 or other appropriate respirators, facemasks are an acceptable alternative when supplies of respirators are insufficient. In these situations, respirators should be prioritized for procedures that are likely to generate respiratory aerosols. Providers should return to the use of respirators when sufficient supplies are restored.

- Clinical Needs Checklist
- COVID Symptom Treatment
- Provider Checklist
- IC – Severe Acute Respiratory Syndrome
- LTC Respiratory Surveillance Line List

Environmental

- Environment Infection Control
- Environmental Services Cleaning Guide
- Environment Disinfectant Spreadsheet
 - ✓ Facility Specific cleaning supplies
- List of disinfectants appropriate for COVID-19

Postmortem Care



- COVID-19 Guidance Postmortem Care
- Facility Specific Postmortem Policy and Procedure
 - COVID-19

Visitor Management

COVID 19 VISITOR ALERT

Visitation has been restricted to prevent the spread of novel coronavirus (COVID-19)

PREVENTION

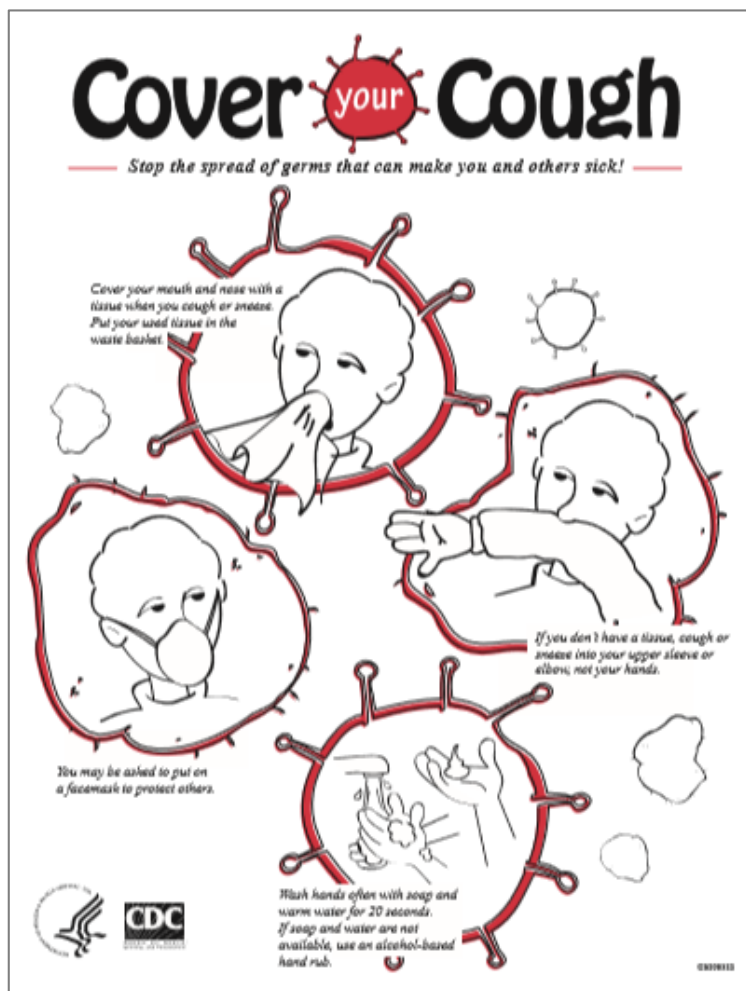
-  Cover your mouth and nose with a tissue when you cough or sneeze.
-  Practice hand hygiene – wash your hands with soap and water or use an alcohol-based hand rub.
-  Don't touch your face with unwashed hands; it's the easiest way for germs to enter your body.

NOTE: Anyone older than 60 years, those with underlying health conditions and those with suppressed immune systems are most at risk for COVID-19.

Indiana State
Department of Health

- Long term Care Visitor Poster
- Long Term Care Letter - for Visitation
- Voluntary Resident Leave of Absence

Education and Training



- Educational Posters
 - Cover Your Cough
 - Handwashing Poster
- Distinguishing the Difference
- In-service Presentations
 - PowerPoint Slides
 - Pre- and Post-Test
- PPE Sequence Instructions

Resident and Family Resources

- Cover Your Cough Poster
- Handwashing Poster
- Preventing the Spread of COVID-19 if you are sick
- Infection Prevention for Residents

Additional Resources

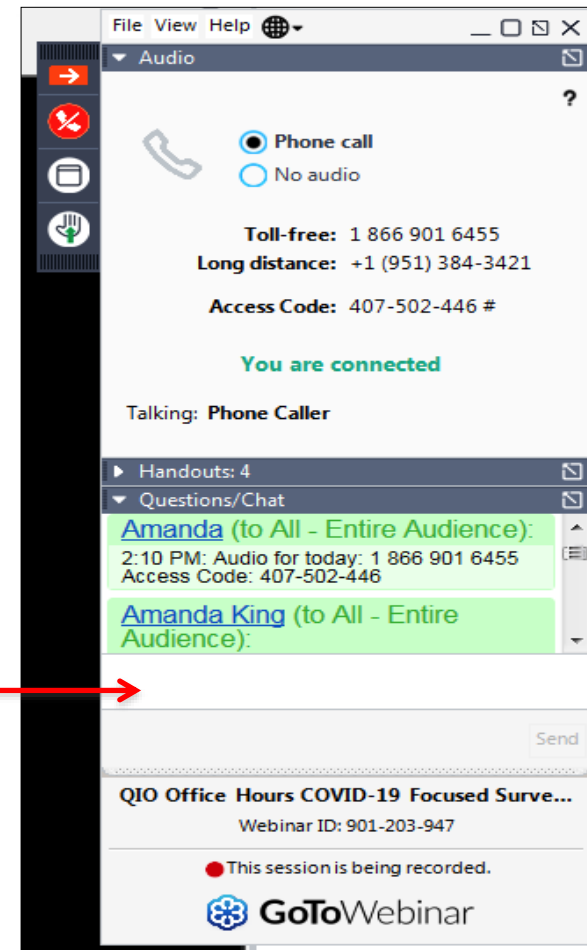
- Advance Care Planning
 - Video Link
 - Advance Care Planning Resource for Faith Leaders
- Distinguishing the Difference
- Healthcare Professionals FAQ
- ISDH Toolkit
- OSHA Bloodborne Pathogens Standards.

Summary

- COVID-19 Specific Binder Tabs Review
- Resources/ Trainings available and can be sent via email
- Qsource is available and will assist in putting facilities binder together:
 - Ensure completeness
 - Ensure up to date materials/guidance

Questions?

- To submit questions or comments:
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Polling Question

What additional resources do you need most right now?

- Policies/Waivers
- Activity Ideas for Residents during COVID-19
- Surveillance Tools/NHSN Enrollment Assistance
- Infection Control Education and Training
- Resident Transfer Resources

QTips Podcasts for Nursing Homes

Get great tips from Qsource as part of our QTips Podcast series. Available each week and sent directly to your email in-box.

Find them at www.Qsource.org/coronavirus/nursing-homes

- Qsource Assistance Overview
- Personal Care Assistance Waiver during COVID-19
- Temporary Blanket Waivers for Resident Care Facilities
- Voluntary Resident Leave of Absence During COVID-19
- Caring for Residents and Families Mental Health
- MDS and Case Management in the midst of COVID-19
- Recommendations for Residents and Employees with Suspected or Confirmed COVID-19
- Handwashing Techniques
- Activity Resources and Program Ideas during COVID-19

Resources Available



[ResourceHub.Exchange](#) is our online warehouse of tools, resources, podcast and webinars.



New resource to help conduct virtual meetings. Available on [ResourceHub.Exchange](#).

Hero Stories

We want to hear stories of Nursing Home Heroes!

Whether a staff member, family or resident, share with us the stories of those making a difference during this pandemic.

From making masks and homemade soap to social distancing bingo and virtual family meetings, tell us how the everyday heroes are impacting you, your residents and the care provided.

We will then compile them and share on social media, blogs and e-News to inspire and encourage others during this difficult time. Email your stories to Mitzi Daffron at mdaffron@qsource.org



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